

# Our Services

## COMMUNITY HEALTH



If you have any English Language difficulties, please ask staff to book an interpreter. From home contact the **free** Telephone Interpreter Services on **03 9605 3056**. Ask staff if this information is available in your preferred language.



Eastern Health Community Health aims to promote better health by working with you to improve your wellbeing. We do this through one-to-one and group programs below.



### Health Services for Adults

- ✓ Asthma Education
- ✓ Counselling
- ✓ Diabetes Education
- ✓ Needle and Syringe Exchange Program
- ✓ Dietitian - Nutrition
- ✓ Occupational Therapy
- ✓ Physiotherapy
- ✓ Podiatry – foot health
- ✓ QUIT smoking counselling
- ✓ Respiratory Support

### Child and Family services

- ✓ Children’s Dietitian
- ✓ Children’s Occupational Therapy
- ✓ Children’s Physiotherapy
- ✓ Children’s Speech Pathology
- ✓ Children’s Counselling
- ✓ Healthy Mothers Healthy Babies

## Health and Wellbeing groups

- ✓ The Better Mental Health Program
- ✓ Mother and Baby Program (after birth exercise and education)
- ✓ Mums in Training (prenatal exercise)
- ✓ Strong & Steady (Healesville & Yarra Junction)
- ✓ Good Life with Osteoarthritis: Denmark for Australia (GLA:D) program

## Other Services

- ✓ GP clinic, including After Hours service
- ✓ Renal Dialysis
- ✓ Pathology
- ✓ Radiology
- ✓ Surgery
- ✓ Specialist Outpatient clinics
- ✓ District Nursing
- ✓ Aboriginal Health team
- ✓ Community Shower

If you are unsure which service you require, we can help you find the right service. If we are unable to help you, we will direct you to a service that can.

## What are the costs?

Our services are for low and medium income earners.

*Fees depend on the service:*            ■ Low income - \$11                    ■ Medium income- \$17  
(Please note that the Community Health income ranges are based on the Centrelink Income Test for pensioners)

*Due to high demand there may be a waiting time for this service. Please speak with us about the wait times for our services.*

## For Further Information

Phone: 1300 130 381 Option 4 Monday – Friday 9.00am – 4.30pm

Email : [communityhealth@easternhealth.org.au](mailto:communityhealth@easternhealth.org.au)

## Location details:

**Please note: Not all services are available at all sites.**

- **Healesville Hospital & Yarra Valley Health**  
**377 Maroondah Hwy, HEALESVILLE 3777**
  - Bus Stop (corner Eadie Avenue & Maroondah Hwy)
  - Free car parking onsite
- **Upper Yarra Family Centre,**  
**2444 Warburton Hwy, YARRA JUNCTION 3797**
  - Free car parking onsite

- **Maroondah Community Health**  
**24 Grey Street, RINGWOOD 3134**
  - Limited parking available onsite
  - 2 hour street parking available
  - Paid car park across the road
- **Community Rehabilitation Centre, Angliss Hospital,**  
**corner Talaskia Rd and Edward St, UPPER FERNTREE GULLY 3156**
  - Free 2hr Street parking available
  - Paid car park across the road

Website: <https://www.easternhealth.org.au/locations/healesville-hospital-and-yarra-valley-health>



If you have any feedback or suggestions on how to improve this information sheet, please contact [brochure.request@easternhealth.org.au](mailto:brochure.request@easternhealth.org.au)