

# Allied Health Research Report

## 2023

### About Us

The **Allied Health Clinical Research Office (AHCRO)** at Eastern Health was established as a joint initiative between Eastern Health and La Trobe University, as part of the **La Trobe University Academic and Research Collaborative in Health (ARCH)**. Led by Professor Nicholas Taylor and Professor Katherine Harding, the Allied Health Clinical Research Office promotes, supports and conducts clinical research. The activities of AHCRO are guided by the Allied Health Research Committee, which has representatives from programs, allied health disciplines and research active clinicians.

This year saw the expansion of the partnership between Eastern Health and La Trobe University through the establishment of a second professorial role. Katherine Harding was appointed to the jointly funded position of Professor of Allied Health (Implementation Science) enhancing ongoing opportunities for the research office to lead high quality research and support the building of research capacity for allied health staff at Eastern Health. In other changes to the AHCRO team, Dr Annie Lewis was appointed to the part time role of AHCRO manager, and Dr Fleur Terrens joined Annie to job share the Eastern Health's Research and Translation Fellowship until the end of the current term in March 2025.

La Trobe University and Eastern Health are further strengthening relationships with the introduction of a new clinician researcher PhD scholarship scheme commencing in 2024. Jointly funded stipends will provide allied health professionals at Eastern Health with financial support to undertake PhD studies, providing career opportunities as well as driving high quality research within Eastern Health. Eastern Health is supporting applications for stipends to **Germaine Tan** (investigating optimal timing of rehabilitation for people with cancer) and **Mel Haley** (evaluating service wide approaches to falls prevention) which we expect to commence in 2024. Germaine was simultaneously successful in receiving a highly competitive NHMRC PhD scholarship to help support her studies.

We continued to work on some major projects this year. The MIHip randomised controlled trial led by **Nick Taylor** investigating the benefits of motivational interviewing to enhance recovery after hip fracture completed data collection, with 200 older people with hip fracture recruited to the trial. Data are currently being analysed with results expected to be published in the coming year. **Katherine Harding** and **Annie Lewis** continue to lead a program of work improving demand management for outpatient and community health services. This research was heavily featured in a new demand management toolkit for community health services published by the Victorian Department of Health in 2023, and our team subsequently received \$200,000 in funding to support an education and support program to enhance demand management in community health services across Victoria. **Dr Kellie Emmerson** has joined the team as a project manager for this work, and the group will also be joined by PhD student **Kate Noeske** in 2024 to undertake an evaluation of this work.

**Dr Amy Dennett** continues to be a rising star, leading an internationally recognised program of work in oncology rehabilitation in her capacity as a Victorian Cancer Agency early career research fellow. Over the past 12 months she has completed a trial of a behavioural intervention to improve physical activity for patients during inpatient cancer treatment, and completed recruitment for a trial of a telerehabilitation group intervention for cancer survivors.

The annual **Allied Health Research Forum** was held in October in a hybrid format for the first time with over 50 staff attending in person and over 70 participating online. Following an inspiring presentation from guest speaker **Professor Nora Shields** from La Trobe University on the "Role of health professionals in promoting physical activity among people with disability", the 3-minute project competition gave our clinician researchers the opportunity to share their work in an interesting and entertaining afternoon. The prize for best presentation was awarded to physiotherapist, **Sarah Osurak** and the people's choice prize was awarded to physiotherapist, **Renita Manning**.

Allied health was well represented at the **Eastern Health Research Forum** held in November with poster presentations from physiotherapists **Swapna Gokhale, Ali Gibbs**, social worker **Euan Donley** and pharmacist **Sam Maleki** and oral presentations from **Natasha Brusco, Sam Maleki, Amy Dennett** and **Katherine Harding**. The best short oral presentation was awarded to **Natasha Brusco** for research on *“Cost-effectiveness of increasing the dosage of therapy participation during inpatient rehabilitation via self management: My Therapy”* and the best long oral presentation was awarded to **Amy Dennett** for research, *“Prehabilitation improves physical capacity before and after autologous stem cell transplant: a randomised controlled trial.”*

### **Katherine Harding and Nicholas Taylor**

### **Allied Health Research Committee 2023**

Nicholas Taylor	Professor of Allied Health Eastern Health (Chair)
Katherine Harding	Professor of Allied Health (Implementation Science)
Annie Lewis	AHCRO Manager/Research and Translation Fellow
Amy Dennett	Research Fellow
CK Yao	Dietetics
Sofie Hatzipashalis	Social Work
Anne Thompson	Learning and Teaching
Danielle Griffiths	Podiatry
James Gooden	Psychology/Turning Point
Kate Morris	Speech Pathology
Rebecca Nicks	Occupational Therapy
Sabrina Hernandez	Physiotherapy
Peter Brann	Mental Health

## Research Office Staff 2023

Nicholas Taylor	Professor of Allied Health
Katherine Harding	Professor of Allied Health (Implementation Science)
Annie Lewis	AHCRO Manager/Allied Health Research and Translation Fellow
Fleur Terrens	Allied Health Research and Translation Fellow
Amy Dennett	Victorian Cancer Agency Fellow
Kellie Angel	STAT Project Manager
Germaine Tan	Telecare/PIRATE/CanFit/ART Project Officer
Scott Williams	MIHip Project Officer
Made Rimayanti	MIHip Motivational Interviewer / PhD candidate
Lyndon Hawke	MIHip Motivational Interviewer / MIMES project officer / PhD candidate
Samantha Reilly	Project Officer, Telehealth home visiting project
Cass Wolff	CanFit project officer
Mollie O'Neil	CanFit project officer

### Key Research Associates

Patrick Carney	Deputy Director Neurosciences, Eastern Health and Monash University
Leeanne Carey	Professor, La Trobe University
Kate Lawler	Senior Lecturer, La Trobe University
Kylee Lockwood	Senior Lecturer, La Trobe University
Paul O'Halloran	Associate Professor, La Trobe University
Casey Peiris	Associate Professor, La Trobe University and Royal Melbourne Hospital
Judi Porter	Professor, Deakin University
Luke Prendergast	Professor, La Trobe University
Nora Shields	Professor, La Trobe University
David Snowdon	Research Fellow, Peninsula Health
Jenny Watts	Professor, Deakin University

## Awards achieved 2023

**Natasha Brusco:** Best Short Oral Presentation, Eastern Health Research Forum

**Amy Dennett:** Best Long Oral Presentation, Eastern Health Research Forum

**Sarah Osieurak:** Best Presentation, Eastern Health Allied Health Research Forum

**Renita Manning:** People's Choice Award, Eastern Health Allied Health Research Forum

**Euan Donly:** People's Prize, Eastern Health Mental Health & Wellbeing Research Forum

## Notable Funding 2023

### **Implementation of the Community Health Demand Management Toolkit. Department of Health Victoria (\$200,000)**

Chief Investigator: Katherine Harding.

Associate Investigators: Annie Lewis, Nicholas Taylor

## Research projects commencing in 2023

### **LR23-017-94079: Accelerating Research Translation: The ART of evidence-based care**

Principal Investigator: Katherine Harding

Associate Investigators: Nicholas Taylor, Annie Lewis, Ian Davis, Julie Considine, Sarah Aranha, Penny Casey

### **LR22-070-90315 Process Evaluation of an Interdisciplinary Allied Health Program in the Hospital in the Home Cancer Services Model of Care**

Principal Investigators: Ashlee Miller-Jenkins and Katherine Pryde

Associate Investigators: Amy Dennett

### **LR23-025-95217: Residential Aged Care Placement Agency Partnership: Perceptions of consumer satisfaction**

Principal Investigator: Lyndal Greenwood

Associate Investigator: Rosie Kalogeropolous

### **LR23-032-97769: Novel experiences in large Melbourne metro-healthcare service rotational placement supporting Feedback Literacy capacity**

Principal Investigator: Melanie Myers

Associate Investigators: Stacey Holden, Kathleen Wade, Janeane Dart, Sue Kleve

### **LR23-041-97464: Scalability of an intervention to reduce waiting in non-admitted healthcare: a hybrid effectiveness-implementation observational study**

Principal Investigator: Annie Lewis

Associate Investigators: Katherine Harding, Nicholas Taylor

### **LR23-054-100797: The feasibility of psychosocial rehabilitation after hip fracture**

Principal Investigator: Nicholas Taylor

Associate Investigators: Katherine Harding, Casey Peiris, Nora Shields, Paul O'Halloran, Elizabeth Wintle, David Snowdon, Made Rimayanti, Scott Williams, Adam Semciw

### **E20-008-60841: Consumer Experiences of Mentalization Based Treatment (MBT): A Qualitative Study**

Principal Investigator: Julian Nesci

Associate Investigators: Fiona Donald, Jillian Broadbear, Kelly Chan, Sathya Rao

### **S21-004-69610 Reforming allied health service provision in residential aged care to improve the rehabilitation reach: a feasibility study**

Principal Investigator: Natasha Brusco

Associate Investigators: Christina Ekegren, Helen Rawson, Nicholas Taylor, Julia Morphet, Keith Hill, Jennifer Anderson, Kelly Stephen, Amelia Crabtree, Pazit Levinger, Sara Whittaker, Sze-Ee Soh, Fiona Dulfer, Katherine Lawler

### **S23-067-89725: PROMOTE- A Cluster-Randomised Implementation Trial to Promote Evidence Use**

Principal Investigator: Rania Abdelmotaleb

Associate Investigator: Rebecca Nicks

**S23-087-100657: The right to rehabilitation for people with dementia: Implementation and evaluation**

Principal Investigator: Bianca Summers

Associate Investigators: Michelle Callisaya, Den Ching Angel Lee

**QA23-032-97020: A review of staff implementation of the Eastern Health guideline on eating and drinking with acknowledged risk (EDAR)**

Principal Investigator: Stephanie Aivatoglou

Associate Investigators: Charmaine Briffa, Joanna Nestor, Ishani Chau

**QA23-047-97994: Physiotherapy Assessment of Balance Project Audit**

Principal Investigator: Melanie Haley

Associate Investigators: Alice Zammit, Sarah Fink, Lucy Troup, Matoula Wicks

**QA23-051-99262: 2023 Eastern Health Post Falls Response Audit**

Principal Investigator: Melanie Haley

Associate Investigators: Jonathan Beavers, Lauren Fraser-McKelvie, Melinda Webb-St Mart, Sandra Camp, Suzanna Tan, Anu John, Meegan Callinan, Tahlia Eddy

**QA23-061-97973: Audit of clients with Parkinson's Disease in Eastern Health**

Principal Investigator: Fleur Terrens

Associate Investigators: Sabrina Hernandez, Joy Yuen (Ward), Emma Chan, Stephanie Ng

**QA23-069-100339: Optimising Acute Inpatient Speech Pathology Referrals**

Principal Investigator: Juley Thai

Associate Investigators: Jaclyn Wilson, Kate Morris

**QA23-087-101911: Enhancing and Maintaining Tracheostomy Learning in Speech Pathology at Eastern Health**

Principal Investigator: Kate Morris

Associate Investigator: Jaclyn Wilson

**QA23-089-102305: Study of Oral Nutrition Supplements – Journey from prescription and delivery to disposal**

Principal Investigator: Mina Berlinder

Associate Investigators: Stefanie Carino, Katherine Faulkner

**QA23-090-102303: Audit of Oral Nutrition Supplements at Murrenda (RACS)**

Principal Investigator: Katherine Faulkner

Associate Investigators: Ella Monaghan, Mina Berlandier

**QA23-096-101912: Implementing gait speed and balance assessment to reduce falls in older adults referred for physiotherapy in community health (CH) and community rehabilitation (CR) settings at Eastern Health**

Principal Investigator: Katherine Fox

Associate Investigators: Matoula Wicks, Amy Dennett, Nicholas Taylor

**QA23-099-102811: Implementing stroke circuit class therapy in an inpatient rehab setting**

Principal Investigator: Sarah Chen

Associate Investigator: Nicholas Taylor

**QA23-109-101615: Supporting Timely Access to Eastern Health's High Risk Foot Services**

Principal Investigator: Sarah Dallimore

Associate Investigator: Penny Casey

**QA23-114-104161: How does the introduction of high energy meal plans in the inpatient treatment of paediatric eating disorder patients impact length of stay and risk of refeeding syndrome? A comparison of audits pre and post change of practice**

Principal Investigator: Matilda Bissett

Associate Investigators: Shyharini Abeysinghe, Jessica Costa-Pinta

## Major research projects continuing in 2023

**E19-002 Motivational interviewing to increase walking in community-dwelling older adults after hip fracture: a randomised controlled trial**

Principal Investigators: Nicholas Taylor, Nora Shields, Paul O'Halloran, Jennifer Watts

Associate Investigators: Katherine Harding, David Snowdon, Christina Ekegren, Casey Peiris

**E21-012-74698 TeleCaRe: Expanding delivery of Cancer Rehabilitation via telehealth**

Principal Investigator: Amy Dennett

Associate Investigators: Nicholas Taylor, Katherine Harding, Nora Shields, Casey Peiris, Christian Barton, Lauren Lynch, Phillip Parente

**E21-013-76967 Motivational Interviewing to improve health service outcomes and adherence to lifestyle advice for people with MEtabolic Syndrome (MIMES).**

Principal Investigators: Nicholas Taylor, Casey Peiris

Associate Investigators: Chris Gilfillan, Katherine Harding, Amy Dennett, Nora Shields, Judi Porter, Lyndon Hawke, Paul O'Halloran, Andrew Rank, April Simpson

**E22-002-84680 A behavioural intervention using Fitbits to increase physical activity levels in cancer inpatients (CanFit): randomised controlled trial**

Principal Investigator: Amy Dennett

Associate Investigators: Nicholas Taylor, Katherine Harding, Phillip Parente, Casey Peiris, Vicki Goodwin, Katrina Wragg

**E251/21 MonitOring The Influence Of care for patients with kNee osteoarthritis (MOTION),**

Principal Investigators: Raphael Hau, Christian Barton

Associate Investigators: Alison Gibbs, Vincent Lengkong

**LR20/039 Benign paroxysmal positional vertigo is highly prevalent in patients presenting to falls clinics with and without dizziness: an observational study.**

Principal Investigator: Susan Hyland

Associate Investigators: Nicolas Taylor, Lyndon Hawke

**LR22-003-81774 Exploring patient experience before and after the implementation of an Enhanced Recovery after Surgery program in patients undergoing abdominal surgery: a qualitative study**

Principal Investigator: Georgia Moore, Kate Furness

Associate Investigators: Tina Aboltins, Bianca Poletti

**LR22-008-83944 A pilot of the Eastern Health Physiotherapy Triple S Team- Student Support for Stroke Patients**

Principal Investigator: Catherine Senserrick

Associate Investigators: Emma Parsons, Nicholas Taylor, Kim Williams, Allison Hilbig

**LR22-022-86171 A feasibility study of the use of an innovative manual handling training program (Risk Assessment for moving Individuals Safely, RAISE) for staff working in a residential aged-care facility**

Principal Investigator: Nicholas Taylor

Associate Investigators: Chris Graven, Natasha Brusco, Leanne Boyd, Helen Kugler

**LR22-024-86148 Sustainability of the STAT model in an epilepsy outpatient clinic**

Principal Investigator: Katherine Harding

Associate Investigators: Patrick Carney, Nicholas Taylor, Annie Lewis

**LR22-038-87447 Brief motivational interviewing in goal setting: a feasibility study**

Principal Investigator: Elizabeth Wintle, Casey Peiris

Associate Investigators: Nicholas Taylor, Paul O'Halloran, Katherine Harding, Made Rimayanti, Andrew Rank

**LR22-051-89803 Evaluating the feasibility and acceptability of an implementation toolkit to improve post-stroke aphasia rehabilitation**

Principal Investigator: Kristine Shrubsole, Charmaine Briffa

Associate Investigators: Emma Power, Sarah Wallace, Elizabeth Lynch, John Pierce, Megan Trebilcock

**LR22-064-81650 Verbal and nonverbal communication strategies for building rapport between physiotherapists and Chinese-speaking patients**

Principal Investigator: Louisa Willoughby

Associate Investigators: Terry Haines, Nicholas Taylor, Elizabeth Wintle

Student Investigator: Deborah Tan

**LR22-065-90749 Retrospective audit of parenteral nutrition provision at Eastern Health**

Principal Investigator: Jorja Collins

Associate Investigators: Georgia Stringer, Judy Bauer, Kate Mason

**LR23-039-97745 Risk prediction model for prolonged length of stay in Delirium using routinely collected data: model development and validation**

Principal Investigator: Joanne Enticott

Associate Investigators: David Taylor, Helena Teede, Nikolajs Zeps

Student Investigator: Swapna Gokhale

**LR 35948 Spread and sustainability of family focused practice**

Principal Investigator: Becca Allchin

Associate Investigators: Joanne Nicholson, Karin van Doesum, Rochelle Hine, Kate Blake-Holmes, Lina Gatsou, Kurt Albermann

**S21-004-69610: My Therapy**

Principal Investigators: Natasha Brusco, Christina Ekegren

Associate Investigators: Nicholas Taylor, Rania Adbelmotaleb, Alicia Devlin, Anna Joy

**S22-098-66617 Using disinvestment to investigate the effectiveness of mobilisation alarms in a stepped-wedge randomised trial design in tertiary hospitals**

Principal Investigator: Kelly Stephen

Associate Investigators: Melinda Webb-St Mart, Leanne Boyd

**SERP33-2018 ComeBACK: Coaching and exercise for better walking**

Principal investigator: Cathie Sherrington

Site Investigator: Nicholas Taylor

**QA22-001 A new food service model in residential aged care – what do customers want?**

Principal Investigator: Sarah Dewar

Associate Investigators: Suba Slater, Sophia Georgakis

**QA22-013 Food origin audit of fresh and minimally processed foods purchased at Eastern Health**

Principal Investigators: Stefanie Carino

Associate Investigators: Georgia Misale, Meredith Egan, Jorja Collins, Sally Curtis

**QA22-022-85712 Speech Pathology Grade 1 Rotation Feedback Survey**

Principal Investigator: Charmaine Briffa

Associate Investigator: Emma Beer

**QA22-044-87150 ERAS Audit**

Principal Investigator: Georgia Moore

**QA22-080-89300 Evaluation of the occupational therapy GEM service to deliver consistent and best practice.**

Principal Investigator: Rebecca Nicks

Associate investigators: Bianca Furmston, Bianca Summers, Rachel Minett

**Research Training - Higher Degree Research Students (PhD or Masters by Research)**

**Deenika Benjamin**, PhD. La Trobe University

**Lina Breik**, PhD. Monash University

**Jaz Chisholm**, PhD. Monash University

**Stephanie Clarke**, M Phil. Monash University

**Swapna Gokhale**, PhD. Monash University

**Alison Gibbs**, PhD. La Trobe University

**Sophie Hatzipashalis**, PhD. University of Melbourne

**Lyndon Hawke**, PhD. La Trobe University

**Sabrina Hernandez**, PhD. Monash University

**Carrie McCallum**, M Phil. Australian Catholic University

**Anna Joy**, PhD. La Trobe University

**Made Rimayanti**, PhD. La Trobe University (completed 2023)



**Skye Schwind**, PhD. La Trobe University

**Kelly Stephen**, PhD. Monash University

**Hannah Silva**, PhD. Monash University

**Rebecca Sullivan**, PhD. University of Technology Sydney

**Sara Whittaker**, PhD. Monash University

**Elizabeth Wintle**, MRes. La Trobe University

## Paper of the year 2023

The 2023 allied health publication of the year has been awarded to health services researcher, **Dr Annie Lewis**.

Lewis AK, Taylor NF, Carney PW, Li X, Harding KE. An innovative model of access and triage to reduce waiting in an outpatient epilepsy clinic: an intervention study. BMC Health Services Research. 2023 Aug 31;23(1):933. [doi.org/10.1186/s12913-023-09845-2](https://doi.org/10.1186/s12913-023-09845-2)

Annie's paper aimed to evaluate implementation of the Specific Timely Appointments for Triage (STAT) model of access in an epilepsy clinic to reduce a long waitlist and waiting time. This study used pre-post comparison and an interrupted time series analysis to measure the effect of implementation of the STAT model to an epilepsy clinic over 28 months. The long waitlist was almost eliminated, reducing from 616 during the pre-intervention period to 11 post-intervention ( $p = 0.002$ ). This reduction in the waitlist did not increase waiting time, and variability waiting time reduced indicating improved equity of access.

Annie's study provides pilot data to suggest that the STAT model of access provides a framework for an alternative way to operate outpatient clinics that can help to ensure that all people referred are offered an appointment in a timely manner.

An independent judge evaluated shortlisted papers on the criteria of quality, impact and clinical relevance. The judge commented on the quality of the short-listed papers singling out Swapna Gokhale's systematic review and meta-analysis for commendation:

**Gokhale S**, Taylor D, Gill J, Hu Y, Zeps N, Lequertier V, Prado L, Teede H, Enticott J. Hospital length of stay prediction tools for all hospital admissions and general medicine populations: systematic review and meta-analysis. Frontiers in Medicine. 2023;10.[doi.org/10.3389/fmed.2023.1192969](https://doi.org/10.3389/fmed.2023.1192969)

## Publications for 2023 (calendar year)

1. Bania TA, **Taylor NF**, Chiu HC, Charitaki G. What are the optimum training parameters of progressive resistance exercise for changes in muscle function, activity and participation in people with cerebral palsy? A systematic review and meta-regression. *Physiotherapy*. 2023; 119:1-16. [doi:10.1016/j.physio.2022.10.001](https://doi.org/10.1016/j.physio.2022.10.001).
2. **Bendall C, Taylor NF**. The effect of oral refeeding compared with nasogastric refeeding on the quality of care for patients hospitalised with an eating disorder: A systematic review." *Nutrition & Dietetics*. 2023;80(1):44-54. [doi: 10.1111/1747-0080.12770](https://doi.org/10.1111/1747-0080.12770).
3. Benjamin DR, Frawley HC, Shields N, Peiris CL, van de Water ATM, Bruder AM, **Taylor NF**. Conservative interventions may have little effect on reducing diastasis of the rectus abdominis in postnatal women - A systematic review and meta-analysis. *Physiotherapy*. 2023;119:54-71. [doi: 10.1016/j.physio.2023.02.002](https://doi.org/10.1016/j.physio.2023.02.002).
4. Brusco NK, Walpole B, Kugler H, Tilley L, Thwaites C, **Devlin A**, Dorward E, Dulfer F, Lee AL, Morris ME, **Taylor NF**, Dawes H, Whittaker SL, Ekegren CL. Barriers and facilitators to implementing self-directed therapy activities in inpatient rehabilitation settings. *Australian Occupational Therapy Journal*. 2023;70(5): 617-626. [doi:10.1111/1440-1630.12891](https://doi.org/10.1111/1440-1630.12891)
5. Brusco NK, Haines T, **Taylor NF**, Rawson H, Boyd L, Ekegren C, Kugler H, Dawes H, Radia-George C, Graven C, Hill K. In Australian hospitals and residential aged care facilities, how do we train nursing and direct care staff to assist patients and residents to move? A national survey. *Australian Health Review*. 2023;47(3):331-338. [doi: 10.1071/AH22296](https://doi.org/10.1071/AH22296)
6. Brusco NK, Graven C, Boyd L, Kugler H, Dawes H, Rawson H, Clayton L, Tan S, Goodwin VA, Hall AJ, **Taylor NF**. Feasibility of implementing an innovative manual handling risk assessment training program for staff working in long-term care. *Archives of Public Health*. 2023;81(1):53. [doi:10.1186/s13690-023-01074-7](https://doi.org/10.1186/s13690-023-01074-7)
7. **Carino S, Collins J**, Malekpour S, Porter J. The role of policy in supporting environmentally sustainable foodservice in healthcare: Lessons from exemplar hospitals. *Frontiers in Nutrition*. 2023;10. [doi:10.3389/fnut.2023.1122911](https://doi.org/10.3389/fnut.2023.1122911)
8. **Carino S, Elliott A**, Palermo C, **Holden S, Collins J**. 'Sustainable food systems dietitian': A novel role to champion sustainable food in hospitals. *Nutrition & Dietetics*. 2023;80(2):225-228. [doi:10.1111/1747-0080.12730](https://doi.org/10.1111/1747-0080.12730)
9. **Carino S**, Misale G, Egan M, **Collins J**. The origins of hospital food: Where does it come from and what do staff, patients and suppliers think about local food? *Nutrition & Dietetics*. 2023;80(2):154-162. [doi:10.1111/1747-0080.12802](https://doi.org/10.1111/1747-0080.12802)
10. Chaovalit S, Dodd KJ, **Taylor NF**. Impaired sit-to-stand is perceived by caregivers to affect mobility and self-care in children with cerebral palsy who had moderate to severe mobility limitations: A mixed methods analysis. *Developmental Neurorehabilitation*. 2023;26(1):10-17. [doi:10.1080/17518423.2022.2133186](https://doi.org/10.1080/17518423.2022.2133186)
11. **Chisholm J, Hope J**, Fossey E, Petrakis M. Mental health clinician attitudes about service user and family agency and involvement in recovery-oriented practice. *International Journal of Environmental Research and Public Health*. 2023;20(18):6787. [doi:10.3390/ijerph20186787](https://doi.org/10.3390/ijerph20186787)
12. **Chisholm J**, Petrakis M. Peer worker perspectives on barriers and facilitators: Implementation of recovery-oriented practice in a public mental health service. *Journal of Evidence-Based Social Work*. 2023;20(1): 84-97. [doi: 10.1080/26408066.2022.2118006](https://doi.org/10.1080/26408066.2022.2118006)
13. **Collins J** and Porter J. Quantifying waste and its costs in hospital foodservices. *Nutrition & Dietetics*. 2023;80(2):192-200. [doi:10.1111/1747-0080.12796](https://doi.org/10.1111/1747-0080.12796)
14. Cook N, **Collins J**, Porter J, Goodwin D. Applying the theoretical domains framework and behavior change wheel to inform interventions for food and food-related waste audits in hospital foodservices. *Frontiers in Nutrition*. 2023;10. [doi:10.3389/fnut.2023.1204980](https://doi.org/10.3389/fnut.2023.1204980)
15. Cook N, Goodwin D, Porter J, **Collins J**. Food and food-related waste management strategies in hospital food services: A systematic review. *Nutrition & Dietetics*. 2023;80(2):116-142. [doi:10.1111/1747-0080.12768](https://doi.org/10.1111/1747-0080.12768)
16. **Dennett AM**, Hirko KA, Porter KJ, Loh KP, Liao Y, Yang L, Arem H, Sukumar JS, Salerno EA. Embedding lifestyle interventions into cancer care: Has telehealth narrowed the equity gap? *Journal of the National Cancer Institute Monographs*. 2023;61:133-139. [doi:10.1093/jncimonographs/lgac028](https://doi.org/10.1093/jncimonographs/lgac028)

17. **Dennett AM**, Porter J, Ting SB, **Taylor NF**. Prehabilitation to improve outcomes after autologous stem cell transplantation (Pirate): A pilot randomised controlled trial protocol. *PLoS One*. 2023;18(4):e0277760. [doi:10.1371/journal.pone.0277760](https://doi.org/10.1371/journal.pone.0277760)
18. El Haddad, L, Peiris CL, **Taylor NF**, McLean S. Determinants of non-adherence to exercise or physical activity in people with metabolic syndrome: A mixed methods review. *Patient Preference and Adherence*. 2023;17:311-329. [doi:10.2147/PFPA.S383482](https://doi.org/10.2147/PFPA.S383482)
19. **Elliott A**, Gibson S, Bauer J, **Cardamis A**, Davidson Z. Exploring overnutrition, overweight, and obesity in the hospital setting-A point prevalence study. *Nutrients*. 2023;15(10). [doi: 10.3390/nu15102315](https://doi.org/10.3390/nu15102315)
20. Ezzat AM, King MG, De Oliveira Silva D, Pazzinatto MF, Caneiro JP, Gourd S, McGlasson R, Malliaras P, **Dennett A**, Russell T, Kemp JL, Barton CJ. Co-development and evaluation of the musculoskeletal telehealth toolkit for physiotherapists. *Musculoskeletal Care*. 2023;e1840. [doi:10.1002/msc.1840](https://doi.org/10.1002/msc.1840)
21. Freeman-Sanderson A, **Morris, K**. (2023). Case study 5-6. Adult surgical management of metastatic lung cancer. *Tracheostomy and Ventilator Dependence in Adults and Children: Learning Through Cases Studies*, 171. ISBN13: 978-1-63550-389-0.
22. **Gibbs AJ**, Gray B, Wallis JA, **Taylor NF**, Kemp JL, Hunter DJ, Barton CJ. Recommendations for the management of hip and knee osteoarthritis: A systematic review of clinical practice guidelines. *Osteoarthritis Cartilage*. 2023;31(10):1280-1292. [doi.org/10.1016/j.joca.2023.05.015](https://doi.org/10.1016/j.joca.2023.05.015)
23. Goh SL, **Harding KE**, **Lewis AK**, **Taylor NF**, Carney PW. (in press)Self-management strategies for people with epilepsy: An overview of reviews. *Epilepsy & Behavior*. accepted November 2023.
24. **Gokhale S**, Taylor D, Gill J, Hu Y, Zeps N, Lequertier V, Prado L, Teede H, Enticott J. Hospital length of stay prediction tools for all hospital admissions and general medicine populations: Systematic review and meta-analysis. *Frontiers in Medicine (Lausanne)*. 2023;10:1192969. [doi:10.3389/fmed.2023.1192969](https://doi.org/10.3389/fmed.2023.1192969)
25. **Gokhale S**, Taylor D, Gill J, Hu Y, Zeps N, Lequertier V, Teede H and Enticott J. Hospital length of stay prediction for general surgery and total knee arthroplasty admissions: Systematic review and meta-analysis of Published Prediction Models. *Digital Health*. 2023;9:20552076231177497. [doi:10.1177/20552076231177497](https://doi.org/10.1177/20552076231177497)
26. Grimshaw SL, **Taylor NF**, Conyers R, Shields N. Promoting positive physical activity behaviours in children undergoing acute cancer treatment: feasibility of the CanMOVE intervention. *Brazilian Journal of Physical Therapy*. 2023 Dec 14:100577.
27. **Harding KE**, **Lewis AK**, **Dennett A**, Hughes K, Clarke M, **Taylor NF**. An evidence-based demand management strategy using a hub and spoke training model reduces waiting time for children's therapy services: An implementation trial. *Child: Care, Health and Development*. 2023;1-10. [doi:10.1111/cch.13154](https://doi.org/10.1111/cch.13154)
28. **Harding KE**, **Lewis AK**, **Taylor NF**. 'I just need a plan': Consumer perceptions of waiting for healthcare. *Journal of Evaluation in Clinical Practice*. 2023;29(6):976-983. [doi: 10.1111/jep.13821](https://doi.org/10.1111/jep.13821)
29. **Hatzipashalis S**. A Social worker's reflections on responding to traumatic stress in palliative care. *Journal of Social Work in End-of-Life & Palliative Care*. 2023;19(4)288-290. [doi:10.1080/15524256.2023.2198675](https://doi.org/10.1080/15524256.2023.2198675)
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57. **Thomas S**, **Catroneo S**, **Pham D**, **Kalogeropoulos R**, **Tyler J**, **Arunogiri S**. Social work in alcohol and other drug service navigation: supporting social complexity in dual diagnosis. *Advances in Dual Diagnosis*. 2023;16(2):107-118. [doi.org/10.1108/ADD-10-2022-0027](https://doi.org/10.1108/ADD-10-2022-0027)
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## Conference presentations

1. **Bowers B**, **Williams K**. New model of care: Rapid Face to Face Triage for clients discharged home. 15th National Allied Health Conference, Perth, Australia, August 2023.
2. **Breik L**. Tube Dietitian: a community-based home enteral nutrition (HEN) service. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.
3. **Breik L**. Nutrition Support in Adults on Home Enteral Nutrition. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.
4. **Breik L**. Blended Tube Feeding Formula Compared to Conventional Formula in Adults on Enteral Nutrition: A Systematic Review. 45th ESPEN Congress on Clinical Nutrition and Metabolism, France, September 2023.
5. **Poletti B**, **Moore G**. Exploring patient experience before the implementation of an enhanced recovery after surgery program. Auspen 2023, New Zealand, November 2023
6. **Carino S**. Sustainable food initiatives and priority areas for action in Global Green and Healthy Hospitals Pacific Region. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.

7. **Carino S**, Misale G, Egan M, Collins J. The origins of hospital food: Where does it come from and what do staff, patients and suppliers think about local food? Dietitians Australia Conference, Melbourne, Australia, July 2023.
8. Chou F, Ristovski S, Myers M, Wang S, **Carino S**. Promoting and Celebrating Conversion of Food Waste to Electricity at Eastern Health. Dietitians Australia Conference, Melbourne, Australia, July 2023.
9. **Collins J, Carino S**, Fulkner K, Cook N, Jengbluth L. How to design, conduct and analyse a food waste audit. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.
10. Cook N, Parra D, Theil C, **Collins J**. How to design, conduct and analyse a food waste audit. CleanMed 2023, Pittsburg, USA, May 2023.
11. **Dallimore S, Watts M, Quach J, Karunanayaka M, Donato M, Massarotti F, Griffiths D**. Monitor++: A SMS-based survey for post-operative follow-up of high-risk foot patients following minor foot amputation. Diabetes Feet Australia 2023 Conference, Sunshine Coast, Australia, October 2023.
12. **Dennett A**. 'The future is here': Implementing Telerehabilitation for Cancer survivors. 3<sup>rd</sup> International Conference for Physical Therapy in Oncology. Amsterdam, Netherlands, September 2023.
13. **Dennett A, Tan G**. Development and evaluation of an allied health cancer rehabilitation training package. 3<sup>rd</sup> International Conference for Physical Therapy in Oncology. Amsterdam, Netherlands, September 2023.
14. **Dennett A**. 'The future is here': implementing tele rehabilitation for cancer survivors. APA Physiotherapy IGNITE Conference, Brisbane, Australia, October 2023.
15. **Dennett A, Tan G**. Development and evaluation of an allied health cancer rehabilitation training package. Clinical Oncology Society of Australia Annual Scientific Meeting, Melbourne, Australia, October 2023.
16. **Dennett A**. The future is here: implementing exercise-based telerehabilitation for cancer survivors. Exercise workshop for high risk and vulnerable populations. Clinical Oncology Society of Australia Annual Scientific Meeting, Melbourne, Australia, October 2023.
17. **Dennett A**. Prehabilitation to improve outcomes after autologous stem cell transplant: The PIRATE Trial. Blood 2023. Melbourne, Australia, October 2023.
18. **Evans L, Nicks R**. The role of occupational therapy in a community rapid response team: An observational study. OTA 30<sup>th</sup> National Conference and Exhibition 2023, Cairns Australia, June 2023.
19. **Gibbs A**. Recommendations for the management of hip and knee osteoarthritis: a systematic review of clinical practice guidelines. APA Physiotherapy IGNITE Conference, Brisbane, Australia, October 2023.
20. **Gooden JR**. Beyond the ice: Differences in biopsychosocial risk factors and neuropsychological profiles among individuals with histories of alcohol or methamphetamine-polysubstance use. Monash Addiction Research Centre Symposium, Melbourne, Australia, May 2023.
21. **Gooden JR**. Predictors of cognitive functioning in presentations to a community based addiction neuropsychology service. Monash Addiction Research Centre Symposium, Melbourne, Australia, May 2023.
22. **Gokhale S**, Garth B, Taylor D, Webb-St Mart M, Zeps N, Enticott J, Teede H. Contextual factors in Delirium risk prediction and hospital length of stay: an Australian health service experience. Declared 2023 Sydney, Australia, Nov 2023.
23. **Haley M**. Implementation of World Guidelines for Falls Prevention and Management for Older People in the real world. APA Physiotherapy IGNITE Conference, Brisbane, Australia, October 2023.
24. **Harding KE**. What are we waiting for? A new approach to managing demand for outpatient and community services. 12<sup>th</sup> Australia Healthcare Week, Sydney, March 2023.
25. **Harding KE, Lewis A**, Hughes K, Clark M, **Taylor N**. Translating research to practice reduces waiting times for children's therapy services: A multi-site implementation trial of the STAT model for access and triage. Canadian Health service and Policy Research Conference, May 2023
26. **Harding KE, Lewis A, Taylor N**. "I just need a plan": Consumer perceptions of waiting for Healthcare Canadian Health service and Policy Research Conference, May 2023
27. **Harding KE**. Accelerating Research Translation: The ART of Evidence Based Care. Evidence Implementation Summit, Melbourne, Australia, October 2023.
28. **Harding KE**. The ART of evidence-based care. International Forum on Quality and Safety in Healthcare, Melbourne, Australia, October 2023.

29. **Haley M.** Real World Implementation of the World Guidelines for Falls Prevention and Management for Older Adults, “World Falls Guidelines: What’s new in risk prediction, gait assessment and exercise?” Symposium. Australia and New Zealand Falls Prevention Society & World Falls Congress, Perth, Australia, November 2023.
30. **Hyland S,** Hawke L, Taylor N. Benign paroxysmal positional vertigo is highly prevalent in patients presenting to falls clinics with and without dizziness: an observational study. APA Physiotherapy IGNITE Conference, Brisbane, Australia, October 2023.
31. **Hyland S.** Benign Paroxysmal Positional Vertigo is highly prevalent in falls clinic without dizziness. Australia and New Zealand Falls Prevention Society & World Falls Congress, Perth, Australia, November 2023.
32. **Joy A, Devlin A,** Callaway L, Lannin NA, Whittaker SL, Brusco NK. Determining recommendations for self-practice between supervised occupational therapy sessions: A Delphi Study. OTA 30<sup>th</sup> National Conference and Exhibition 2023, Cairns Australia, June 2023.
33. **Joy A, Harding K,** Lockwood K, Carey L. Electronic learning impact on knowledge. OTA 30<sup>th</sup> National Conference and Exhibition 2023, Cairns Australia, June 2023.
34. Luongo J, Annakis N, Raja R, **Mckinstry J,** Spanos D, De Silva O, Phillips S. Improving Nutrition Diagnosis Statements and Goal Setting in an Electronic Medical Record. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.
35. **Morris K,** Wilson J. Developing and maintaining clinicians' skills in tracheostomy management. Speech Pathology Australia 2023 National Conference, Hobart Australia, May 2023.
36. **Nesci J.** Helping systems to reflect: Secondary consultation to support working with complexity. XVIII Congress of the International Society for the Study of Personality Disorders, Sydney Australia, Nov 2023.
37. Moloney K, O’Keefe S, Alves-Stein S, Pendrey N, **Nicks R,** Lannin N. Capturing intricacies of vocational rehabilitation interventions provided after stroke: A survey of experienced allied health professionals. OTA 30<sup>th</sup> National Conference and Exhibition 2023, Cairns Australia, June 2023.
38. **Nicks R, Joy A.** Core business on subacute wards during the COVID-19 pandemic: A retrospective audit. OTA 30<sup>th</sup> National Conference and Exhibition 2023, Cairns Australia, June 2023.
39. **Osiurak S.** An interactive clinical supervision training program may improve the effectiveness of clinical supervision of physiotherapists: a randomised controlled trial. APA Physiotherapy IGNITE Conference, Brisbane, Australia, October 2023.
40. **Parsons E, Senserrick C, Taylor N.** Pilot of the Eastern Health physiotherapy triple s team - student support for stroke patients. APA Physiotherapy IGNITE Conference, Brisbane, Australia, October 2023.
41. **Peiris C, Harding K,** Porter J, Shields N, Gilfillan C, **Taylor N.** Hiding in plain sight: a cross-sectional study of metabolic syndrome and lifestyle risk factors in community rehabilitation. 15<sup>th</sup> National Allied Health Conference, Perth, Australia, August 2023.
42. **Pogrebnoy D.** Self-directed web-based programs are effective in improving physical activity and or diet quality for people living with chronic illness. A systematic review and meta-analysis. 15<sup>th</sup> National Allied Health Conference, Perth, Australia, August 2023.
43. **Porter J.** Peer review: a critical but oft-overlooked step in the journey to publication. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.
44. **Pryde K.** Effect of Multidisciplinary palliative rehabilitation on quality of life and health service outcomes: A systematic review and meta-analysis. 2023 Oceanic Palliative Care Conference. Sydney, Australia, September 2023.
45. Schneider E, Jolliffe L, **Nicks R,** O’Brien L, Lannin N. Are Cognitive Assessment of Minnesota (CAM) results associated with inpatients’ functional performance? OTA 30<sup>th</sup> National Conference and Exhibition 2023, Cairns Australia, June 2023.
46. **Silva H.** Long-term FODMAP diet outcomes: symptom control, quality of life and food-related quality of life. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.
47. **Silva H.** Disordered eating in irritable bowel syndrome and the FODMAP diet. Dietitians Australia 2023 Conference, Melbourne, Australia, July 2023.



48. **Stephen K.** Patients experiences' of bed-chair sensor alarms in falls prevention: A qualitative study. OTA 30th National Conference and Exhibition 2023, Cairns Australia, June 2023.
49. **Sullivan R.** "It can be very daunting": Hospital staff views on, and experiences on fall sin hospital patients with communication disability. 15<sup>th</sup> National Allied Health Conference, Perth, Australia, August 2023.
50. **Tan G.** Do cancer survivors maintain health benefits six to twelve months after exercise-based cancer rehabilitation? A systematic review and meta-analysis. APA Physiotherapy IGNITE Conference, Brisbane, Australia, October 2023.
51. **Watts M.** Eastern Health High Risk Foot Service Inaugural Database and Access to Service. 9th International Symposium on the Diabetic Foot (ISDF), The Hague, Netherlands, May 2023.
52. **Watts M.** What Cannot be Measured Cannot be Improved – Setting the Standard for Interdisciplinary High Risk Foot Care in Australia – NADC Standards.' 9th International Symposium on the Diabetic Foot (ISDF), The Hague, Netherlands, May 2023.
53. **Watts M.** Eastern Health High Risk Foot Service Database and HARP ED Diversion Pathway. Diabetes Feet Australia 2023 Conference, Sunshine Coast, Australia, October 2023.
54. **Wong S, Watts M, Dallimore S.** A Partnership with Alice Springs Hospital High Risk Foot Service: Learnings and Reflections. Diabetes Feet Australia 2023 Conference, Sunshine Coast, Australia, October 2023.