

## What are the costs?

The Department of Health prescribes the Community Health fees. The level of fees you will have to pay is dependent on your income and whether you have a concession card. Priority is given to health care card and pension card holders.

**In cases of financial hardship, fees may be negotiable.**

## What services are free?

- Counselling consultations
- Interpreter services
- Children's services for low income families
- Youth Services
- Women's Health consultations

Due to demand for services there may be a waiting time for some services.

For more information call: 1300 130 381

Yarra Valley Community Health is committed to providing quality health services to the community and invites service users to provide feedback.

## Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and disclose information about you only when required by law.

We comply with relevant information and privacy legislation. If you would like more information, please ask a staff member or visit our web site [www.easternhealth.org.au](http://www.easternhealth.org.au)

Eastern Health is accredited by the Australian Council on Healthcare Standards.



If you have any English language difficulties, please ask staff to book an interpreter. From home, you can contact us directly by using the Telephone Interpreter Service 13 1450. Interpreter services are provided free of charge. Ask staff to check if this information is available in your preferred language.

Email: [yvchs@easternhealth.org.au](mailto:yvchs@easternhealth.org.au)  
Website: [www.easternhealth.org.au](http://www.easternhealth.org.au)

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Yarra Valley Community Health

# OUR SERVICES

## Four Convenient Locations

- White Street,  
Healesville 3777  
(behind the hospital)
- Eastend Shop 2 / 297  
Maroondah Hwy  
Healesville 3777
- 2475 Warburton Hwy  
Yarra Junction 3797
- Aboriginal Health Service  
Eastend 305-307  
Maroondah Hwy  
Healesville 3777

Mailing Address:  
P.O Box 1247  
Healesville VIC 3777  
**Ph: 1300 130 381**

# FOUR CONVENIENT LOCATIONS – YARRA VALLEY COMMUNITY HEALTH

Yarra Valley Community Health aims to promote great health by working with you to improve your physical, social and emotional wellbeing. We provide individual appointments as well as group programs. We also offer health promotion and education programs for the community and partner with community organisations and groups to deliver this.

## Health services for adults

- Counselling
- Diabetes Education
- District Nursing
  - Contenance Advice
  - Wound Management
- Early Intervention Programs for Chronic Disease
  - 'Healthy Living' (Diabetes)
  - 'Lungs for Life' (Respiratory)
- Family Violence Services
- Needle and Syringe Program
- Nutrition and Dietetics
- Occupational Therapy
- Physiotherapy
- Podiatry – foot health
- QUIT Counselling

## Child & family services

- Children's Dietetics
- Children's Occupational Therapy
- Children's Physiotherapy

- Children's Speech Pathology
- Healthy Mothers, Healthy Babies Program
- Mum's Day Out
- Well Women's Clinic (Women's Health Clinic)

## Youth services

- Community Health Nurse
- Counselling
- Youth Health Clinic (Upper Yarra Secondary College)
- Young Parents Supported Playgroup

## Health and wellbeing groups

- Carer Support Program
- Community Garden
- Community Kitchen
- Gentle Water Exercise
- Managing Depression & Anxiety
- Mums In Training (pregnancy exercise)
- Mother & Baby Program (postnatal exercise and education)
- Strength Training for Older Adults (Healesville & Warburton)
- Tai Chi for Arthritis
- Planned Activity Groups for Seniors
  - 'Out and About' Programs
- Volunteer Program

## Aboriginal Health

- Home and Community Care Program
- Health Screening
- Counselling and Referrals
- Drug and Alcohol Support
- Case Management



## Contact us for information

If you are unsure which services you require, our Service Coordinators can offer guidance.

Our 'No Wrong Door Policy' ensures that if we cannot help you, we will direct you to a service better suited to your needs.

Our Service Coordinator is available to assist you personally or by telephone at the following times:

Monday – Friday  
9.00am – 5.00pm

Call **1300 130 381**  
Fax: 5962 1458