

# FaPMI

## KIDS CLUB - 2026

**Kids Club is a monthly, ongoing peer support group for children aged 8-12 years (grade 3-6) and their parent/carer in families where a parent has a mental illness.**

The program consists of monthly recreational activities, held at either a local community center or an excursion activity. The session will end with a free meal which children and parents/carers can share together.

### Where:

Locations vary around Whitehorse, Knox, Maroondah and Yarra Ranges.

### Cost:

Free of charge, but must register. Registration for the group is by referral.

### Please contact:

**Michelle Hegarty** on 0481 913 607 or [michelle.hegarty@easternhealth.org.au](mailto:michelle.hegarty@easternhealth.org.au)

or

**Vicky Desouza** at [vdesouza@wellways.org](mailto:vdesouza@wellways.org)

### When:

**4pm to 6pm on the 4th Wednesday of the month** (except for school holiday activities).

- 25th February
- 25th March
- April Holiday Activity \*
- 27th May
- July Holiday Activity \*
- 26th August
- September Holiday Activity \*
- 28th October
- December End of Year Celebration \*

\* Date to be advised