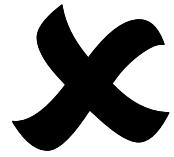


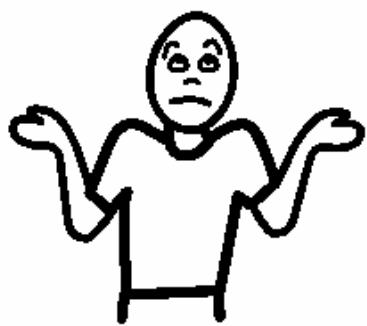
# BASICS



YES  
ඔවුන්



NO  
නැතු



UNSURE  
දැන්නේ නැහැ

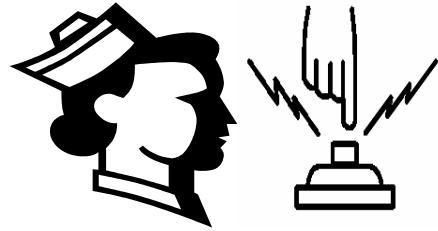


NO SMOKING  
සුම්බීම තහනම්

# BASICS



**STOP**  
නවතිනු



**CALL NURSE**  
හෙදියට කතාකරන්න



**TOILET**  
වැකිකිලිය



**HELP**  
උදවී කරන්න

# BASICS



**MEALS AREA**  
කශම පෙදෙස



**THERAPY**  
ප්‍රතිකාරය

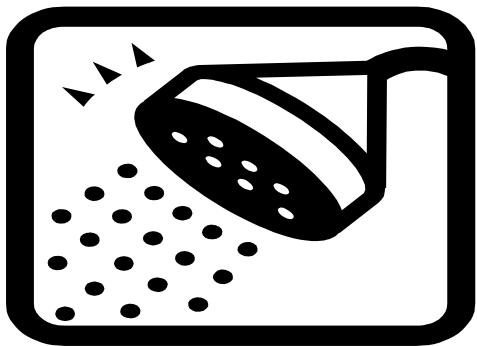


**BED PAN**  
ගේලන් මල මූතු බලන



**BRUSH**  
බුරුසුව

# BASICS



**SHOWER**  
රු මල



**HOT DRINK**  
ලතුකුම් බීම



**COLD DRINK**  
ඁේතු බීම



**HUNGRY**  
බඩාගින්න

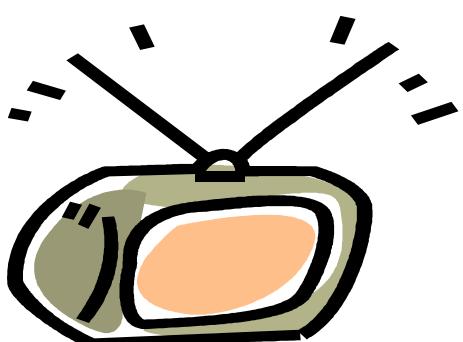
# BASICS



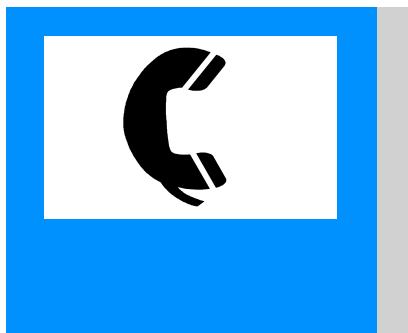
**WATER**  
ඡලය



**TOOTH BRUSH**  
දත් බුරුසුව



**TELEVISION**  
රූපවාහිනී



**TELEPHONE**  
දුරකථනය

# INSTRUCTIONS



**STAND UP**  
හිටගන්න



**SIT DOWN**  
ඉදගන්න

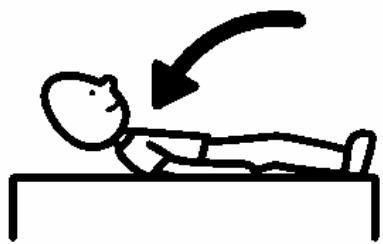


**URINE**  
මුතා

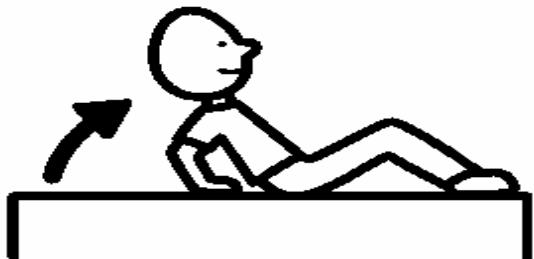


**FAECES**  
මැ

# INSTRUCTIONS



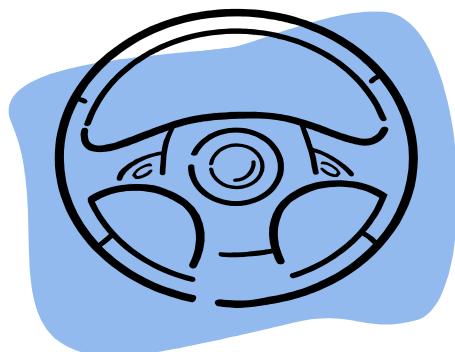
LIE DOWN  
අසුවෙන්න



SIT UP  
කෙලීන් ඉදගන්න

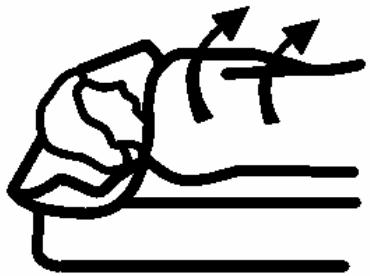


COUGH  
කහින්න

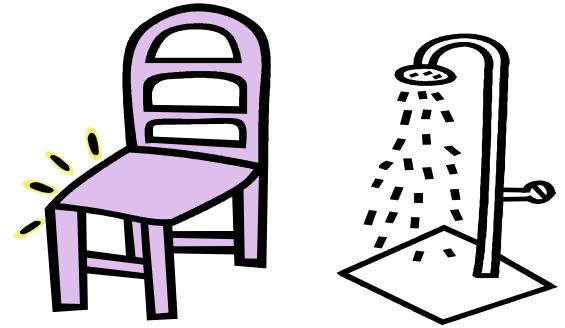


DRIVE  
රිය පද්ධත්න

# INSTRUCTIONS



**TURN**  
හැරෙන්න



**SHOWER CHAIR**  
තාන පුවුව



**WASH**  
සේදනවා



**WASH IN BED**  
අභේදී සේදනවා

# INSTRUCTIONS



**EXERCISE**  
වත්‍යාම



**DEEP BREATH**  
දිග තුස්ම



**CUT NAILS**  
නීය කපන්න

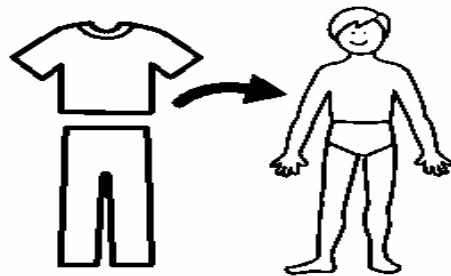


**SLEEP**  
තිදෙන්න

# INSTRUCTIONS



**WALK**  
අභ්‍යන්තර



**DRESS**  
අභ්‍යන්තර අදින්න



**UNDRESS**  
අභ්‍යන්තර ගෙවන්න



**SPIT**  
කෙළ ගෙන්න

# FAMILY



HUSBAND  
සැමියා



WIFE  
බරීදු



FATHER  
මියා



MOTHER  
මෙව

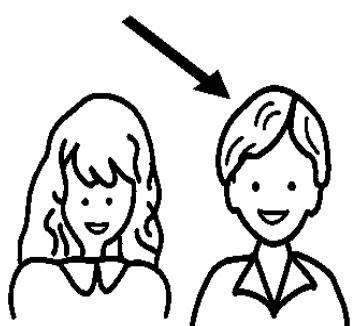
# FAMILY



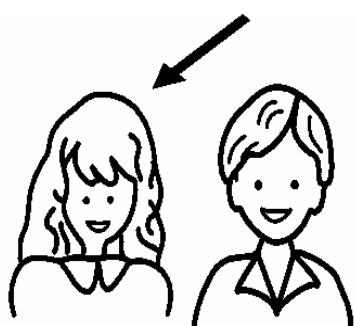
**SON**  
ඡ්‍රතා



**DAUGHTER**  
දෙව



**BROTHER**  
සහේදරයා



**SISTER**  
සහේදරිය

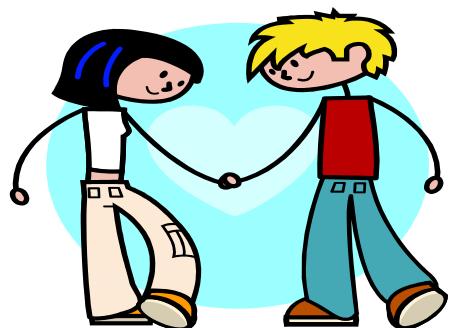
# FAMILY



**GRANDFATHER**  
කියා



**GRANDMOTHER**  
අංචිලි



**CHILDREN**  
පුතුන්



**PETS**  
සුරතල් සතුන්

*Sinhalese*

# FAMILY

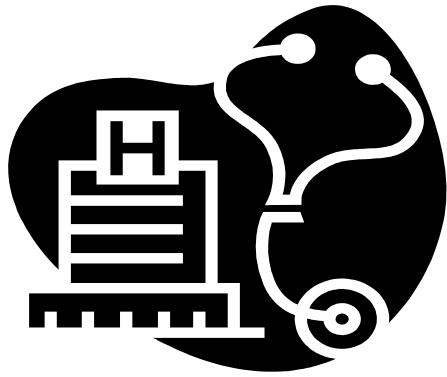


**FAMILY**  
ඡැලී

# COMMUNITY



**HOME**  
නිවස



**HOSPITAL**  
රෝගීලු

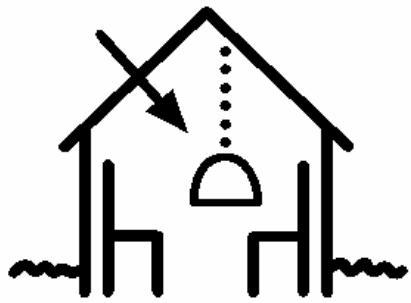


**WORK**  
වැඩ



**COUNTRY**  
දාම

# COMMUNITY



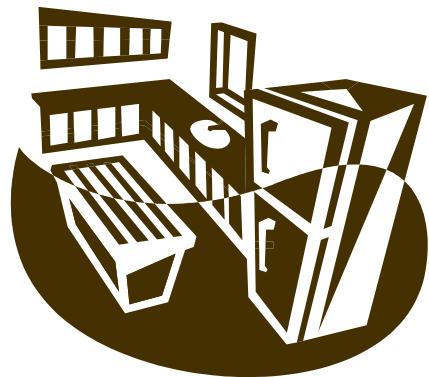
**INSIDE**  
අභ්‍යන්තර



**OUTSIDE**  
පිටත



**BEDROOM**  
නිදන කාමරය



**KITCHEN**  
කුක්සීය

# COMMUNITY



CAR  
වාහනය



TAXI  
කුලී වාහනය

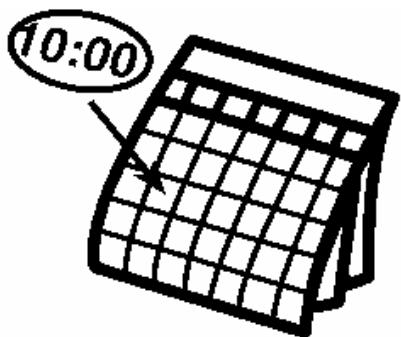


BUS  
බස් රථය



AMBULANCE  
ගිලක් රථය

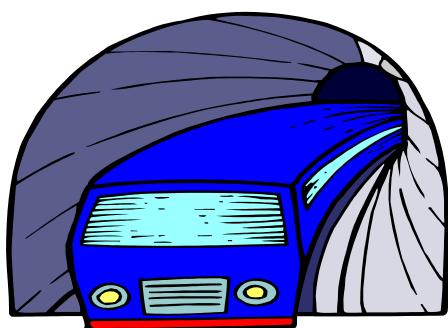
# COMMUNITY



**APPOINTMENT**  
නියමිත වේලාව



**BICYCLE**  
බඳසිකලය

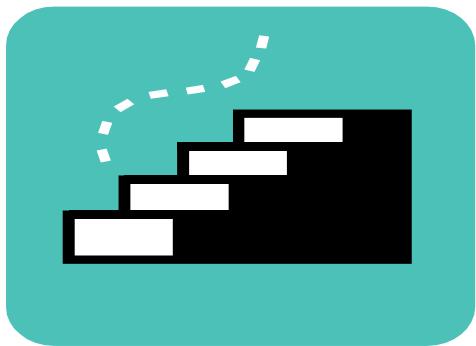


**TRAIN**  
දුම්රිය



**SCHOOL**  
පාසැල

# COMMUNITY



**STEPS**  
පඩි පෙළ



**STAIRS**  
තරජ්‍ය පෙළ

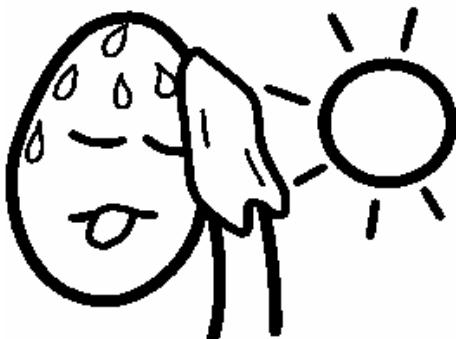


**FALL**  
වැටීම



**COOK**  
ତିକିତ୍ସା

# DESCRIPTION



HOT  
ලැංන



COLD  
කිංග



DIZZY  
හිස කටරකිලි සහිත



CONFUSED  
වනාකුල

# DESCRIPTION



HAPPY  
සතුව



SAD  
දක



SCARED  
බිය



ANGRY  
කෝපය

# DESCRIPTION



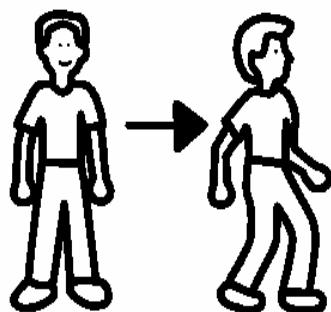
**TIRED**  
මහන්සිය



**PAIN**  
වේදනාව



**RELAXED**  
පහසුවෙන්

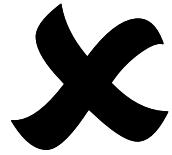


**LEAVING**  
හිට්වීම

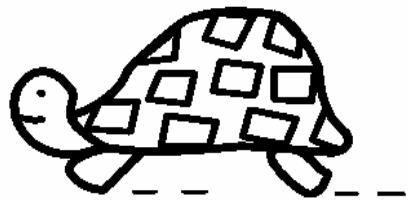
# DESCRIPTION



**GOOD**  
හොඳ



**BAD**  
නරක



**SLOW**  
කෙමින්



**FAST**  
වේගයෙන්

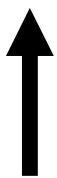
# DESCRIPTION



LEFT  
වම



RIGHT  
දකුණු

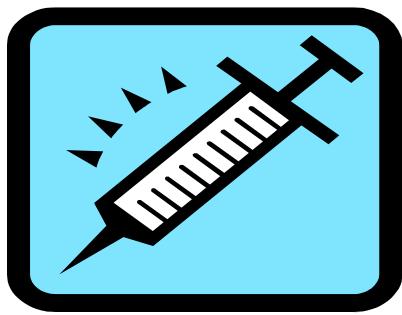


UP  
සෙ



DOWN  
යට

# MEDICAL



**INJECTION**  
විශ්චත



**X – RAY**  
ලික්ස්රේ

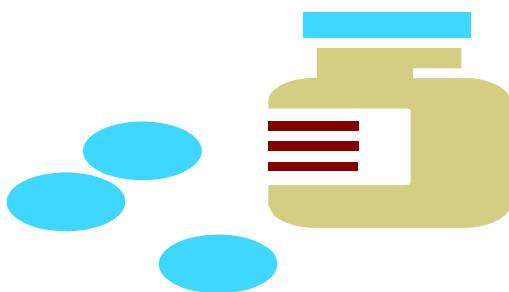


**ECHOCARDIOGRAM**  
හංද ක්පන්දනය පිරික්සීම



**TEMPERATURE**  
ලුණත්වය

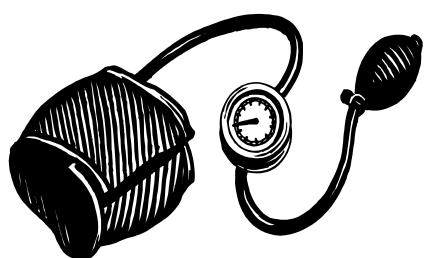
# MEDICAL



**MEDICATION**  
බෙහෙන් ගැනීම



**BLEEDING**  
ලේ ගැලීම



**HIGH BLOOD  
PRESSURE**  
අධික රුධිර පිඩිනය

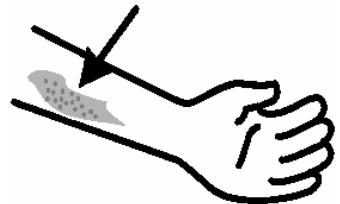


**LOW BLOOD  
PRESSURE**  
අඩු රුධිර පිඩිනය

# MEDICAL



**BLOOD TEST**  
ලේ පරිසානාය



**RASH**  
හමේ පෙළ



**WOUND**  
තුවාලය

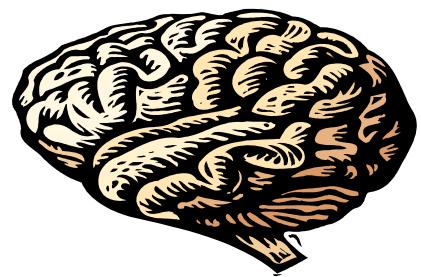


**CHANGE DRESSING**  
ප්‍රතිකාරය වෙනස් කිරීම

# MEDICAL



**OPERATION**  
ඁලනකරුමය



**NEUROLOGY TEST**  
ස්ථාපිත පරීක්ෂණය

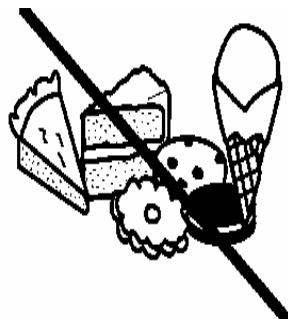


**MATERNITY**  
මාතෘත්වය



**WEIGHT**  
බර

# MEDICAL



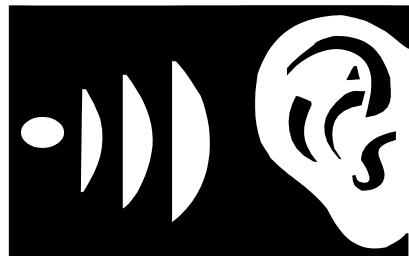
**DIABETES**  
දියවැඩියාල



**ALLERGY**  
නුරුක්කන යුමු



**EYE TEST**  
අදක් පරීක්ෂණය



**HEARING TEST**  
ගුවන පරීක්ෂණය

# OBJECTS



**MIRROR**  
කන්නාඩිය



**RADIO**  
ගුවන් විදුලිය



**CLOCK**  
ගරුලෝෂුව

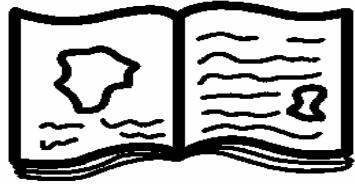


**LIGHT**  
විළිය

# OBJECTS



**NEWSPAPER**  
පුවත් පත



**MAGAZINE**  
සහරාව



**BOOK**  
පොත

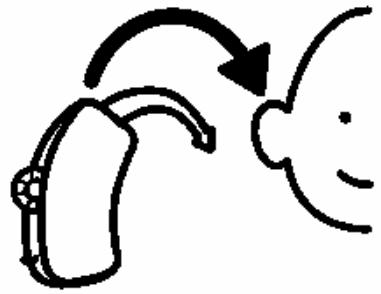


**PEN / PAPER**  
පැන/කඩදායිය

# OBJECTS



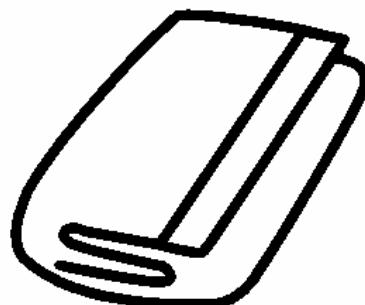
**GLASSES**  
අස් කන්නාධිය



**HEARING AID**  
ගුවණ ආධාරය



**DENTURES**  
බොරු දත් කුරිටම්



**BLANKET**  
බලැන්කේරුව

# OBJECTS



**WHEELCHAIR**  
රෝද ප්‍රවුත්



**WALKING STICK**  
සංරක්ෂක

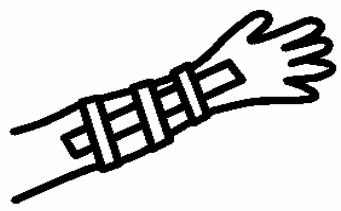


**WALKING FRAME**  
ඇවිධීමේ උපයෝගය

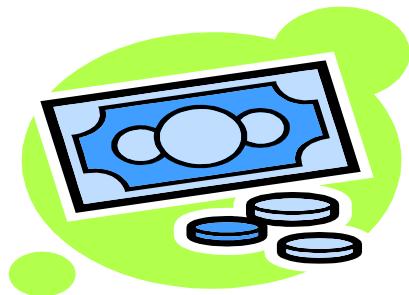


**CRUTCHES**  
කිහිලුකරුව

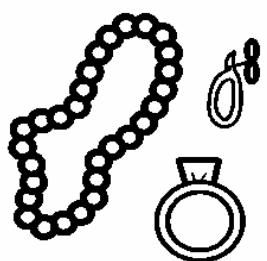
# OBJECTS



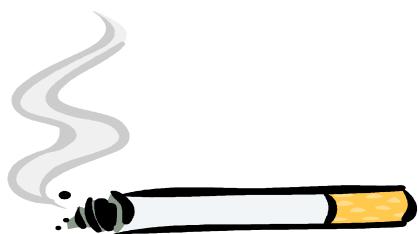
**SPLINT**  
ස්ලිංට්



**MONEY**  
මුදල

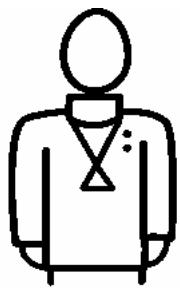


**JEWELLERY**  
රන් අභරණ



**CIGARETTE**  
දුම් වැටික

# PEOPLE



**DOCTOR**  
වෛද්‍යවරයා



**NURSE**  
හෙදිය



**PAEDIATRICIAN**  
උමා වෛද්‍යවරයා



**AUDIOLOGIST**  
ඡ්‍රැවණ වෛද්‍යවරයා

# PEOPLE



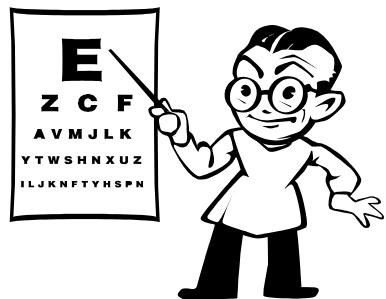
**PSYCHOLOGIST**  
මත්ස්‍ය විද්‍යාග්‍රැයා



**PSYCHIATRIST**  
මානසික විශේෂැග්‍රැයා



**OPHTHALMOLOGIST**  
අස්ක් විද්‍යාව



**OPTOMETRIST**  
අස්ක් ලෙවද්‍යවරයා

# PEOPLE



**PHYSIOTHERAPIST**  
කායික විකිත්සාකරණ



**OCCUPATIONAL  
THERAPIST**  
රැකිකාවච අදාළ ප්‍රතිකාර

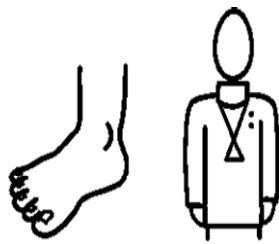


**SPEECH THERAPIST**  
වාග් ප්‍රතිකරණ



**SOCIAL WORKER**  
සමාජ කේවකයා

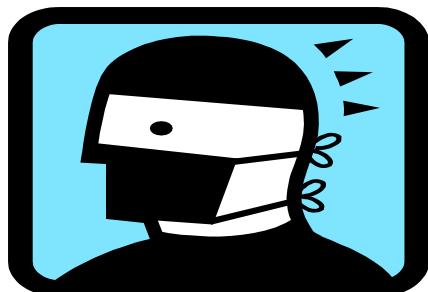
# PEOPLE



**PODIATRIST**  
පාද විකිත්සාකරණ



**DIETICIAN**  
ආහාර විශේෂීළකයා

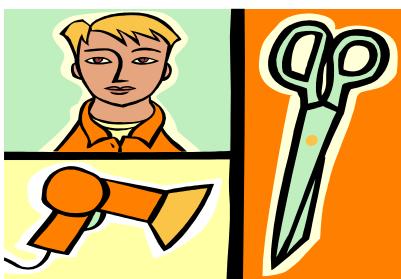


**SURGEON**  
ඡලන වෙළදනවරයා



**MASSEUR**  
සම්බාහකයා

# PEOPLE



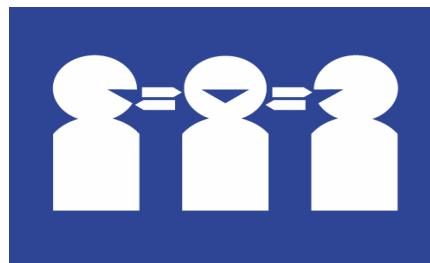
**HAIRDRESSER**  
කරනුවෙමියා



**TEACHER**  
ඉරුවරයා



**VISITORS**  
අමුත්තෝ

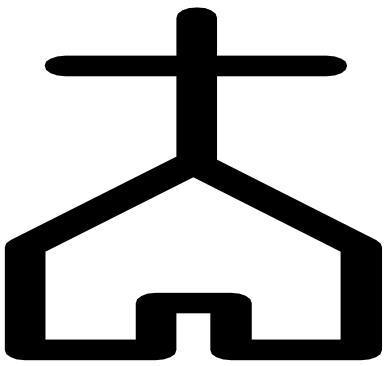


**INTERPRETER**  
පරිවර්තකයා

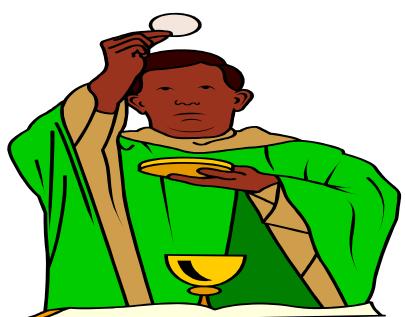
# RELIGION



CHRISTIAN  
ක්රිස්තියානු



CHURCH  
පල්ලිය



PRIEST  
පූජකවරයා

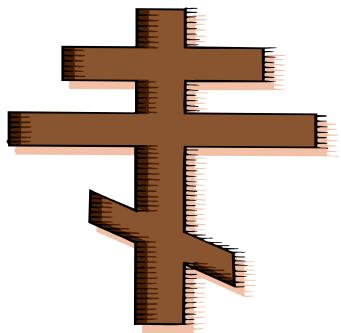


CATHOLIC  
කතෝලික

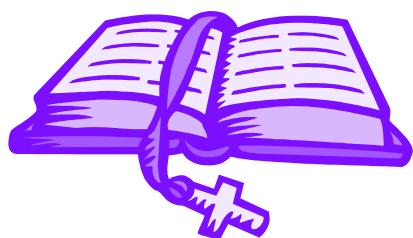
# RELIGION



ORTHODOX  
සත්‍යලුබිධික



RUSSIAN ORTHODOX  
රූසීයානු සත්‍යලුබිධික

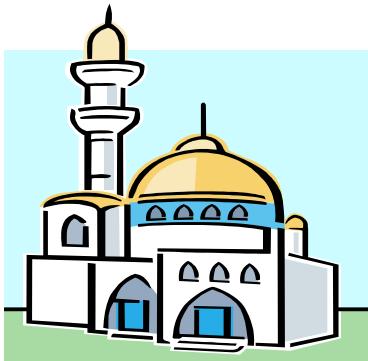


BIBLE  
බැංබලය



CHAPEL  
දේවස්ථානය

# RELIGION



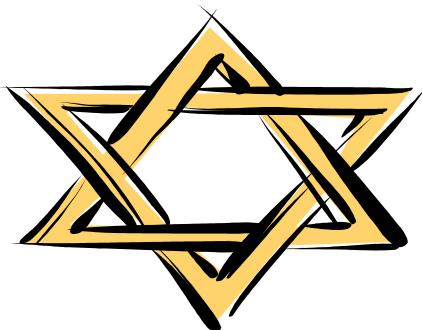
**MUSLIM**  
මරක්කල



**PRAY**  
ගාතිකා කිරීම



**IMAM**  
මෙස්ලාම් පූජකවරයා



**JEWISH**  
ඡුදේවී පාතික

# RELIGION



**SYNAGOGUE**  
සිනගෝගය



**RABBI**  
රුදෙවී ධර්මාචාර්‍යා



**HINDU**  
හින්දු

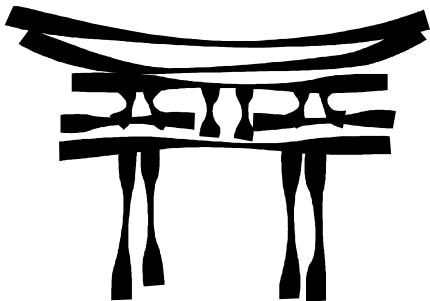


**BUDDHIST**  
බ්‍රද්ධාගමික

# RELIGION

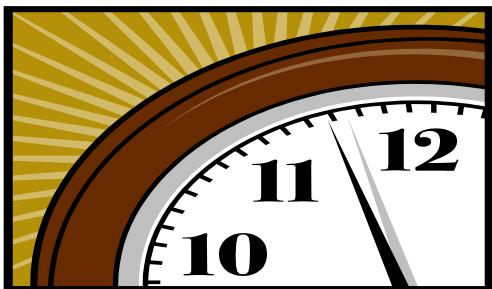


**MONK**  
**පැවිද්දා**

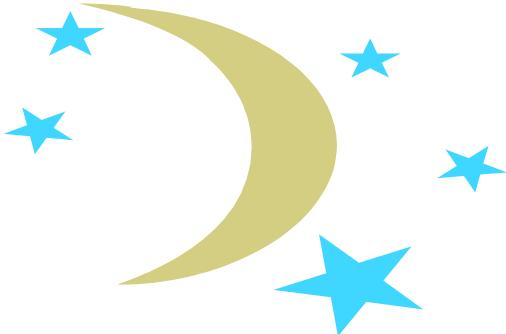


**SHINTO**  
**ඡපන් ආගමික**

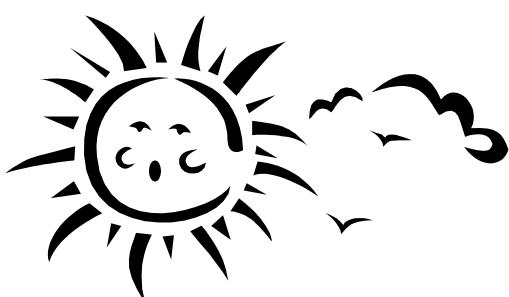
# TIME



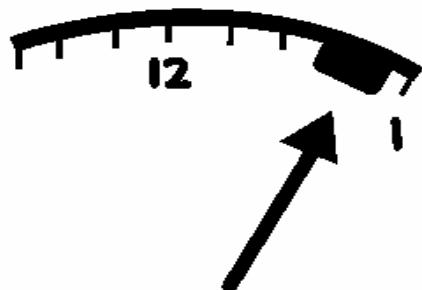
TIME  
වේලාව



NIGHT  
රුකු

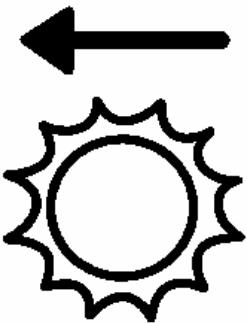


DAY  
දිග්‍රානය

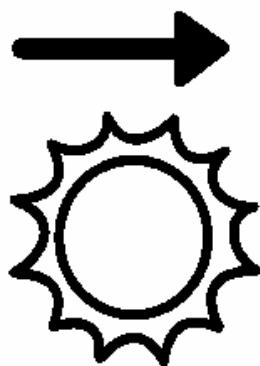


MINUTE  
මිනිත්තුව

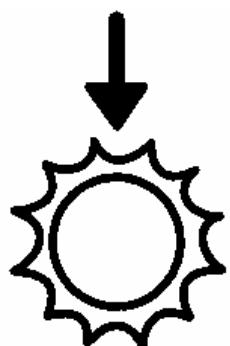
# TIME



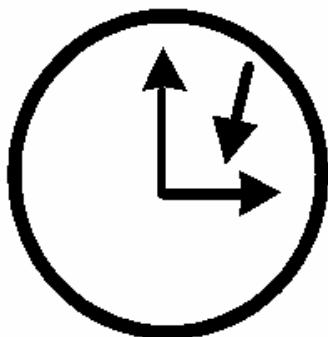
YESTERDAY  
රෝයේ



TOMORROW  
නොට



TODAY  
අද



HOUR  
පැය

# TIME

X 1

ONE TIME  
එක්වර

X 3

THREE TIMES  
තුන් වරක්

X 2

TWO TIMES  
දෙවරක්



MONTH  
මාසය

# TIME

**Su M T W**

**Th F Sa**

---

**WEEK**

**වකින්**

# DAYS

**Monday**  
සඳදා

**Tuesday**  
අභහරුවාදා

**Wednesday**  
බදාදා

**Thursday**  
බහස්පතින්දා

**Friday**  
සිකුරාදා

**Saturday**  
සෙනහුරාදා

**Sunday**  
ඉරුදා

# MONTHS

January  
ජනවාරි

February  
පෙබරවාරි

March  
මාර්තු

April  
අප්‍රේල්

May  
මැයි

June  
ජූනි

July  
ඡූලි

August  
අගෝස්තු

September  
සැප්තැම්බර්

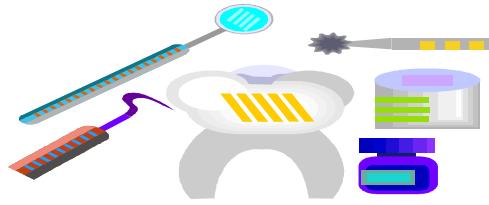
October  
ඔක්තෝබර්

November  
නොවුන්තුම්බර්

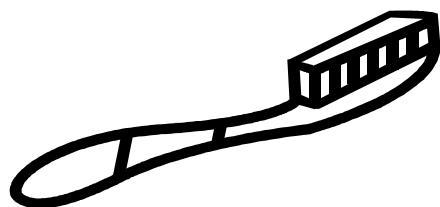
December  
දෙසැම්බර්

## Level of Pain ലൈഡ്നു മരിം

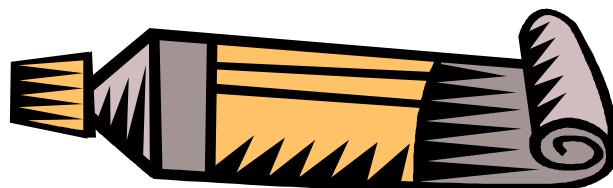
# DENTAL



**DENTIST**  
දත්ත ලෙවඳුවරයා

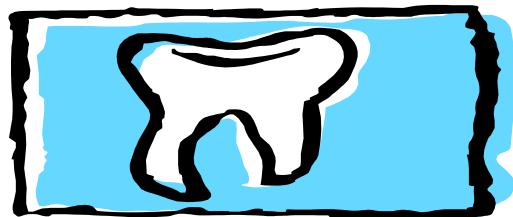


**TOOTHBRUSH**  
දත් තුරුසුව



**TOOTHPASTE**  
දත් මධින දේ

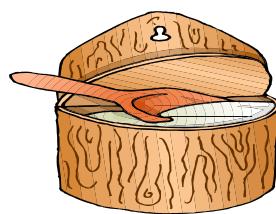
# DENTAL



TOOTH  
දාත

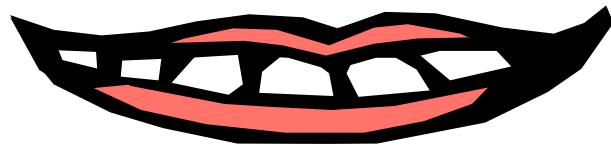


BOTTLE  
බෝතලය

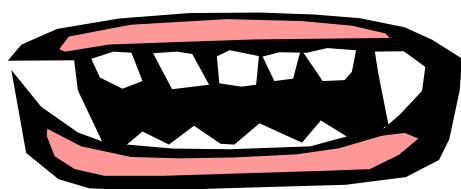


SUGAR  
සිති

# DENTAL



**GOOD TEETH**  
හොඳ දත්

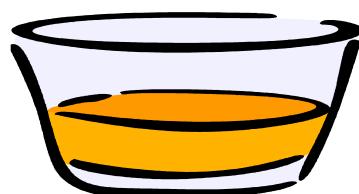


**BAD TEETH**  
නරක දත්

# DENTAL



**FRUIT**  
ප්‍රතුරු



**WATER**  
මතුර