

WHAT IS POST ACUTE CARE

A state government funded program that provides short term services to help people recover at home after discharge from a public hospital.

Post Acute Care (PAC) aims to:

- **Support healing and recovery at home**
- **Fill the gap until longer term services commence**
- **Provide a flexible service that responds to each client's individual needs**

A variety of services can be arranged and funded for a time limited period such as:

Home Care
Personal Care
Shopping Assistance
Nursing
Physiotherapy
Respite Care

If you live outside the Eastern catchment area a PAC coordinator will refer you to the relevant PAC program.

Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and disclose information about you only when required by law.

We comply with relevant information and privacy legislation. If you would like more information, please ask a staff member or visit our web site www.easternhealth.org.au

Eastern Health is accredited by the Australian Council on Healthcare Standards



If you have any English language difficulties, please ask staff to book an interpreter. From home, you can contact us directly by using the Telephone Interpreter Service 9605 3056. Interpreter services are provided free of charge. Ask staff to check if this information is available in your preferred language.



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EASTERN POST ACUTE CARE

Angliss Hospital	9764 6172
Box Hill Hospital	9895 3403
Maroondah Hospital	9871 3679
Peter James Centre	9881 1815

(Patients outside of Eastern Health contact Peter James Centre)

EASTERN HEALTH POST ACUTE CARE PROGRAM

A Post-Acute Care Coordinator will assess, arrange and monitor a personalised plan of care which takes into account your individual requirements.

With your signed consent to services, your GP will be notified of the services you receive under the Eastern Health PAC program.

You are eligible if you:

Reside within the City of Knox, Manningham, Maroondah, Whitehorse or Shire of Yarra Ranges.

Fees:

PAC services are free - however you may be required to contribute to the costs of things such as wound dressings or the purchase of appropriate equipment.

Please note that most ongoing community services are required to charge a small client contribution.

The service providers that PAC have organised to assist you at home are indicated below:

Personal Care/Home help

- Omnicare 9484 8102

Nursing

- RDNS Rally 1300 33 44 55

Physiotherapy

- Angliss CRP 9764 6229
- Peter James CRP 9881 1842
- Wantirna CRP 9955 1227
- Yarra Ranges Health 9091 8888

Other Provider:

Should you have any questions or concerns please contact your Post-Acute Care Coordinator

Medical Assistance

Should you experience an alteration in your medical condition whilst at home please contact your local GP for advice.

In the event of a medical emergency dial “000” or attend your local Emergency Department.

If you attend a hospital emergency department or are admitted to hospital please inform hospital staff that you are a client of Eastern PAC.