

BASICS



YES / ठीक



NO / बेठीक



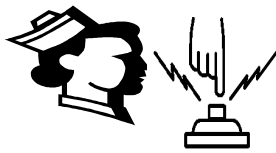
UNSURE / अनिश्चित



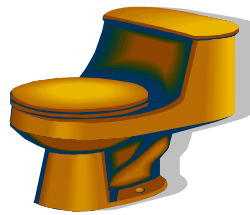
NO SMOKING /
धूम्रपान मनाही



STOP / रोक्नु



CALL NURSE / नर्स
बोलाउनु



TOILET / शौचालय



HELP / सहायता दिनु



MEALS AREA /
भोजन क्षेत्र



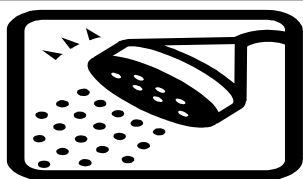
THERAPY / मानसिक
वा शारीरिक रोगको
विना शल्यक्रियाद्वारा
उपचार



BED PAN / कोपरा



BRUSH / बुरूस



SHOWER / नुहाउने
धारा



HOT DRINK / तातो
पेय



COLD DRINK / चिसो
पेय



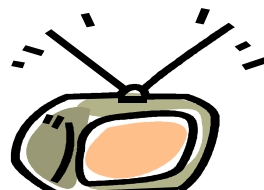
HUNGRY / भोको



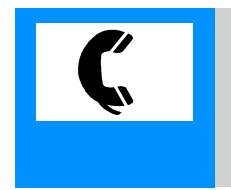
WATER / पानी



TOOTH BRUSH/
दाँत माज्ने बुरूस



TELEVISION /
टेलिभिजन



TELEPHONE /
टेलिफोन

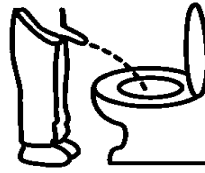
INSTRUCTIONS



STAND UP/ उभिनु



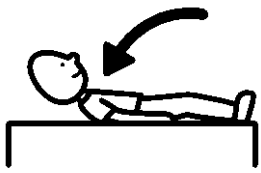
SIT DOWN / बस्नु



URINE / पिसाब



FAECES / भाडा



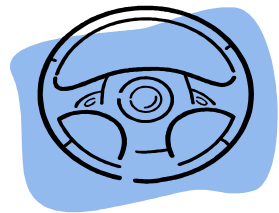
LIE DOWN/ पल्टनु



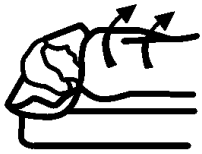
SIT UP/ उठ्नु



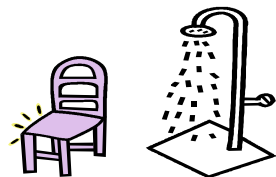
COUGH / खोकनु



DRIVE / हाक्नु



TURN / घुमाउनु



SHOWER CHAIR /
नुहाउने कुर्सी



WASH / पखाल्नु



WASH IN BED /
बिछौना धुलाउनु



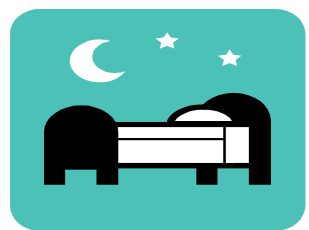
EXERCISE / कसरत
गर्नु



DEEP BREATH /
गहिरो सास



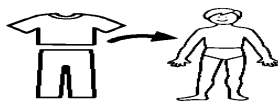
CUT NAILS / नङ
काल्नु



SLEEP / सुत्नु



WALK / हिड्नु



DRESS / पोशाक
लगाउनु



UNDRESS / पोशाक
निकाल्नु



SPIT / थुक्नु

FAMILY



HUSBAND / श्रीमान



WIFE / श्रीमती



FATHER / बाबु



MOTHER / आमा



SON / छोरा



DAUGHTER / छोरी



**BROTHER / दाजु वा
भाई**



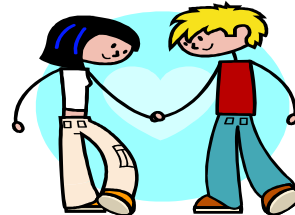
**SISTER / दिदी वा
बहिनी**



**GRANDFATHER /
बाजे**



**GRANDMOTHER /
बज्जै**



**CHILDREN /
बालबालिका**



**PETS / घरेलु पशु वा
पंक्षी**



FAMILY / परिवार

COMMUNITY

ENGLISH/NEPALESE



HOME / घर



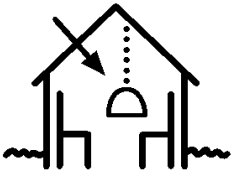
HOSPITAL/ अस्पताल



WORK / काम



COUNTRY / देश



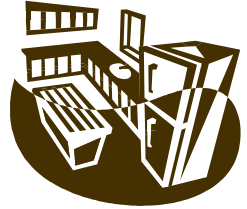
INSIDE / भित्री भाग



OUTSIDE / बाहिरी
भाग



BEDROOM / सुत्ने
कोठा



KITCHEN / भान्सा



CAR / गाडी



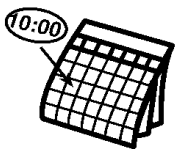
TAXI / त्याक्सी



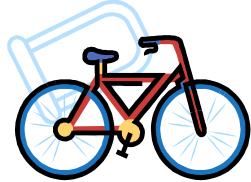
BUS / बस



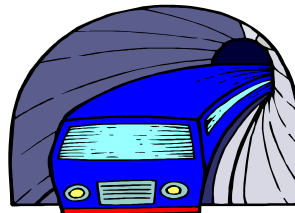
AMBULANCE/
बिरामी ओसारने गाडी



APPOINTMENT /
निर्धारित समय



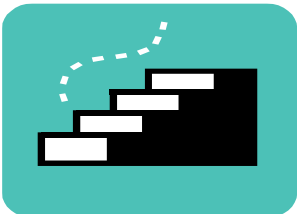
BICYCLE / साईकल



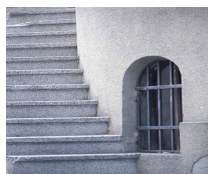
TRAIN / रेलगाडी



SCHOOL / विद्यालय



STEPS / खुडकिलो



STAIRS / सिढी

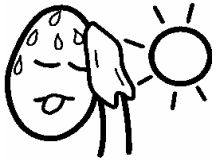


FALL / खस्नु

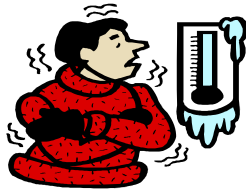


COOK / पकाउन्

DESCRIPTIONS



HOT / तातो



COLD / चिसो



DIZZY / रिङ्गटा



CONFUSED /
अलमल्ल



HAPPY / खुशी



SAD / उदासी



SCARED / डराएको



ANGRY / रीसाएको



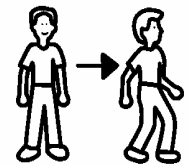
TIRED / थाकेको



PAIN / दुःख



RELAXED / विश्राम
गरेको



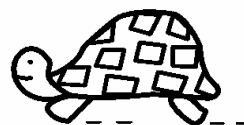
LEAVING / बिदाइ



GOOD/ असल



BAD/ खराब



SLOW / ढीलो



FAST / छिटो



LEFT / बाँया



RIGHT / दायाँ

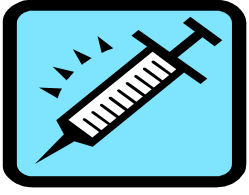


UP / माथि

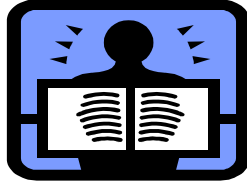


DOWN / तल

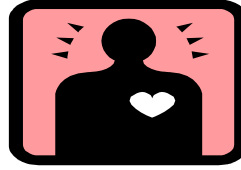
MEDICAL



INJECTION / सुइद्वारा
औषधि राख्ने विधि



X – RAY/ ऐक्सरे



ECHOCARDIOGRAM
/ इकोकार्डियोग्राम



TEMPERATURE /
तापक्रम



MEDICATION /
औषधि



BLEEDING /
रक्तस्राव



HIGH BLOOD
PRESSURE / उच्च
रक्तचाप



LOW BLOOD
PRESSURE / निम्न
रक्तचाप



BLOOD TEST /
रगत जाँच



RASH / दाद



WOUND / घाउ



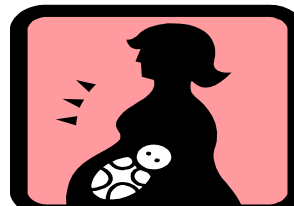
CHANGE
DRESSING / पट्टी
फेर्ने



OPERATION /
शल्यक्रिया



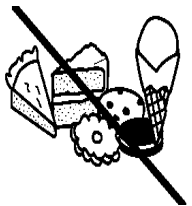
NEUROLOGY
TEST/ न्यूरोलोजी
(स्नायु) परीक्षण



MATERNITY /
प्रसूति-गृह



WEIGHT / तौल



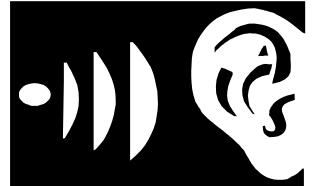
DIABETES / मधुमेह



ALLERGY/ एलर्जी /
कुनै पनि चीज द्वारा शरीरमा
हुने असाधारण प्रतिक्रिया



EYE TEST / आँखा
जाँच



HEARING TEST /
सुनवाई जाँच

OBJECTS



MIRROR / ऐना



RADIO/ रेडियो



CLOCK / घडी



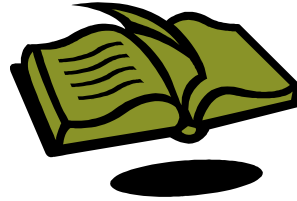
LIGHT / बत्ती



NEWSPAPER/
समाचार पत्र



MAGAZINE / पत्रिका



BOOK / किताब



PEN / PAPER
कलम / कागज



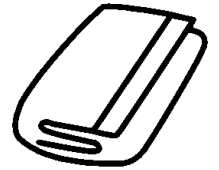
GLASSES / चश्मा



HEARING AID/
श्रवण सहायता यन्त्र



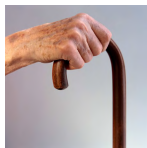
DENTURES /
नकली दाँतको खाल



BLANKET / कम्बल



WHEELCHAIR /
हिलचेयर (पांग्रा
भएको कुर्सी)



WALKING STICK /
हिड्ने लौरो



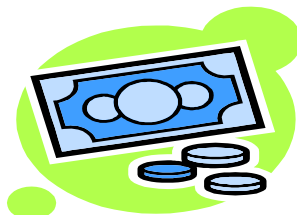
WALKING FRAME/
हिड्ने चौखट



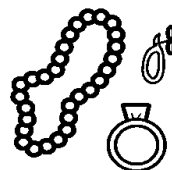
CRUTCHES / लङ्गडो
मानिसको लौरो



SPLINT / भाँचिएको
हाड जोडदा
अड्याउने काठ



MONEY / पैसा



JEWELLERY /
गहना



CIGARETTE / चुरोट

PEOPLE



DOCTOR /
चिकित्सक



NURSE / नर्स



PAEDIATRICIAN /
बाल रोगको
चिकित्सक



AUDIOLOGIST /
श्रवणशक्ति
चिकित्सक



PSYCHOLOGIST /
मनोवैज्ञानिक



PSYCHIATRIST /
मानसिक रोगको
चिकित्सक



OPHTHALMOLOGIST /
नेत्र रोग विशेषज्ञ



OPTOMETRIST /
आँखा जाच्ने चिकित्सक



PHYSIOTHERAPIST /
फिजियोथेरापिस्ट



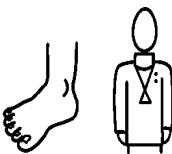
**OCCUPATIONAL
THERAPIST /**
दैनिक गतिविधि गर्न
सक्षम बन्न सहयोग
गर्नु चिकित्सक



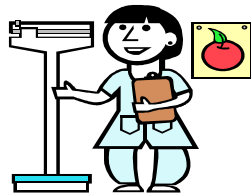
**SPEECH
THERAPIST /**
वाक् चिकित्सक



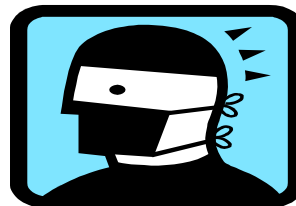
SOCIAL WORKER /
सामाजिक कामदार



PODIATRIST /
खुट्टाको रोग उपचार
गर्ने चिकित्सक



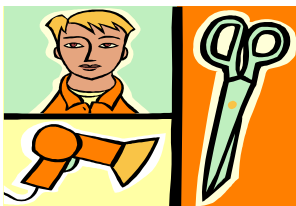
DIETICIAN /
आहार विशेषज्ञ



SURGEON / शल्य
चिकित्सक



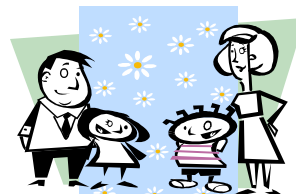
MASSEUR /
मालिस गर्ने मान्छै



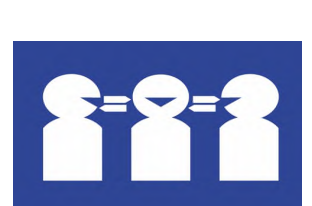
HAIRDRESSER /
हजाम



TEACHER / शिक्षक



VISITORS / दर्शकहरु

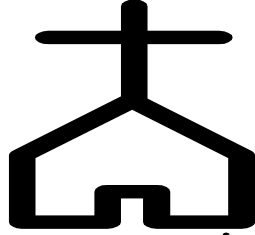


INTERPRETER /
दोभाषे

RELIGION



CHRISTIAN /
क्रिश्चियन



CHURCH / चर्च



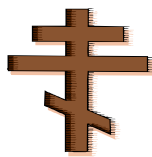
PRIEST / पादरी



CATHOLIC /
क्याथोलिक



ORTHODOX /
अर्थोडक्स



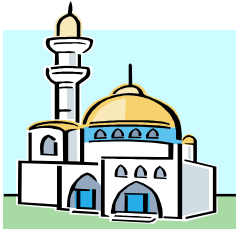
**RUSSIAN
ORTHODOX/**
रसियन अर्थोडक्स



BIBLE/ बाइबल



CHAPEL/
गिरजाघर



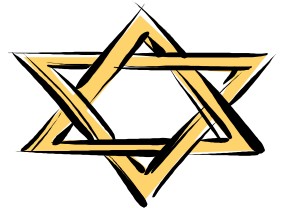
MUSLIM / मुस्लीम



PRAY / प्राथना



IMAM / ईमाम



JEWISH / यहूदी



SYNAGOGUE /
सिन्यागग



RABBI / राबी



HINDU / हिन्दु



BUDDHIST / बौद्ध



MONK/भिक्षु

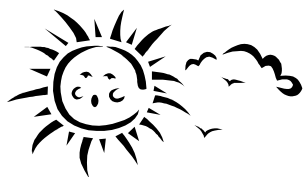


SHINTO/
शिन्तो

TIME



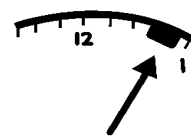
TIME / समय



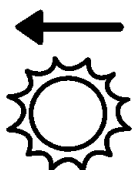
DAY / दिन



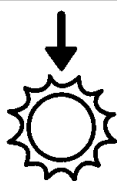
NIGHT / रात



MINUTE / मिनेट



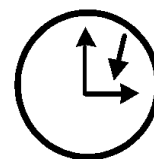
YESTERDAY / हिजो



TODAY / आज



TOMORROW / भोली



HOUR / घण्टा

x 1

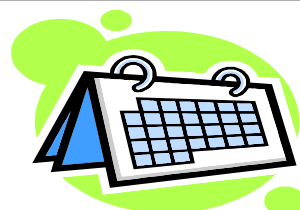
ONE TIME / एक
पटक

x 2

TWO TIMES / दुई
पटक

x 3

THREE TIMES / तीन
पटक



MONTH / महिना

Su M T W

Th F Sa

WEEK / हप्ता

DAYS

Monday/ सोमवार	Tuesday/ मंगलवार	Wednesday/ बुधवार	Thursday/ विहीवार
Friday/ शुक्रवार	Saturday/ शनिवार	Sunday/ आइतवार	

MONTHS

January/ जनवरी	February/ फेब्रुवरी	March/ मार्च	April/ अप्रिल
May/ मे	June/ जून	July/ जुलाई	August/ अगस्ट
September/ सेप्टेम्बर	October/ अक्टूबर	November/ नोवेम्बर	December/ डिसेम्बर

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	
30									
31									

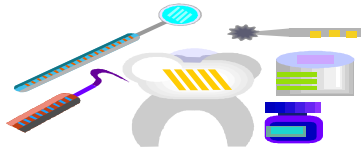
Level of Pain / दुखाइको माला

1 2 3 4 5 6 7 8 9 10

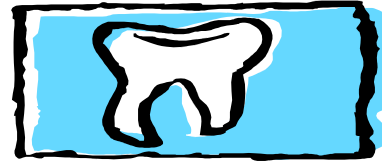
LOW/कम

BAD/ खराब

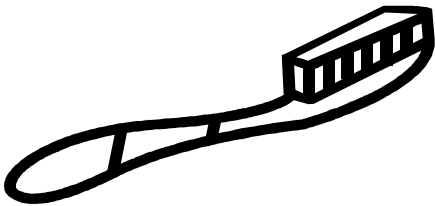
DENTAL



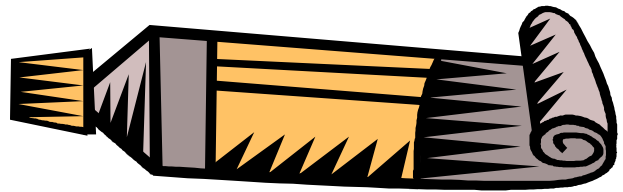
DENTIST/ दाँतको चिकित्सक



TOOTH/ दाँत



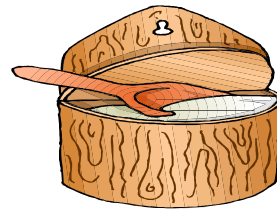
TOOTHBRUSH/दाँत माज्ने बुरुस



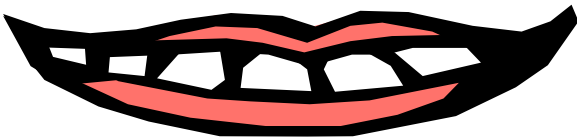
TOOTHPASTE/
मंजन



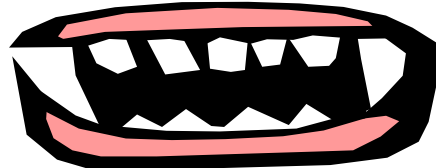
BOTTLE/बोटल



SUGAR/ चीनी



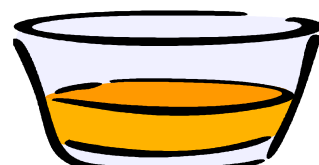
GOOD TEETH / राम्रो दाँत



BAD TEETH/
नराम्रो दाँत



FRUIT/ फलफूल



WATER/ पानी