BASICS

SOMALI

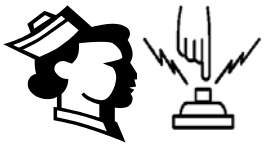
YES/HAA

NO/MAYA

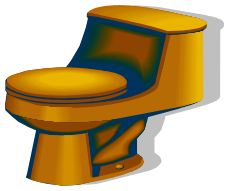
UNSURE/MA HUBO

NO SMOKING / SIGAAR LAMA CABI KARO

STOP /JOOGSO



CALL NURSE / WAC KALKAALISO CAAFIMAAD



TOILET / MUSQUL

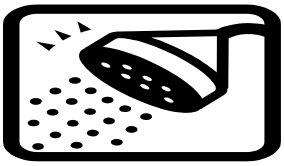
HELP / CAAWIN

MEALS AREA / GOOB CUNTO

THERAPY / DABIICI KU DAWAYN

BED PAN / WEELKA SAXARADA

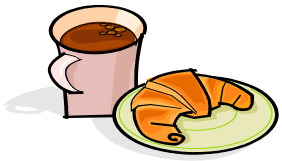
BRUSH / CADAY GAALAAD



SHOWER / BIYO ISKU SHUBID

HOT DRINK / CABID KULUL

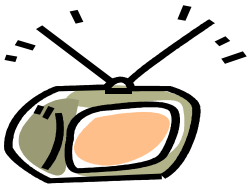
COLD DRINK / CABITAANKA QABOW



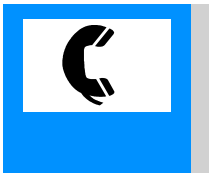
HUNGRY/ GAAJO

WATER / BIYO

TOOTH BRUSH / QORIGA CADAYNGA



TELEVISION / TELIFISHAN



TELEPHONE / TELEFOON

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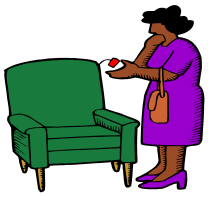
INSTRUCTIONS

SOMALI



STAND UP/
ISTAAG

SIT DOWN /
FADHIISO

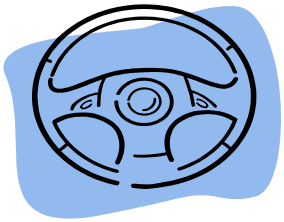
URINE / KAADI

FAECES / SAXARO

LIE DOWN/JIIFSO

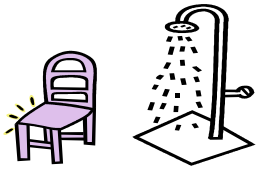
SIT UP/ KAC

COUGH / QUFAC



DRIVE / WADID

TURN / WAREEJI



SHOWER CHAIR /
KURSIGA
QUBAYSKA

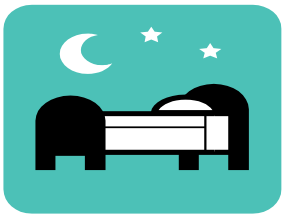
WASH / DHAQ

WASH IN BED
/SARIIR UGU
QUBAYNTA

EXERCISE /
JIMICSI

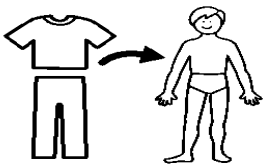
DEEP BREATH /
NEEF QAADASHO

CUT NAILS /
CIDIYA JARE



SLEEP / HURDO

WALK / SOCOD



DRESS / LEBIS

UNDRESS / ISKA
BIXIN

SPIT / TUF

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FAMILY

SOMALI

HUSBAND / SEY

WIFE / XAAS

FATHER / AABBE

MOTHER / HOOYO

SON / QOF WIILKIIS

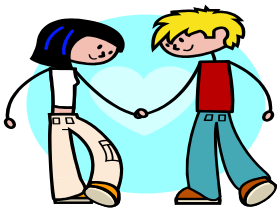
DAUGHTER / QOF GABDHIIS

BROTHER / WALLAAL

SISTER / WALLAAL GABAR AH

GRANDFATHER / AWOOWE

GRANDMOTHER / AYEEYO



CHILDREN / CARRUUR

PETS / MARABI

FAMILY / QOYS

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COMMUNITY

SOMALI

HOME / GURI

HOSPITAL/ ISBITAAL

WORK / SHAQO

COUNTRY / WADAN

INSIDE / GUDAHA

OUTSIDE / DIBADA

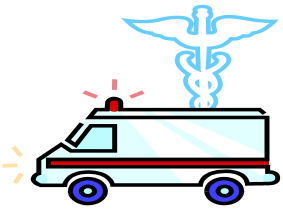
BEDROOM / QOLKA JIIFKA

KITCHEN / JIKO

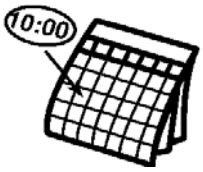
CAR / GAARI

TAXI / TAKSI

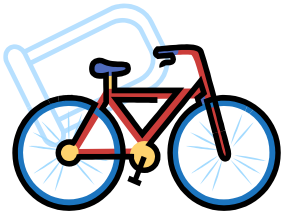
BUS / BAS



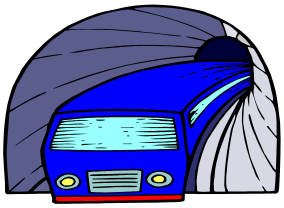
AMBULANCE / AMBALANSI



APPOINTMENT / BALLAN



BICYCLE / BAASKIIL



TRAIN / TAREEN

SCHOOL / DUGSI

STEPS / JARANJARO

STAIRS/ JARANJARO

FALL / DHICID

COOK / KARIN

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DESCRIPTIONS

SOMALI

HOT / KULAYL

COLD / QABOW

DIZZY / WAREER

CONFUSED / DAYAAN/ISKU QASAN

HAPPY / FARXAD

SAD / KA XUN

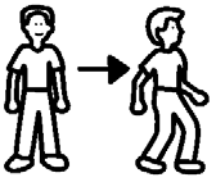
SCARED / BAQSAN

ANGRY / XANAAQ

TIRED / DAALAN

PAIN / XANNUUN

RELAXED / DEGAN



LEAVING / TEGAYA

GOOD/WANAAG

BAD/XUMAAN

SLOW / GAABIN

FAST / DHEERAYN

LEFT / BIDIX

RIGHT / MIDIG

UP / KOR

DOWN / HOOS

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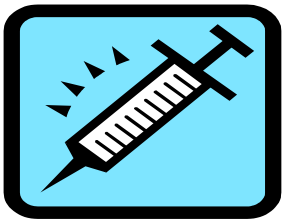
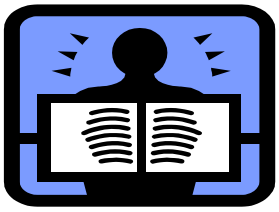
MEDICAL

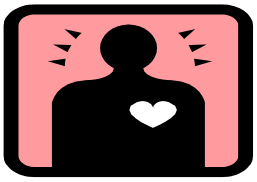
SOMALI



INJECTION / IRBAD



X – RAY/ RAAJO



ECHOCARDIOGRAM CABIRIDA SHAQADA WADNAHA

TEMPERATURE /XARAARADA

MEDICATION / DAAWO

BLEEDING / DHIIG BAX

HIGH BLOOD PRESSURE/ DHIIG KAR

LOW BLOOD PRESSURE / DHIIG KAR

BLOOD TEST / EEGIDA DHIIGA

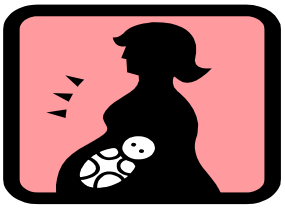
RASH / FURUURUC

WOUND / DHAAWAC

CHANGE DRESSING / BEDELIDA DUUBIDA

OPERATION / QALIIN

NEUROLOGY TEST – BAARIDA MASKAXDA



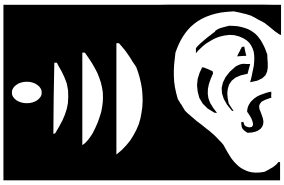
MATERNITY / DHALIDA

WEIGHT / MIISAANKA

DIABETES/ SONKOROW

ALLERGY/ XASAASIYAD

EYE TEST / BAARIDA INDHAHA



HEARING TEST / BAARIDA MAQALKA

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OBJECTS

SOMALI

MIRROR / MURAAYAD

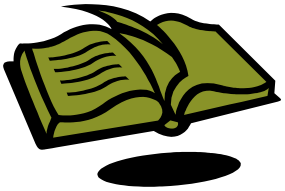
RADIO/RAADIYE

CLOCK / SAACAD

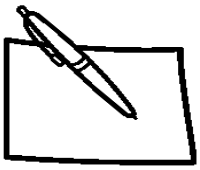
LIGHT / NAL

NEWSPAPER/ JARAAID

MAGAZINE / MAGASIIN

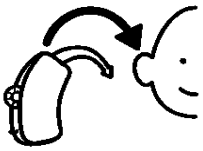


BOOK / BUUG



PEN / PAPER/ QALIN

GLASSES / OOKIYAALO



HEARING AID / QALABKA MAQALKA

DENTURES / ILKO AAN DABIICI AHAYN

BLANKET / BUSTE

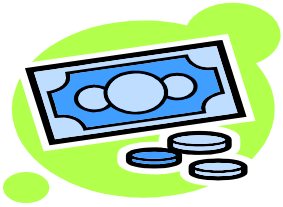
WHEELCHAIR / KURSIGA

WALKING STICK / UL

WALKING FRAME/ AALAD LAGU SOCDO

CRUTCHES / UL LAGU BOODO

SPLINT / KABNIIN



MONEY/LACAG

JEWELLERY/ QALAB LA XIRT0

CIGARETTE / SIGAAR

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PEOPLE

SOMALI

DOCTOR / DHAKHTAR

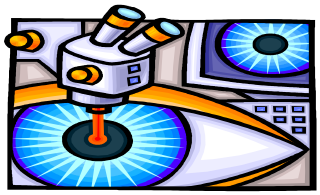
NURSE / KALKAALISO CAAFIMAAD

PAEDIATRICIAN /DHAKHTARKA CARRUURTA

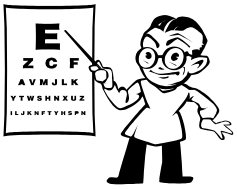
AUDIOLOGIST / DHAKHTARKA MAQALKA

PSYCHOLOGIST / DHAKHTARKA NAFSAANIGA

PSYCHIATRIST / DHAKHTARKA MASKAXDA



OPHTALMOLOGIST/ INDHA YAQAAN



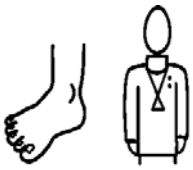
OPTOMETRIST / DHAKHTARKA ARAGA

PHYSIOTHERAPIST/ DABIICI KU DAWAYN

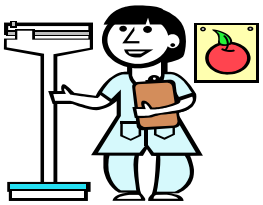
OCCUPATIONAL THERAPIST / MIHNAD U DAWAYN

SPEECH THERAPIST/ DAWAYNTA INDHAHA

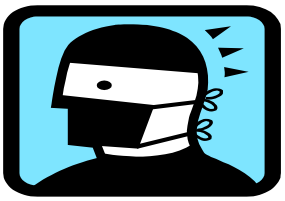
SOCIAL WORKER /U ADEEGAHA BULSHADA



PODIATRIST / LUGA YAQAAN

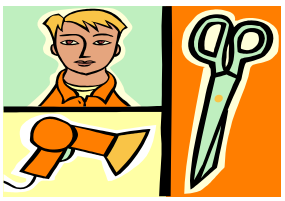


DIETICIAN /CUNT0 YAQAAN



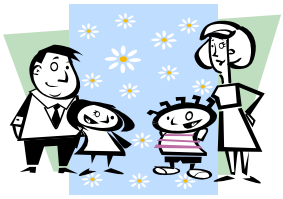
SURGEON / QALE

MASSEUR / DUUGE

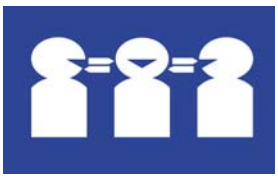


HAIRDRESSER / TIMA JARE

TEACHER / BARE



VISITORS / BOOQDAYAAL



INTERPRETER / MUTARJUM

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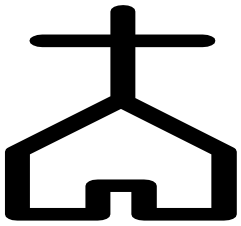
RELIGION

SOMALI

CHRISTIAN / KIRISTAAN

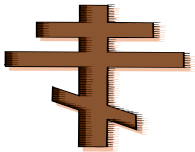


CHURCH / KANIISAD

PRIEST / WADAAD

CATHOLIC / KAATOLIG

ORTHODOX / ORTADOKIS



RUSSIAN ORTHODOX/ ORTADOKISKA RAASHKA

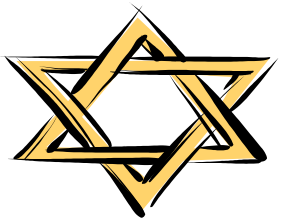
BIBLE/KITAAB

CHAPEL/ WADAAD

MUSLIM / MUSLIM

PRAY / SALAAD

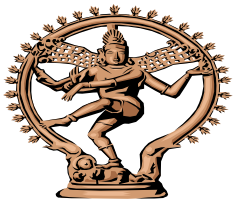
IMAM / IMAAM



JEWISH / YUHUUD

SYNAGOGUE / RUGTA CAABUDIDA EE YUHUUDA

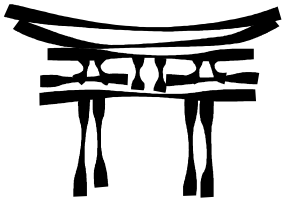
RABBI /WADAADKA YUHUUDA



HINDU /HINDUU

BUDDHIST / BUUDIISTE

MONK/MONKI



SHINTO/ SHINTO

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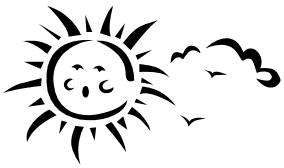
TIME

SOMALI

TIME / WAQTI



DAY / MAALIN

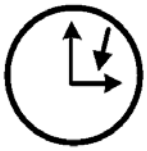
NIGHT / HABEEN

MINUTE / DAQIIQAD

YESTERDAY / SHALAY

TODAY / MAANTA

TOMORROW / BERI



HOUR / SAACADA

x 1

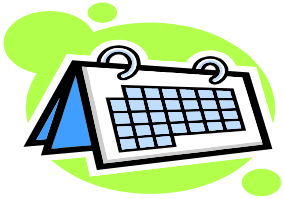
ONE TIME / HAL MAR

x 2

TWO TIMES / LABA JEER

x 3

THREE TIMES / SADDEX JEER



MONTH / BIL

Su M T W

Th F Sa

WEEK / ASBUUC

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DAYS

SOMALI

Monday/ ISNIIN	Tuesday/ TALAADA	Wednesday/ ARBACA	Thursday/ KHAMIIS
Friday/ JIMCE	Saturday/ SABTI	Sunday/ AXAD	

MONTHS/BILAHA

January/ JANAAYO	February/ FEBRAAYO	March/ MAARSO	April/ ABRIIL
May/MAY	June/ JUUN	July/ JUULAY	August/AGO OSTO
September/ SEBTEEMBAR	October/ OKTOOBAR	November/ NUFEEMBAR	December/ DISEEMBAR

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31									

Level of Pain / Heerka xannuunka

1 2 3 4 5 6 7 8 9 10

LOW/HOOS **BAD/DARAN**

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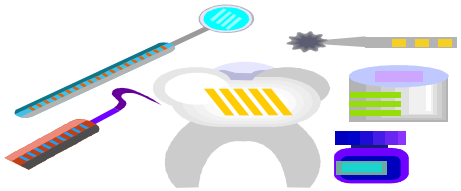
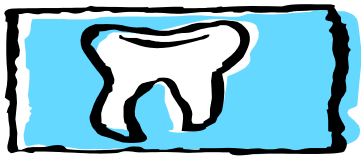
DENTAL

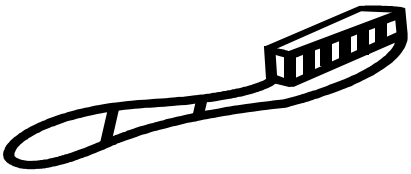
SOMALI



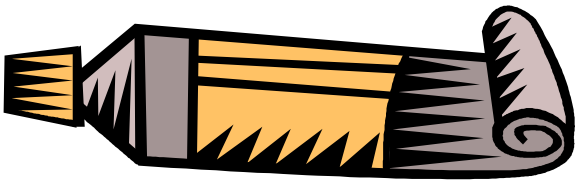
DENTIST/ ILKA YAQAAN



TOOTH/ ILKOH

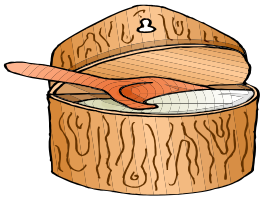


TOOTHBRUSH/
CADDAY GAALAAD

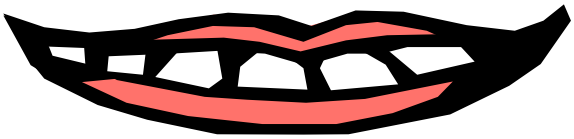


TOOTHPASTE/
DAAWADA ILKAHA

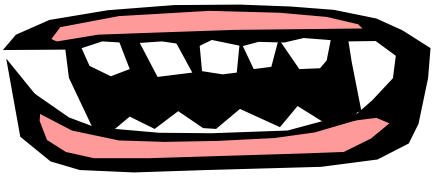
BOTTLE/ DHALO



SUGAR/ SONKOR

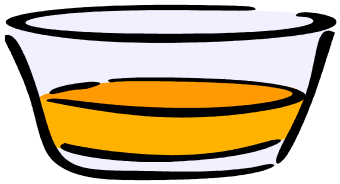


GOOD TEETH / ILIG
FIICAN



BAD TEETH/ ILIG XUN

FRUIT/ **FURUT**



WATER/ BIYO

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