

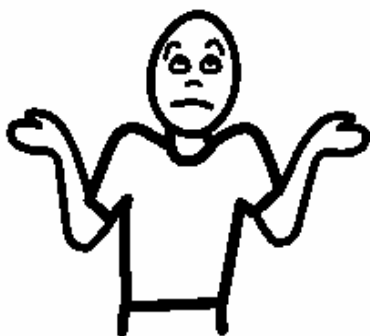
# BASICS



**YES / TAK**



**NO / NIE**



**UNSURE / NIE WIEM**



**NO SMOKING /  
PALENIE  
WZBRONIONE**

# BASICS



**STOP / STOP**



**CALL NURSE /  
WEZWIJ  
PIELĘGNIARKĘ**



**TOILET / TOALETA**

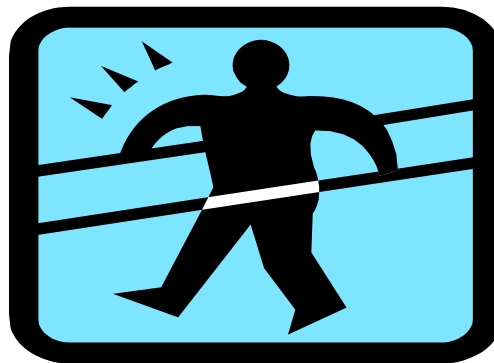


**HELP / POMOC**

# BASICS



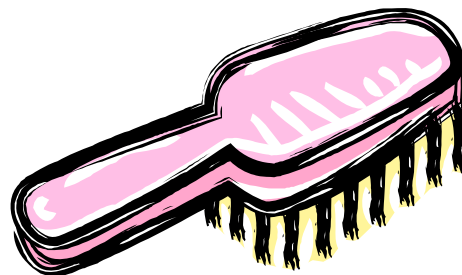
**MEALS AREA /  
JADALNIA**



**THERAPY / TERAPIA**

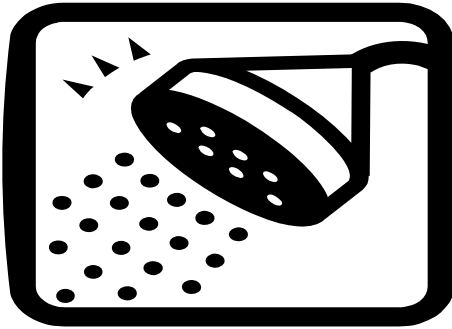


**BED PAN / BASEN**



**BRUSH / SZCZOTKA**

# BASICS



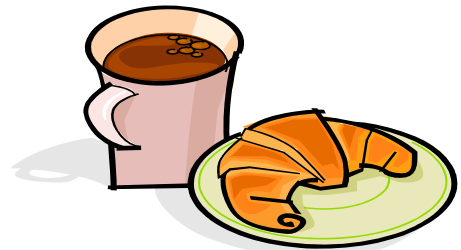
**SHOWER / PRYSZNIC**



**HOT DRINK /  
GORĄCY NAPÓJ**



**COLD DRINK / ZIMNY  
NAPÓJ**



**HUNGRY / GŁODNY**

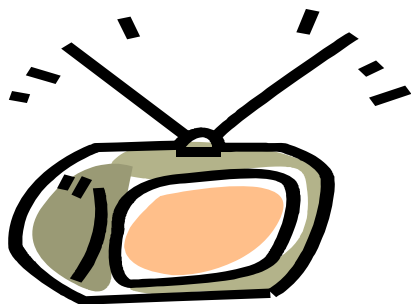
# BASICS



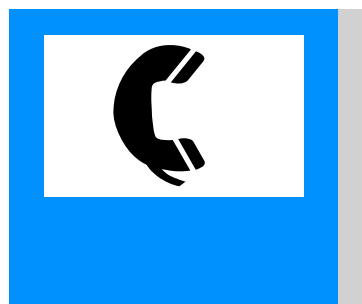
**WATER / WODA**



**TOOTH BRUSH /  
SZCZOTECZKA DO  
ZĘBÓW**



**TELEVISION /  
TELEWIZJA**



**TELEPHONE /  
TELEFON**

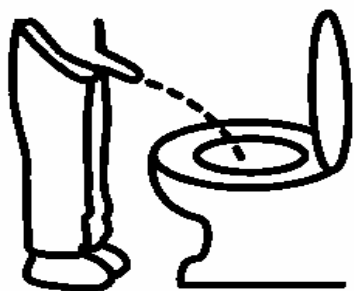
# INSTRUCTIONS



**STAND UP / WSTAŃ**



**SIT DOWN / USIĄDŹ**

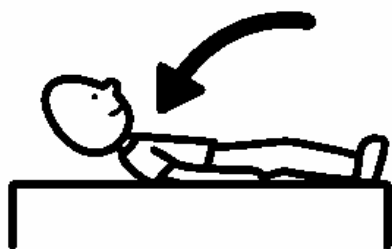


**URINE / MOCZ**

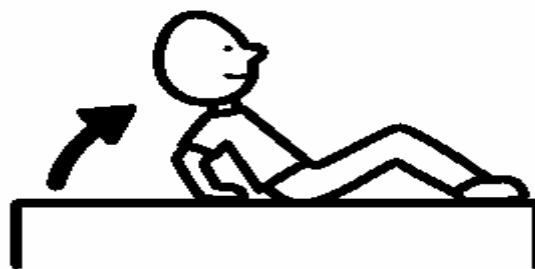


**FAECES / KAŁ**

# INSTRUCTIONS



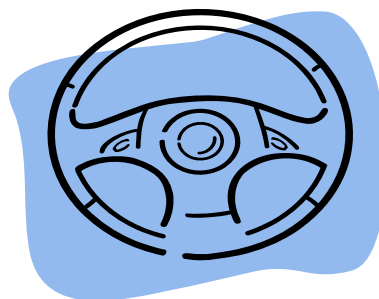
**LIE DOWN / POŁÓŻ  
SIĘ**



**SIT UP / SIĄDZ**

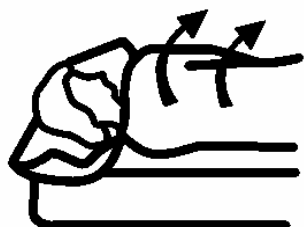


**COUGH / KASZLNIJ**

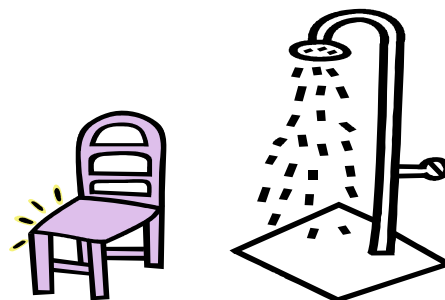


**DRIVE / PROWADŹ**

# INSTRUCTIONS



**TURN / PRZEKRĘĆ**



**SHOWER CHAIR /  
KRZESŁO  
KĄPIELOWE**



**WASH / UMYJ**



**WASH IN BED /  
MYCIE W ŁÓŻKU**



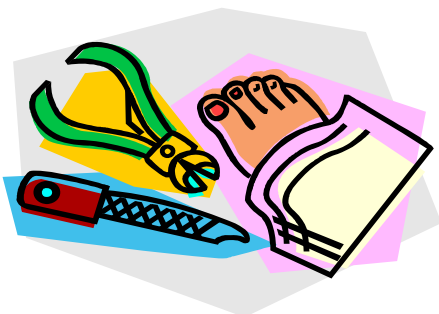
# INSTRUCTIONS



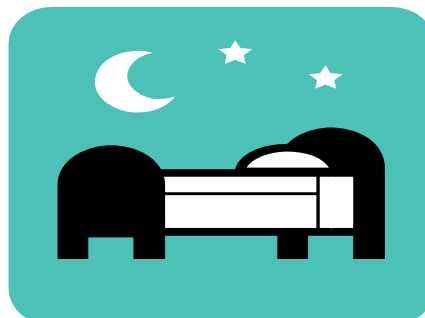
**EXERCISE /  
GIMNASTYKA**



**DEEP BREATH /  
GŁĘBOKI WDECH**



**CUT NAILS /  
OBCINANIE  
PAZNOKCI**

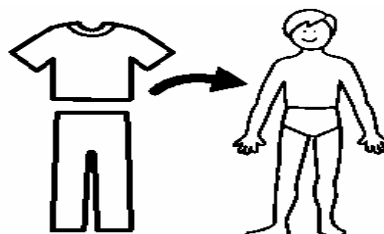


**SLEEP / SPAĆ**

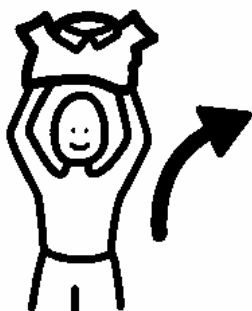
# INSTRUCTIONS



**WALK / SPACER**



**DRESS / UBIERANIE**



**UNDRESS /  
ROZBIERANIE**



**SPIT / SPLUŃ**

# FAMILY



**HUSBAND / MAŻ**



**WIFE / ŻONA**



**FATHER / OJCIEC**



**MOTHER / MATKA**

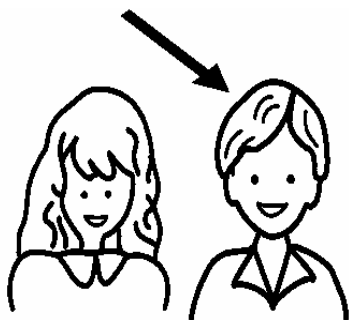
# FAMILY



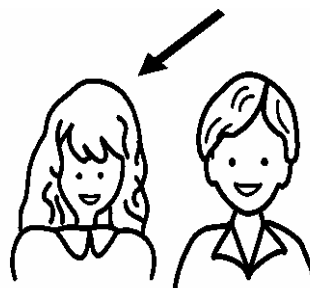
**SON / SYN**



**DAUGHTER / CÓRKA**



**BROTHER / BRAT**

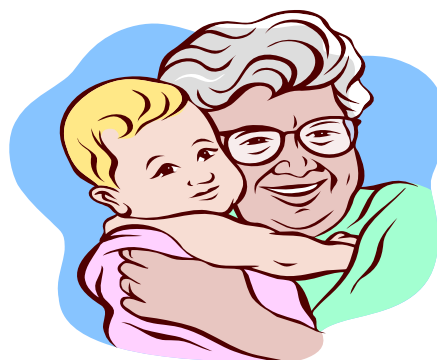


**SISTER / SIOSTRA**

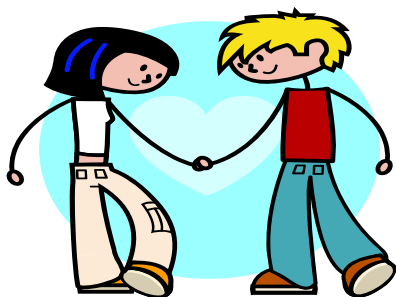
# FAMILY



**GRANDFATHER /  
DZIADEK**



**GRANDMOTHER /  
BABCIA**



**CHILDREN / DZIECI**



**PETS / ZWIERZĘTA  
DOMOWE**

# FAMILY

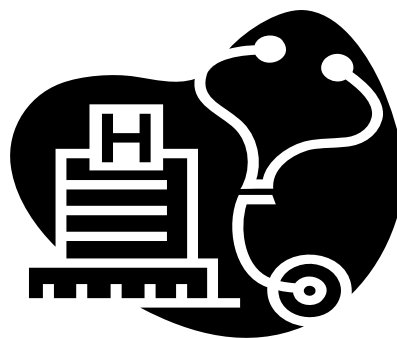


**FAMILY / RODZINA**

# COMMUNITY



**HOME / DOM**



**HOSPITAL / SZPITAL**

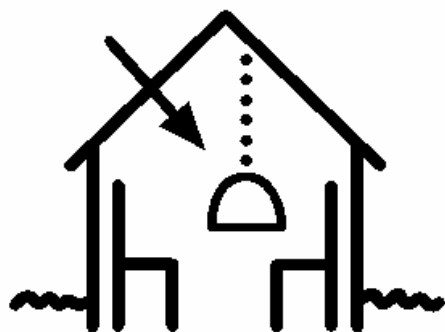


**WORK / PRACA**



**COUNTRY / KRAJ**

# COMMUNITY



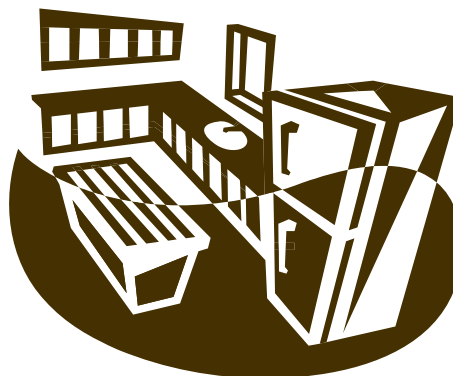
**INSIDE / W ŚRODKU**



**OUTSIDE / NA  
ZEWNĄTRZ**



**BEDROOM /  
SYPIALNIA**



**KITCHEN / KUCHNIA**



# COMMUNITY



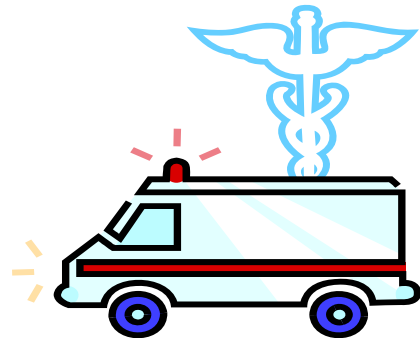
**CAR / SAMOCHÓD**



**TAXI / TAKSÓWKA**

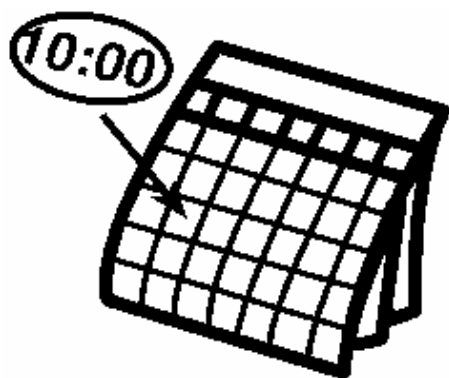


**BUS / AUTOBUS**

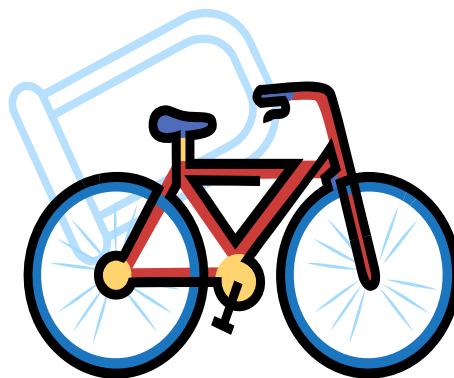


**AMBULANCE /  
POGOTOWIE  
RATUNKOWE**

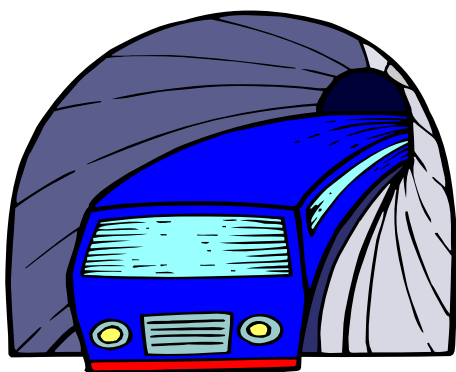
# COMMUNITY



**APPOINTMENT /  
WIZYTA**



**BICYCLE / ROWER**

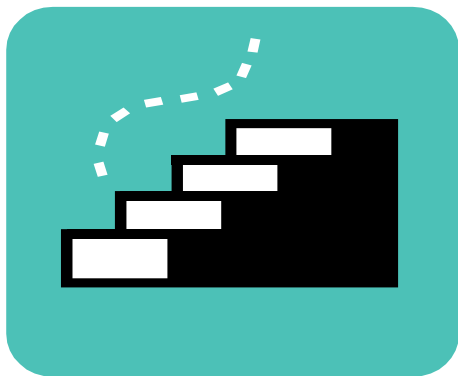


**TRAIN / POCIĄG**



**SCHOOL / SZKOŁA**

# COMMUNITY



**STEPS / STOPNIE**



**STAIRS/ SCHODY**

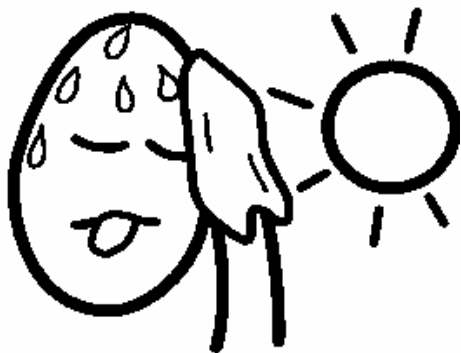


**FALL / UPADEK**

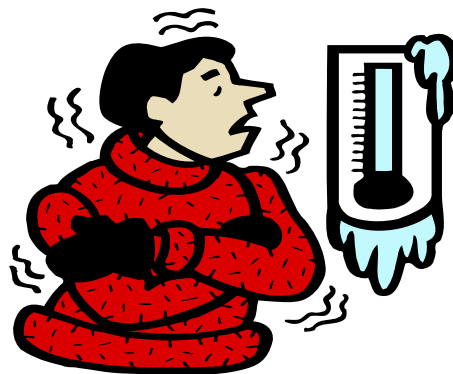


**COOK / GOTOWAĆ**

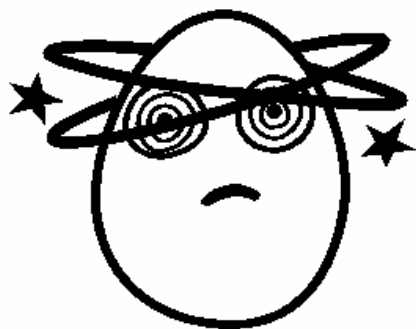
# DESCRIPTIONS



**HOT / GORĄCO**



**COLD / ZIMNO**



**DIZZY / ZAWROTY  
GŁOWY**



**CONFUSED /  
ZDEZORIENTOWANY**

# DESCRIPTIONS



**HAPPY /  
SZCZĘŚLIWY**



**SAD / SMUTNY**



**SCARED /  
PRZESTRASZONY**



**ANGRY / ZŁY**

# DESCRIPTIONS



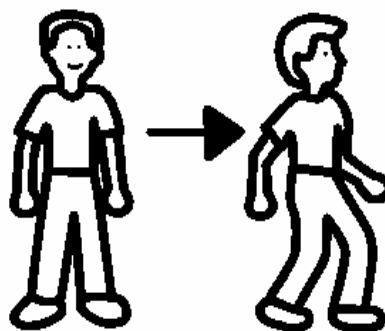
**TIRED / ZMĘCZONY**



**PAIN / BOLI**



**RELAXED /  
WYPOCZĘTY**



**LEAVING /  
WYCHODZIĆ**

# DESCRIPTIONS



**GOOD / DODRZE**



**BAD / ŹLE**



**SLOW / POWOLI**



**FAST / SZYBKO**

# DESCRIPTIONS



**LEFT / LEWO**



**RIGHT / PRAWO**



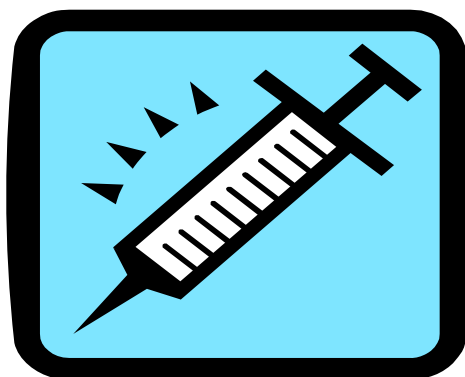
**UP / W GÓRĘ**



**DOWN / W DÓŁ**



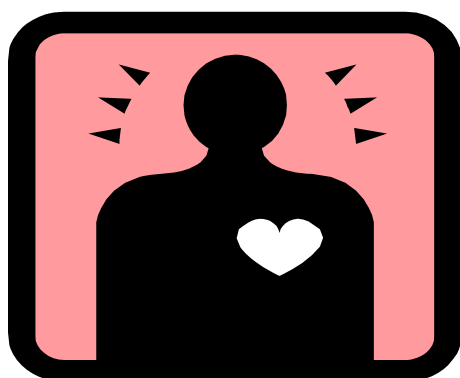
# MEDICAL



**INJECTION /  
ZASTRZYK**



**X – RAY /  
PRZEŚWIECZENIE**



**ECHOCARDIOGRAM /  
ECHOKARDIOGRAM**



**TEMPERATURE /  
GORĄCZKA**

# MEDICAL



**MEDICATION /  
LEKARSTWO**



**BLEEDING /  
KRWAWIENIE**



**HIGH BLOOD  
PRESSURE /  
WYSOKIE CIŚNIENIE  
KRWI**

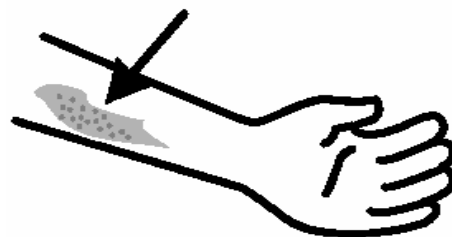


**LOW BLOOD  
PRESSURE / NISKIE  
CIŚNIENIE KRWI**

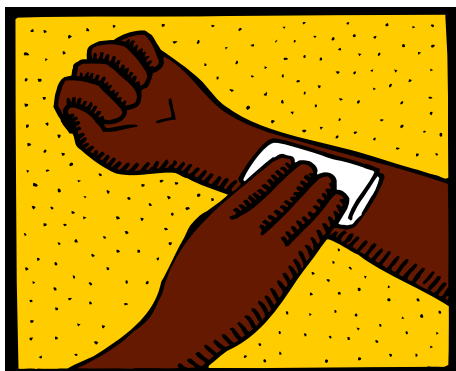
# MEDICAL



**BLOOD TEST /  
BADANIE KRWI**



**RASH / WYSYPKA**



**WOUND / RANA**



**CHANGE  
DRESSING / ZMIANA  
OPATRUNKU**

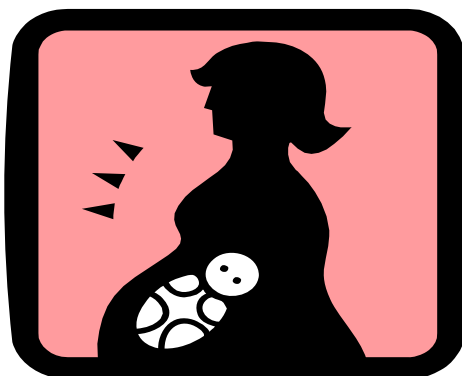
# MEDICAL



**OPERATION /  
OPERACJA**



**NEUROLOGY TEST /  
TEST  
NEUROLOGICZNY**

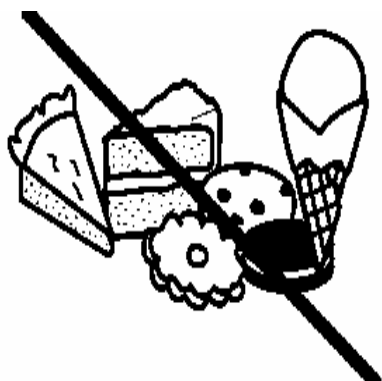


**MATERNITY /  
MACIERZYŃSTWO**



**WEIGHT / WAGA**

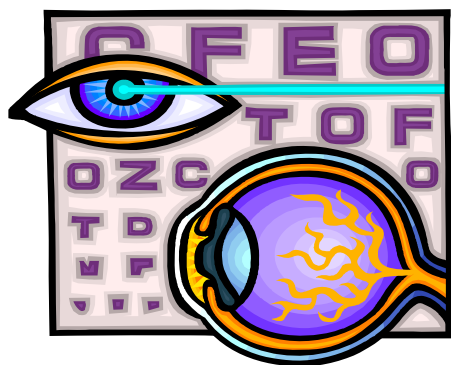
# MEDICAL



**DIABETES /  
CUKRZYCA**



**ALLERGY /  
UCZULENIE**



**EYE TEST / BADANIE  
WZROKU**



**HEARING TEST /  
BADANIE SŁUCHU**

# OBJECTS



**MIRROR / LUSTERKO**



**RADIO / RADIO**



**CLOCK / ZEGAR**

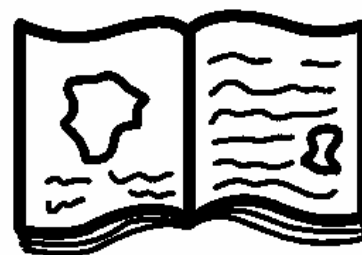


**LIGHT / ŚWIATŁO**

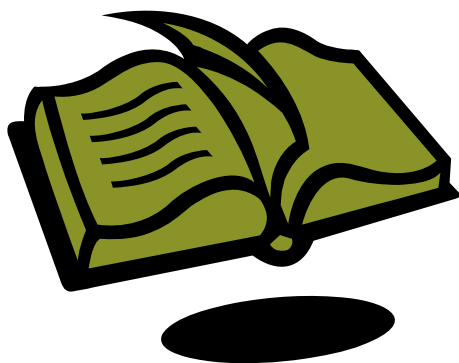
# OBJECTS



**NEWSPAPER /  
GAZETA**



**MAGAZINE /  
CZASOPISMO**



**BOOK / KSIĄŻKA**

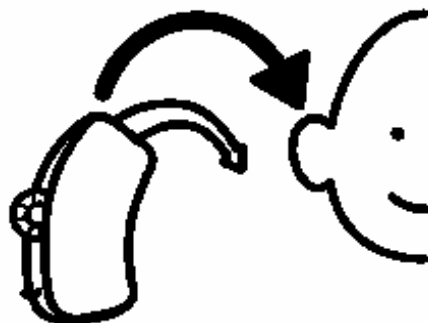


**PEN / PAPER /  
PAPIER / OŁÓWEK**

# OBJECTS



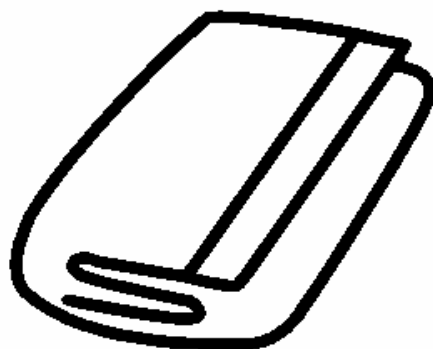
**GLASSES / OKULARY**



**HEARING AID /  
APARAT SŁUCHOWY**



**DENTURES /  
PROTEZA**



**BLANKET / KOC**



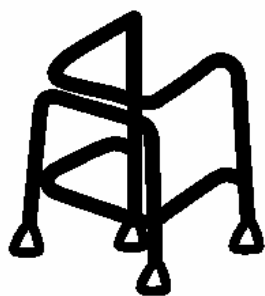
# OBJECTS



**WHEELCHAIR /  
WÓZEK INWALIDZKI**



**WALKING STICK /  
LASKA**

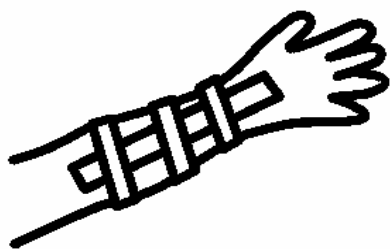


**WALKING FRAME /  
BALKONIK**

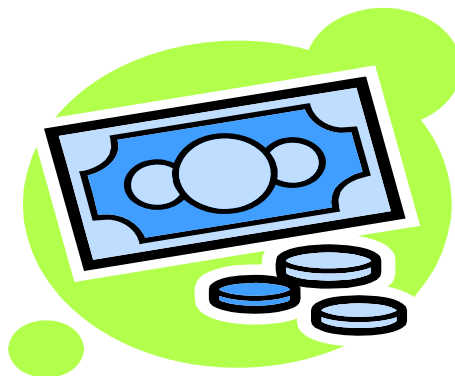


**CRUTCHES / KULE**

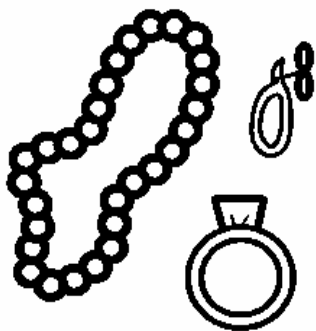
# OBJECTS



**SPLINT /  
OPATRUNEK  
USZTYWNIAJĄCY**



**MONEY / PIENIĄDZE**

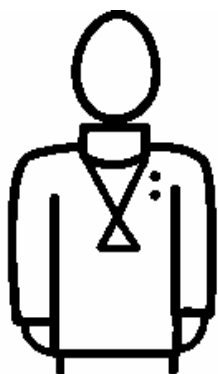


**JEWELLERY /  
BIŻUTERIA**



**CIGARETTE /  
PAPIEROS**

# PEOPLE



**DOCTOR / LEKARZ**



**NURSE /  
PIEŁĘGNIARKA**



**PAEDIATRICIAN /  
PEDIATRA**



**AUDIOLOGIST /  
AUDIOLOG**

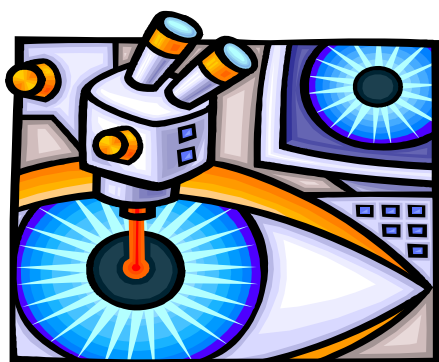
# PEOPLE



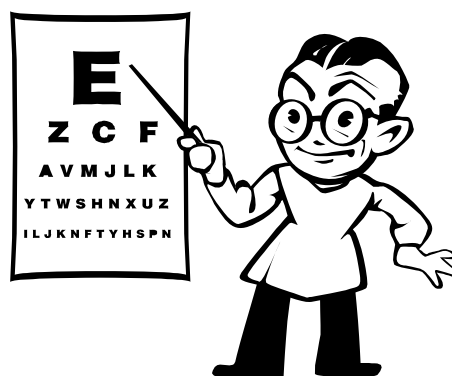
**PSYCHOLOGIST /  
PSYCHOLOG**



**PSYCHIATRIST /  
PSYCHIATRA**

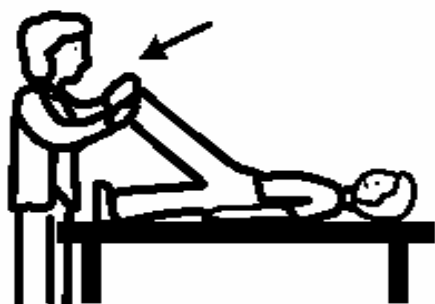


**OPHTHALMOLOGISTIS /  
OKULISTYKA**

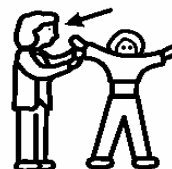


**OPTOMETRIST /  
OKULISTA**

# PEOPLE



**PHYSIOTHERAPIST /  
FIZJOTERAPEUTA**



**OCCUPATIONAL  
THERAPIST /  
TERAPEUTA  
ZAJĘCIOWY**

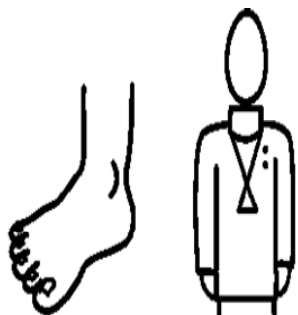


**SPEECH THERAPIST  
/ TERAPEUTA  
WYMOWY**

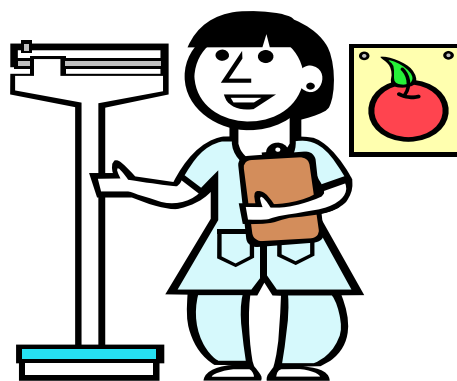


**SOCIAL WORKER /  
PRACOWNIK  
SOCJALNY**

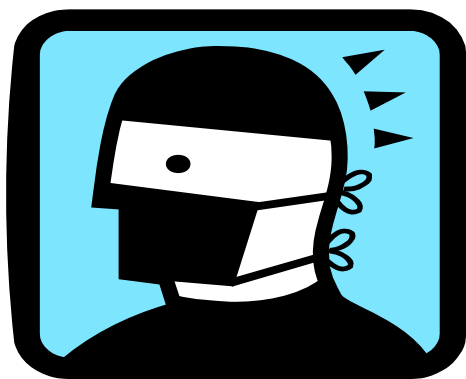
# PEOPLE



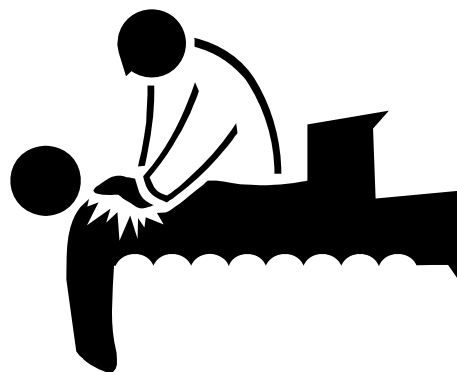
**PODIATRIST /  
PODIATRA**



**DIETICIAN /  
DIETETYK**

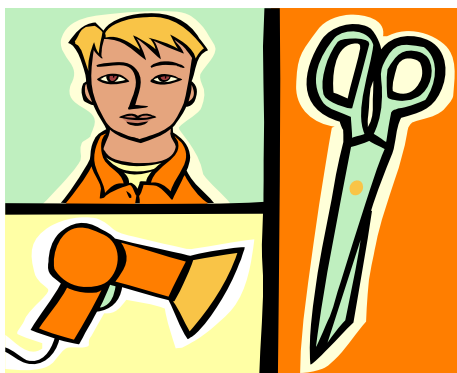


**SURGEON / CHIRURG**



**MASSEUR /  
MASAŻYSTA**

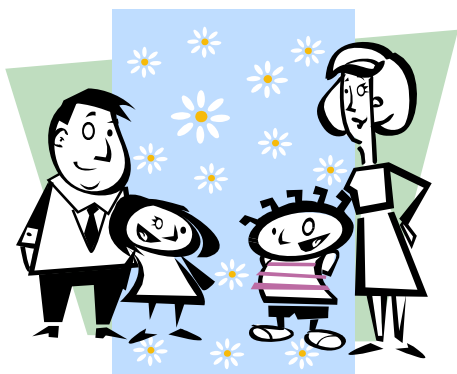
# PEOPLE



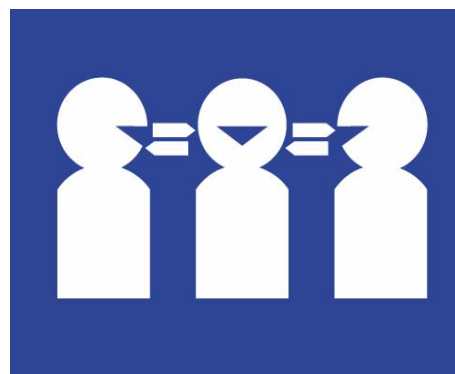
**HAIRDRESSER /  
FRYZJER**



**TEACHER /  
NAUCZYCIEL**

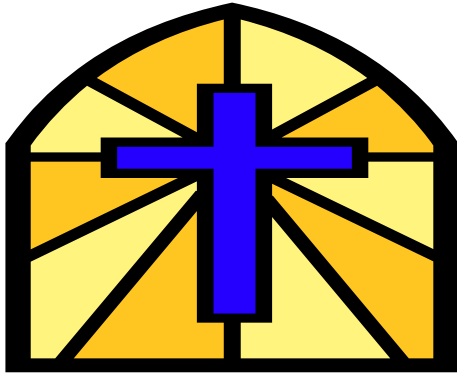


**VISITORS / GOŚCIE**

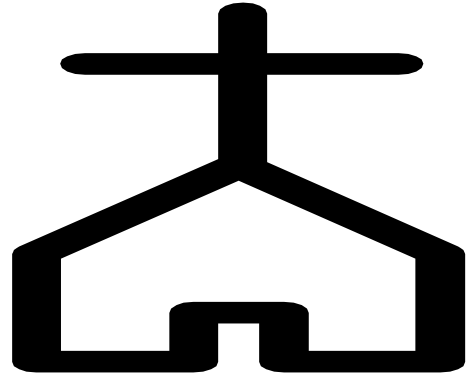


**INTERPRETER /  
TŁUMACZ**

# RELIGION



**CHRISTIAN /  
CHRZEŚCIJANIN**



**CHURCH / KOŚCIÓŁ**



**PRIEST / KSIĄDZ**



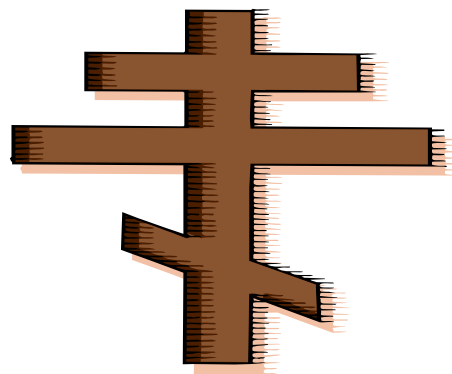
**CATHOLIC / KATOLIK**



# RELIGION



**ORTHODOX /  
ORTODOKSYJNY**



**RUSSIAN ORTHODOX  
/ PRAWOSŁAWNY**

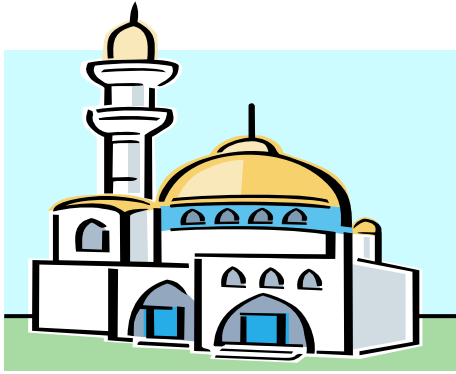


**BIBLE / BIBLIA**

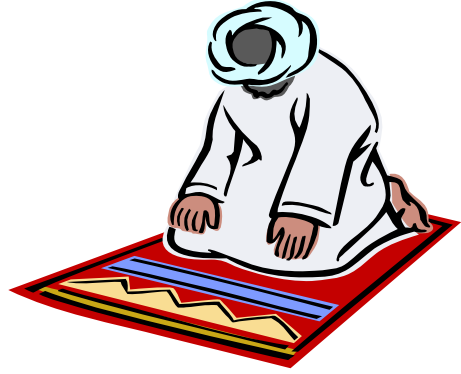


**CHAPEL / KAPLICA**

# RELIGION



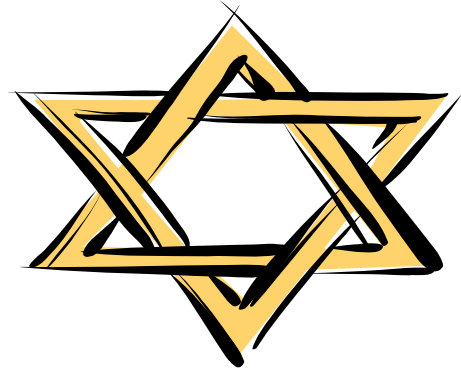
**MUSLIM /  
MUZUŁMAŃSKI**



**PRAY / MODLIĆ SIĘ**



**IMAM / IMAM**



**JEWISH / ŻYDOWSKI**

# RELIGION



**SYNAGOGUE /  
SYNAGOGA**



**RABBI / RABIN**



**HINDU / HINDUSKI**

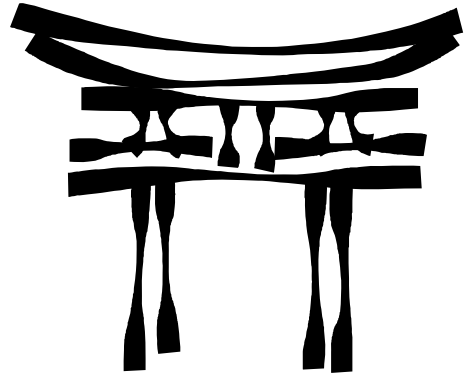


**BUDDHIST /  
BUDDYJSKI**

# RELIGION

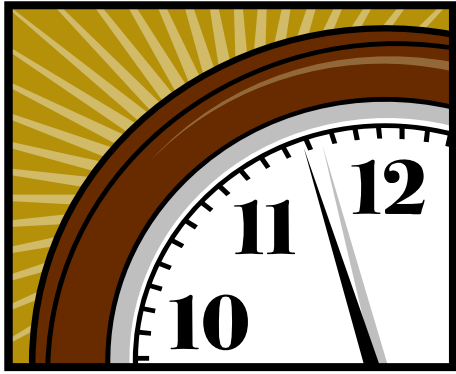


**MONK / MNICH**



**SHINTO / SZINTO**

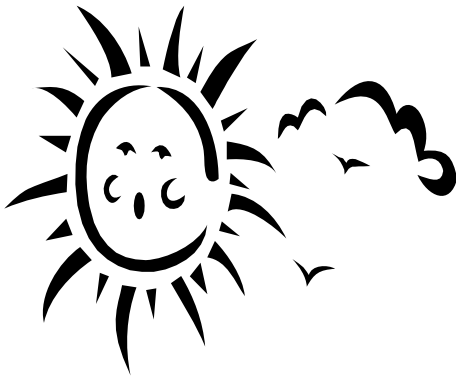
# TIME



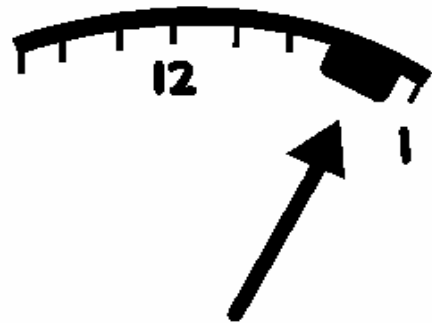
**TIME / CZAS**



**NIGHT / NOC**

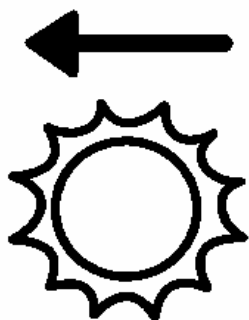


**DAY / DZIEŃ**



**MINUTE / MINUTA**

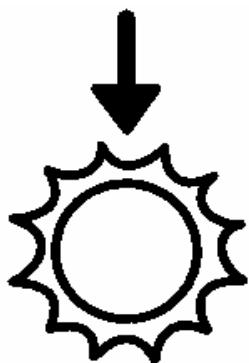
# TIME



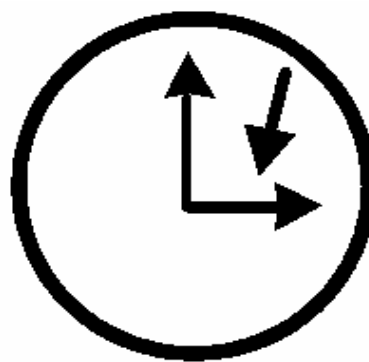
**YESTERDAY /  
WCZORAJ**



**TOMORROW / JUTRO**



**TODAY / DZISIAJ**



**HOURL / GODZINA**

# TIME

**x 1**

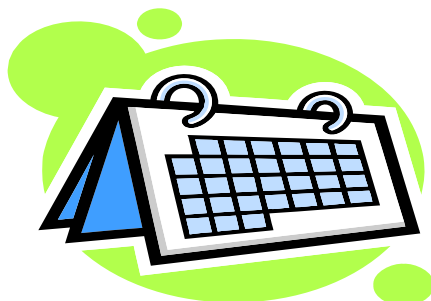
**ONE TIME / JEDEN  
RAZ**

**x 3**

**THREE TIMES / TRZY  
RAZY**

**x 2**

**TWO TIMES / DWA  
RAZY**



**MONTH / MIESIĄC**

# TIME

**Su M T W**

**Th F Sa**

---

**WEEK / TYDZIEŃ**



# DAYS

**MONDAY /  
PONIEDZIAŁEK**

**TUESDAY / WTOREK**

**WEDNESDAY /  
ŚRODA**

**THURSDAY /  
CZWARTEK**

**FRIDAY / PIĄTEK**

**SATURDAY /  
SOBOTA**

**SUNDAY /  
NIEDZIELA**

# **MONTHS**

**JANUARY / STYCZEŃ**

**FEBRUARY / LUTY**

**MARCH / MARZEC**

**APRIL / KWIECIEŃ**

**MAY / MAJ**

**JUNE / CZERWIEC**

# MONTHS

**JULY / LIPIEC**

**AUGUST / SIERPIEŃ**

**SEPTEMBER /  
WRZESIEŃ**

**OCTOBER /  
PAŹDZIERNIK**

**NOVEMBER /  
LISTOPAD**

**DECEMBER /  
GRUDZIEŃ**

|           |           |           |           |           |           |           |           |           |           |
|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|-----------|
| <b>1</b>  | <b>2</b>  | <b>3</b>  | <b>4</b>  | <b>5</b>  | <b>6</b>  | <b>7</b>  | <b>8</b>  | <b>9</b>  | <b>10</b> |
| <b>11</b> | <b>12</b> | <b>13</b> | <b>14</b> | <b>15</b> | <b>16</b> | <b>17</b> | <b>18</b> | <b>19</b> | <b>20</b> |
| <b>21</b> | <b>22</b> | <b>23</b> | <b>24</b> | <b>25</b> | <b>26</b> | <b>27</b> | <b>28</b> | <b>29</b> | <b>30</b> |
| <b>31</b> |           |           |           |           |           |           |           |           |           |

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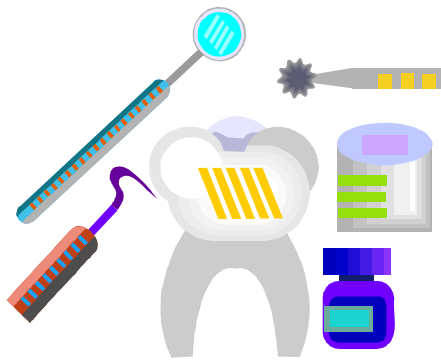
**LEVEL OF PAIN / JAK BARDZO BOLI**

**1 2 3 4 5 6 7 8 9 10**

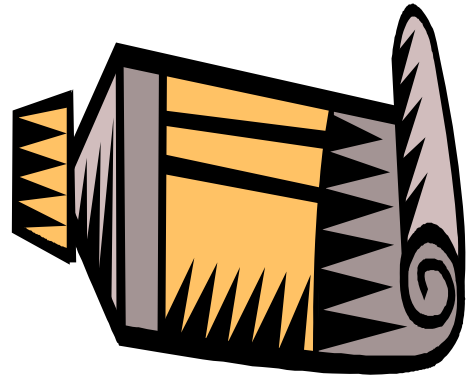
**LOW / TROCHĘ**

**BAD / BARDZO**

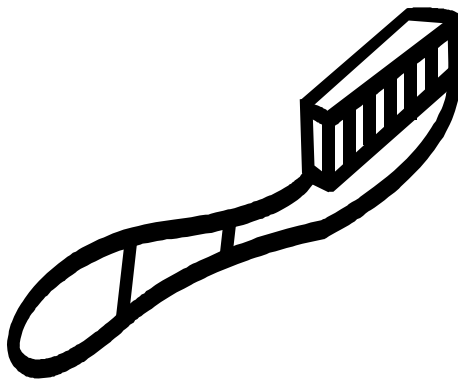
# DENTAL



**DENTIST / DENTYSTA**



**TOOTHPASTE /  
PASTA DO ZĘBÓW**



**TOOTHBRUSH /  
SZCZOTECZKA DO  
ZĘBÓW**



**TOOTH / ZĄB**

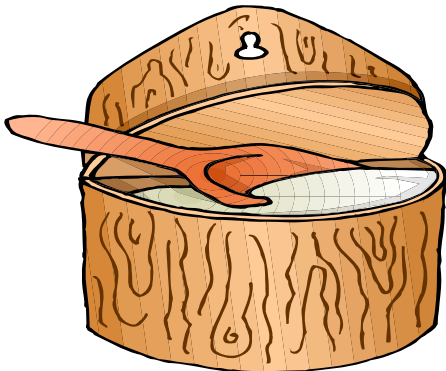
# DENTAL



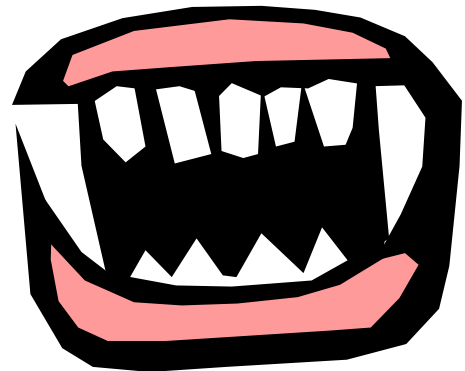
**BOTTLE / BUTELKA**



**GOOD TEETH /  
DOBRE ZĘBY**

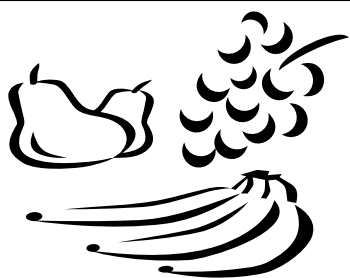


**SUGAR / CUKIER**

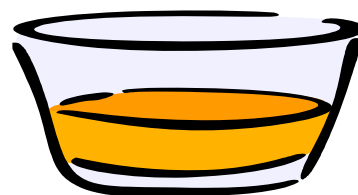


**BAD TEETH / ZŁE  
ZĘBY**

# DENTAL



**FRUIT / OWOCE**



**WATER / WODA**