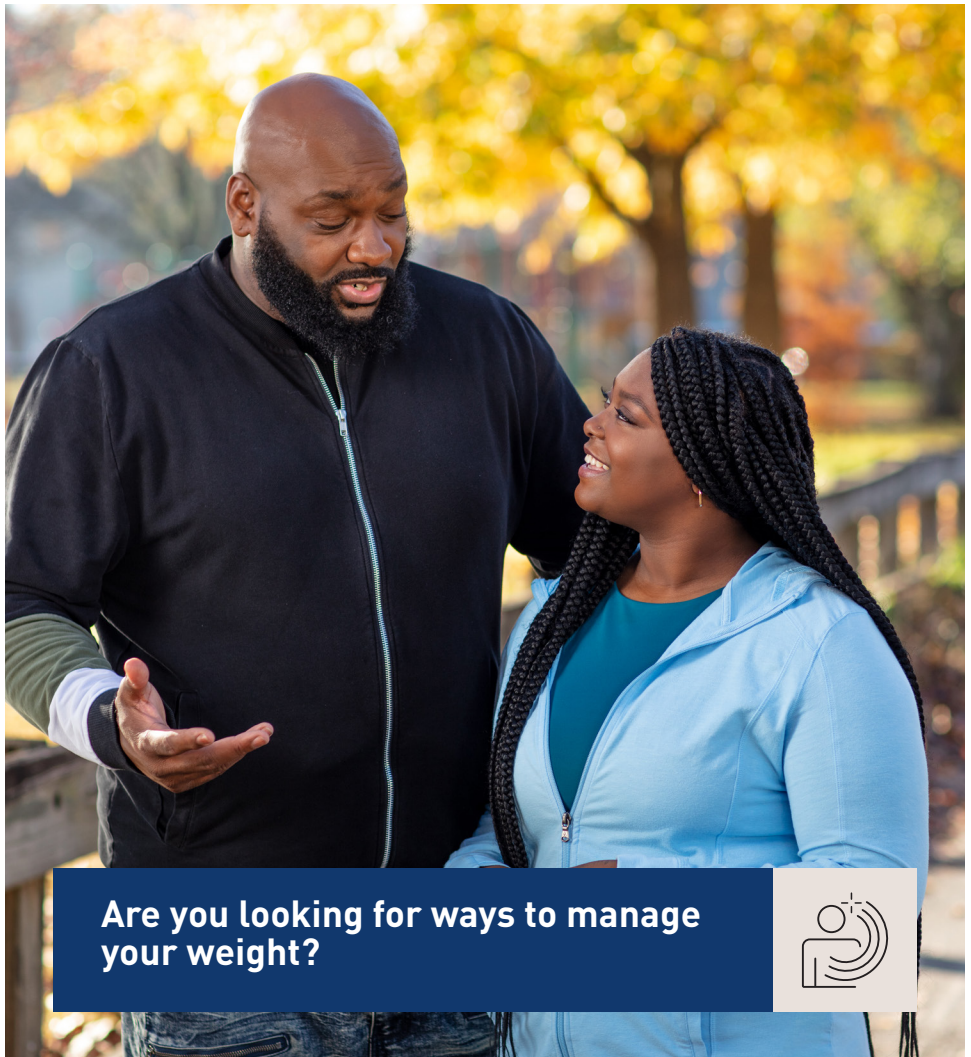


A clinical research study for people with excess weight and type 2 diabetes

ATTAIN-2



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Are you looking for ways to manage your weight?



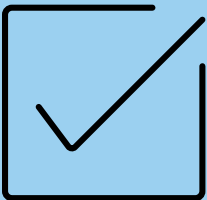
Searching for ways to help people with excess weight and type 2 diabetes



Doctors and researchers are trying to find medicines that can help people with excess weight and type 2 diabetes. Clinical research studies like the **ATTAIN-2** study are an important part of this work.

This brochure will explain the purpose of clinical research studies. It will help you decide if the **ATTAIN-2** study might be right for you.

We hope this information will help you understand your options and take action.



If you have excess weight and type 2 diabetes, the ATTAIN-2 study may be for you!

What is a clinical research study?

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A clinical research study is a medical study that helps to answer important questions about investigational medicines, such as:

- » **Does it work?**
- » **Are there side effects?**
- » **Is it safe?**
- » **How does it compare to other medicines?**

All medicines must be tested in clinical research studies before they can be approved for doctors to give to all patients.

Without people taking part in these studies, we would not have new medicines.

Investigational medicine is a medicine that is being tested. It has not yet been approved for doctors to give to all patients.

Placebo looks the same as the investigational medicine but does not have any real medicine in it.

Excess weight and weight management

In the past, changing what you eat and increasing the amount of physical activity you do were the main weight management options. The **ATTAIN-2** study is testing a new way to help people lose weight.

Researchers think that the investigational medicine may help people with excess weight manage their weight.

The investigational medicine is a type of medicine known as GLP-1 receptor agonist. GLP-1 receptor agonists encourage the body to make insulin and are used in the treatment of type 2 diabetes. They are also used to support weight management in people with excess weight.

People with excess weight are more at risk for health conditions like type 2 diabetes, heart disease, high blood pressure and high cholesterol.

Losing weight could help you manage health conditions like type 2 diabetes and improve your health.

What is the **ATTAIN-2** study and what does it involve?

The **ATTAIN-2** study will test how safe and well an investigational medicine works for people with excess weight and type 2 diabetes.

If you decide to take part in the **ATTAIN-2** study, you will be randomly assigned (that is by chance) to get the investigational medicine or placebo.

You will take a study medicine tablet once a day.

The study will last about one year and 7 months.

During the study you will attend visits with doctors and researchers. These visits will either be in-person at the clinic, or by phone or video call.

All participants in the ATTAIN-2 study will have access to:

- ✓ doctors and researchers specialised in weight management and diabetes management
- ✓ health checks
- ✓ healthy nutrition and physical activity advice
- ✓ diabetes education.

The ATTAIN-2 study has 3 main study periods

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Screening period

Up to 3 weeks before study treatment period, 2 planned clinic visits

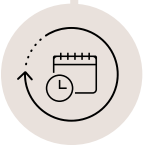
To check if the study is right for you



Study treatment period

About 72 weeks long, 11 clinic visits and 8 telehealth visits

You will take one study medicine tablet each day



Follow-up period

About 2 weeks after the study treatment period, one planned clinic visit

Final study health and safety checks

Fasting is an important part of this study. If you cannot fast, you may not be able to take part in this study.

Female participants who can get pregnant must use effective birth control during the study. Male participants may need to use birth control depending on the medical guidance in their country.

Why should I think about joining this study?

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A medicine might work differently depending on other health conditions a person might have, and sometimes on their race, gender and ethnicity. It is important to test an investigational medicine in all people it is meant to help. This means we need a diverse group of people to take part in the clinical research study.

What are the possible benefits of taking part?

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The benefits of taking part in the **ATTAIN-2** study are:

- » **getting actively involved in medical research**
- » **helping others with excess weight by advancing medical research.**

If you choose to take part, you will get at no cost to you:

- » **all study-related medicines**
- » **all study-related care and check-ups**
- » **access to specialised doctors and researchers**
- » **a healthy nutrition and physical activity plan**
- » **diabetes education.**

You do not need to have private health insurance to take part in the ATTAIN-2 study.

Can I take part in this study?

Yes, you may be able to take part in the **ATTAIN-2** study if you:

- ✓ are aged 18 years or older
- ✓ have type 2 diabetes
- ✓ have excess weight (BMI of 27 or more).

BMI stands for **body mass index**. It is a number that compares a person's weight to their height. It can be used to tell if a person may be at risk of some health conditions. If you do not know what your BMI is, you can ask your doctor.

Can I change my mind about taking part?

Taking part in the **ATTAIN-2** study is your choice. If you decide to take part, you may leave the study at any time for any reason.