

Eastern Health

POSITION DESCRIPTION

Position Title:	Mental Health Clinician/Case Manager, Intensive Mobile Treatment Team Infant, Child and Youth Mental Health Service (ICYMHS)
Award Classification:	Grade 2 Occupational Therapist, Social Worker, Clinical Psychologist, Grade 3 Mental Health Nurse
Award / Agreement Name:	Victorian Public Mental Health Services Enterprise Agreement 2021-2024 Victorian Public Health Sector (Medical Scientists, Pharmacists and Psychologists) Enterprise Agreement 2021-2025
Position Reports to:	Line Report –Team Leader, Intensive Mobile Treatment Team Professional Report – ICYMHS Clinical Lead, Director of Nursing MHP (dependent upon discipline)

EASTERN HEALTH – HEALTHIER TOGETHER

Eastern Health is one of Melbourne’s largest metropolitan public health services. We provide a comprehensive range of high quality acute, sub-acute, palliative care, mental health, drug and alcohol, residential care, community health and statewide services to people and communities that are diverse in culture, age and socio- economic status, population and healthcare needs



1. POSITION PURPOSE

The Infant, Child and Youth Mental Health Service (ICYMHS) operates within the Mental Health & Wellbeing Program at Eastern Health and comprises range of community based team specialist teams, an Adolescent Inpatient Psychiatric Unit and an Access/Triage Team, across the Eastern Region.

Teams are multidisciplinary and work to deliver high quality mental health assessment, clinical case management and evidence based interventions and treatment for infants, children and young people, 0 -25 years, and their families, who are experiencing severe mental illness impacting on their development and psychosocial functioning.

The Intensive Mobile Treatment Team (IMT) consists of multidisciplinary professionals who provide clinic based and outreach therapeutic interventions with young people (12 to 25 years) and their families/carers within a recovery based framework.

The Clinician/Case Manager will work within the IMTT service to provide, in collaboration with young people, families/carers and other service providers mental health assessments, formulation, case management, individual recovery planning and evidence based interventions. The provision of primary and secondary consultations to key stakeholder agencies will be an important additional component of the position.

The Clinician will report directly to the Team Leader and Team Consultant Psychiatrist, who in turn report to the Clinical Director for clinical governance and to the ICYMHS Community Manager for operational management and financial governance. The position will be part of a high quality service that is responsive to the needs of children, young people and their families/carers within the team and is supported by clinical, operational and discipline specific supervision, ongoing professional development and active participation in team and service planning and development. The position whilst based in Ringwood East, will require the provision of outreach within the Eastern Metropolitan Region

The incumbent will work in partnership with consumers, carers, families and other service providers to provide high quality occupational therapy/clinical psychological/psychiatric nursing/social work and mental health assessment, treatment and consultation services within a recovery oriented framework.

2. MAJOR DUTIES AND/OR RESPONSIBILITIES

- Provide evidence based mental health care practice in assessment, formulation and individualized recovery planning, and multi-modal therapeutic treatment that is consistent with standards outlined for consumers with severe mental illness.
- Contribute to the design and implementation of evidence-based interventions that meet the clinical, educational and vocational needs of clients/consumers.
- Work collaboratively with young people and their families, co-clinicians and key stakeholders in the management of mental illness or co-morbid mental illness.
- Provide clinical services to young people and their families and to other agencies by having clinical contact for a minimum of 50% of working hours per week for center-based and outreach work, and participating in group, family and individual therapeutic activities as required.
- Lead excellence in coordinated client care and support monitoring or accountability of clinical activities by documenting clinical services in the case record and completing appropriate and timely service statistics.
- Adhere to and comply with relevant legislation and policy frameworks.

- Ensure compliance with relevant policies and procedures for effective and safe practice in line with government policy, legislation, and Eastern Health's Mental Health Program.
- Liaise with key stakeholders (internal and external) where relevant.
- Provide consultation (primary and secondary), education and support to primary health and other key community agencies or services, at an appropriate level and frequency, in consultation with a Senior Clinician.
- Promote & implement a client-focused team approach to ensure continuous quality improvement and clinical care of a high standard using evidenced based best practice for young people and their families.
- Respond to crisis situations and urgent clinical problems by participating in the crisis response system with other team members.
- Provide specialist discipline specific assessment, and/or treatment for clients and their families referred from within the team and provide consultation to team members regarding case related discipline specific matters.
- Demonstration of relevant family violence practice according to allocated responsibility level in the mental health program workforce mapping tool. This aligns with the Multi-Agency Risk assessment and Management (MARAM) Framework, the Family Violence Information Sharing Scheme (FVIS) and Child Information Sharing Scheme (CISS) legislative requirements and related Eastern Health guidelines.

3. SAFE PRACTICE AND ENVIRONMENT

Occupational Health and Safety

Eastern Health is committed to provide and maintain a working environment for all staff that is safe and without risk to health. All staff are to take care of their own health and safety and the health and safety of any other person who may be affected by your acts or omissions at the workplace. Understand responsibilities and accountabilities to yourself and others in accordance with OH&S legislation and Eastern Health policies and promote a working environment that is congruent with these guidelines. This includes staff reporting of all clinical and OHS incidents and near misses, in particular those related to Occupational Violence, Manual Handling and Slips, trips and falls.

Staff are required to comply with all state legislative requirements in respect to the Occupational Health and Safety Act 2004 and the Workplace Injury Rehabilitation and Compensations (WIRC) Act 2013.

4. TRAINING AND DEVELOPMENT

Relevant, practical and timely education should direct, facilitate, enhance and support the professional growth and practice of employees in a health environment characterised by change. All programs should endeavour to promote evidence-based practice, a problem solving approach and to be competency based.

You are expected to participate in the personal development process on an annual basis.

5. QUALITY

As a staff member of Eastern Health staff are required to comply with Eastern Health performance standards and participate in continuous monitoring and improvement as part of your role. You are also required to comply with legislation, professional standards and accreditation standards.

As a staff member employed by Eastern Health services you must have and maintain the appropriate skills and knowledge required to fulfil your role and responsibilities within the organisation. In addition, you must ensure that you practice within the specifications of this position description, and where applicable within the agreed scope of practice.

You are responsible for ensuring safe high quality care in your work. This will include complying with best practice standards, identifying and reporting any variance to expected standards and minimising the risk of adverse outcomes and patient harm. In addition, you will ensure that service and care is consistent with the EH approach to patient and family centered care.

6. CONFIDENTIALITY

Any information obtained in the course of employment is confidential and should not be used for any purpose other than the performance of the duties for which the person was employed. Staff are bound by the Information Privacy Act 2000 and the Health Records Act 2001.

7. EQUAL EMPLOYMENT OPPORTUNITY

You agree to adhere to the Equal Employment Opportunity policies and practices of the Health Service. Discriminatory practices, including sexual harassment, are unlawful. The Health Service will not tolerate discriminatory behaviour and any such conduct may lead to the invoking of the Disciplinary Policy and Procedure, which may result in termination of employment.

8. PERFORMANCE DEVELOPMENT

A Performance Review, that includes agreed targets, will occur three (3) months from commencement and then annually on the basis of the duties and responsibilities outlined in this position description. This is an opportunity to review personal and the allocated work unit's service performance, facilitated by the setting of objectives/goals and ongoing evaluation of performance and achievement. Objectives will be developed annually, documented, discussed and agreed with the immediate line manager, who will act as the assessor. The incumbent is expected to demonstrate and show evidence annually of on-going self and allocated work unit's service development.

9. EASTERN HEALTH'S PROMISE

Our promise to our communities, patients, consumers and staff is that we will be **HEALTHIER TOGETHER**. Bolder than a vision for the future, our promise calls us to action. We know that working together is the only way we can achieve what is necessary for a healthier future.

Our values are ones in action and are the behaviours that matter most.

- Respect for all
- Safe always
- Partnering in care
- Learning and improving everyday

Learning from the challenges of the past and looking to the future, we understand that we are building towards a more engaged, more reliable, always safe health service in partnership with our people to improve every day.

10. ATTACHMENTS

- Attachment 1 Key Selection Criteria

11. NOTE

Statements included in this position description are intended to reflect in general the duties and responsibilities of this position and are not to be interpreted as being all-inclusive.

Prior to accepting any offer of employment, prospective employees will be required to read and commit to the Eastern Health Code of Conduct, including (but not limited to) issues of Occupational Health and Safety, Equal Opportunity and Confidentiality.

Vaccination against infectious disease is a mandatory requirement of this role. An offer of employment is conditional on you providing evidence that you are currently vaccinated against COVID-19, prior to commencing employment.

Signed: _____

Date: ____/____/____

Manager

INCUMBENT STATEMENT

I _____ (Incumbent Name) have read, understood and accepted the above Position Description and associated Attachments.

Signed: _____

Date: ____/____/____

ATTACHMENT 1

KEY SELECTION CRITERIA

Position Title:	Clinical Case Manager Intensive Mobile Treatment Team Infant Child and Youth Mental Health Service (ICYMHS).
Award Classification:	Grade 2 Occupational Therapist, Social Worker, Clinical Psychologist, Grade 3 Mental Health Nurse
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Essential

The successful applicant will have one of the following qualifications:

Occupational Therapist:

- o Registration as an Occupational Therapist with the Occupational Therapy Board of Australia, Australian Health Practitioners Registration Agency.
- o A minimum of 12 months' experience as a qualified/fully registered Occupational Therapist.

Social Work:

- o Holds a degree qualification in Social Work that has been approved by the Australian Association of Social Workers (AASW) for membership as a Social Worker.
- o Maintains compliance with the AASW Continuing Professional Development Policy in order to meet the Eastern Health Allied Health credentialing standard.
- o A minimum of 12 months' experience as a qualified Social Worker.

Psychology:

- o Full registration or eligibility for full registration as a Psychologist by the Psychology Board of Australia (PBA).
- o Hold a Masters or Doctoral coursework qualification in Clinical Psychology that has been approved by the Psychology Board of Australia.
- o Registration endorsement, eligibility for endorsement or working towards endorsement, in the Approved Area of Practice of Clinical Psychology.

Psychiatric Nursing:

- o Registered as a Nurse with the Australian Health Practitioner Regulation Authority with approved/endorsed postgraduate qualifications in Psychiatric Nursing.
- o A minimum 24 months post graduate nursing experience in a mental health setting.

Desirable

Post-Graduate qualifications or commitment to study Child Mental Health or Family Therapy, e.g. Developmental Child Psychiatry Course, Family Therapy.

Knowledge and skills

- Postgraduate clinical experience and/or postgraduate training in child and adolescent mental health or an allied field. This includes assessment, treatment, and consultation with individual consumers and their families as well as broader systemic and community interventions.
- Ability to warmly and respectfully engage families where there is low trust for services, and engage in child focussed parent work, family work and have an ability to be playful and age appropriate with children who attend the service.
- Well-developed interpersonal and communication skills (written and verbal) including the ability to function effectively in a multidisciplinary team, work in partnership with consumers, carers, families and other service providers and a demonstrated high level of conflict resolution and negotiation skills.
- Demonstrated ability to work both independently and interdependently as member of a multidisciplinary team.
- Sound knowledge of the relevant legislation and frameworks for recovery oriented practice pertaining to working in mental health and with children and their families/carers.
- Computer literacy and embracing of health technologies, informatics and telehealth.
- Compliance with the code of ethics and legal requirements of the profession.
- Commitment to ongoing professional development in the clinical and service development domains.
- Employment is subject to a satisfactory police check, National Criminal History check and evidence of a current Working with Children check valid for employment purposes.

Aboriginal & Torres Strait Islander Candidates

Eastern Health's Aboriginal Workforce Plan 2023 – 2026 was released in February 2023. With a strong focus on cultural safety and belonging, actions included in the Workforce Plan provide practical supports for all Aboriginal and/or Torres Strait Islander staff.

An Aboriginal Employment Coordinator is available to ensure each person has culturally safe and positive employee experiences which foster belonging and access to diverse experiences and career pathways. Should you require further information regarding this position or support to complete an application, please contact the Recruitment Manager for this position or Eastern Health's Aboriginal Employment Coordinator at Aboriginal.Workforce@easternhealth.org.au