

Why Choose Eastern Health for your Internship?

As an Intern at Eastern Health (EH), you will have the advantage of a large network of hospitals to work in, a broad case mix of patients and clinical services available to assist your ongoing training. We have an active education and research focus and strong affiliations with some of Australia's top universities and educational institutions, with a dedicated Postgraduate Medical Education Unit (PMEU) and Supervisors of Training (SOT) as well as Medical Education Officers (MEO). Of particular interest, is our newly established Eastern Health Institute in 2023 that has facilitated the ongoing expansion of educational and research activities across Eastern Health.

Eastern Health is interested in you and your career, we are here to provide that support you may require. Your satisfaction is important to us and our Intern rotations allow you to continue to have exposure to key rotations and begin to get a feel for your career directions. The Intern year is an introductory year with a solid variety of rotations and training in a range of clinical areas. across Emergency Medicine, General Medicine, General Surgery and Psychiatry. You may get to experience some of the specialties including Aged Care, Orthopaedics, Rehabilitation and have the opportunity to work in regional / rural Health care setting with our affiliation with Bairnsdale Regional Health Service.

Here are some details about who we are, what we do every year and where we are headed.

Background Information: Eastern Health was the first health service to win the Victorian Premier's Metropolitan Service of the year in 2013, and again in 2014. With our new Strategic Plan 2022-2025 states "that we are working together to a healthier 2025" and we enable the success of our people, deliver the best healthcare experience and outcomes, create and come together in spaces that are safe and welcoming, as well as work together we continuously improve our resources deployment we have an exciting future.

2023 – 2024 At a Glance: We are Victoria's second largest health service serving a community of 788,260 people across 2,816 sq. kms at 65 sites and 21 locations with a yearly budget in excess of \$800m. There were 1.54 million episodes of patient care, 150,957 patients admitted for Acute Care, 146,855 ED presentations, 41,231 Surgeries, 4100 babies born and a staff of 11,920 employees.

Clinical Services: - We deliver clinical services through seven clinical programs:

- Emergency and General Medicine
- Women and Children's Services
- Specialty Medicine
- Surgery
- Continuing Care
- Mental Health, Turning Point, Alcohol and Drugs
- Ambulatory and Community Health

Key improvements: Eastern Health has been fortunate to have a large capital works program across the health service:

- A new Box Hill Hospital (Building A) built alongside an extensively renovated old Box Hill Hospital (Building B)
- Critical Care Services now sited on the 4th floor of the Angliss Hospital
- A new Eastern Health Breast and Cancer Centre created at Maroondah Hospital
- An Award winning, Volunteer Falls Prevention and Wellbeing Program (Yale University) in use at Peter James Centre
- At the end of 2022 Eastern Health opened the new Blackburn Surgical Centre

- In 2023 the Victorian State Government committed more than \$1 billion to redevelop and expand Eastern Health Maroondah in Ringwood, which will include a new emergency department, operating theatres, day procedure facilities and specialist care spaces, along with more inpatient beds.

Comprehensive Clinical Records: Our extended Electronic Medical Record (EMR) at Box Hill Hospital enables you to work with one of the most advanced EMR systems in Australia. Designed to provide a comprehensive electronic patient record from pre-admission to discharge, the EMR allows healthcare teams to have fast, easy and real-time access to critical patient information at the point of care, using mobile and fixed computing devices. Transitioning from paper-based clinical systems to an electronic workflow, enables more efficient work practices and better support for clinical decision-making, resulting in improved safety and care for patients.

Eastern Health Strategic Plan 2023 – 2025 & Working Together Towards 2025

A considerable amount of energy and enthusiasm has been invested in developing and enacting plans that will enable Eastern Health to fulfil our promise of being Healthier together by 2025. As we reflect on this period, we are proud of everyone working collaboratively across our organisation

Eastern Health is interested in you and your career. Our Intern program aligns with the National Framework for Postgraduate Medical Education & Training (NFPMT) and offers a unique mix of rotations on offer that include a range of both acute and subacute specialties, for example – Emergency Medicine, General Medicine, General Surgery and Psychiatry as well as Aged Care, Orthopaedics, Rehabilitation and have the opportunity to work in regional / rural Health care setting with our affiliation with Bairnsdale Regional Health Service.

You will be supported to plan for your future career path into areas like Emergency Medicine, Surgical Training, Physician Training, Psychiatry or General Practice Training with our Intern Program set to meet your Medical Education and Training prerequisites. For a full list of training opportunities please refer to the Medical Education and Training tile on the Eastern Health Medical Careers website.

As a Doctor In Training (DIT), you will be delighted by the experience on offer, our friendly and supportive environment and the opportunity for your medical career development in 2026 at Eastern Health.

Key Message

We asked Alion Dwyer our Executive Director – Clinical Governance & Chief Medical Officer about what important message we should provide you with as our Prospective Interns for 2026 and this is her response -

“At Eastern Health we value our Doctors in Training” and

- *“Your voice matters to inform how we improve Eastern Health*
- *Your education and training is a priority at Eastern Health*
- *You can train in almost all training specialties at Eastern Health*
- *Your safety and wellbeing is a priority at Eastern Health.”*

Further Information

Please visit the Eastern Health Website and our Medical Careers Webpage for more information on Intern Recruitment and Medical Recruitment, as well as review the extensive Medical Training & Education opportunities available for you at Eastern Health and the latest from the Eastern Health Institute on the following links;

- Visit the Eastern Health Website: - [Careers & Volunteers | Eastern Health](#)
- Attend the Intern Information Session: 22nd April 2025
- Join the Intern-to-Intern Forum: 22nd April 2025
- Watch the You Tube with Eastern Health Intern - [Intern Recruitment | Eastern Health](#)
- Watch the You Tube A Year in the Life of a Medical Intern: - [Intern Recruitment | Eastern Health](#)
- Check out the latest in Medical Career Opportunities - [Medical Recruitment | Eastern Health](#)
- Review the Medical Education and Training Opportunities - [Medical Training & Education | Eastern Health](#)
- Check out the latest from the Eastern Health Institute – [Eastern Health Institute | Eastern Health](#)

Social Media

Follow Eastern Health on your Favorite Social Media platform and learn more about our clinical programs and exciting news stories that are released each week

- Face book [Eastern Health | Melbourne VIC | Facebook](#)
- And / Or Instagram [Eastern Health \(@easternhealthau\)](#) • [Instagram photos and videos](#)
- And /Or Linked In [Eastern Health | LinkedIn](#)

Contact Us

Further Information is available from the Eastern Health Medical Careers Website, or you are very welcome to email the MWU Recruitment Team for any other enquiries.

- Eastern Health Medical Workforce Unit Recruitment Team: docsgoeast@easternhealth.org.au

Contact PMCV

Enquiries regarding your eligibility to apply for Intern positions in Victoria should be addressed to the Post Graduate Medical Council of Victoria.

- Visit the PMCV website at <https://www.pmcv.com.au/>