

BASICS



YES / ठीक



NO / बेठीक



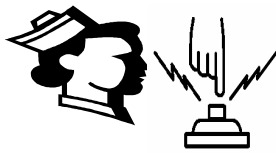
UNSURE / अनिश्चित



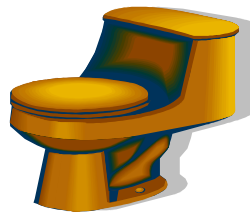
NO SMOKING /
धूम्रपान मनाही



STOP / रोक्नु



CALL NURSE / नर्स
बोलाउनु



TOILET / शौचालय



HELP / सहायता दिनु



MEALS AREA /
भोजन क्षेत्र



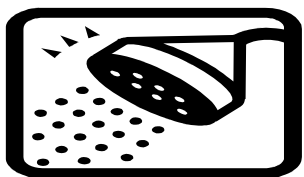
THERAPY / मानसिक
वा शारीरिक रोगको
विना शल्यक्रियाद्वारा
उपचार



BED PAN / कोपरा



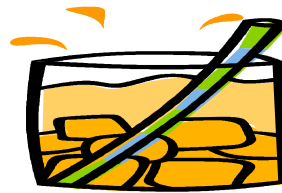
BRUSH / बुरूस



SHOWER / नुहाउने
धारा



HOT DRINK / तातो
पेय



COLD DRINK / चिसो
पेय



HUNGRY / भोको



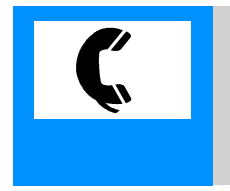
WATER / पानी



TOOTH BRUSH/
दाँत माज्ने बुरूस



TELEVISION /
टेलिभिजन



TELEPHONE /
टेलिफोन

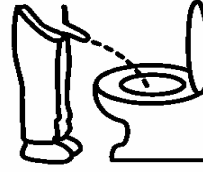
INSTRUCTIONS



STAND UP / उभिनु



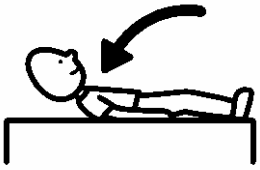
SIT DOWN / बस्नु



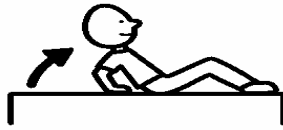
URINE / पिसाब



FAECES / भाडा



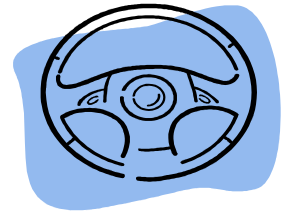
LIE DOWN / पल्टनु



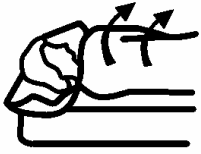
SIT UP / उल्नु



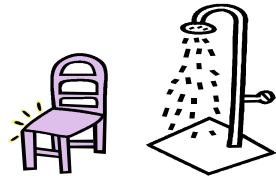
COUGH / खोकनु



DRIVE / हाक्नु



TURN / घुमाउनु



SHOWER CHAIR /
नुहाउने कुर्सी



WASH / पखाल्नु



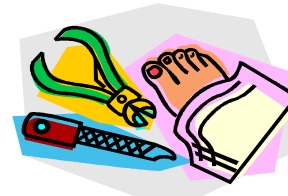
WASH IN BED /
बिछौना धुलाउनु



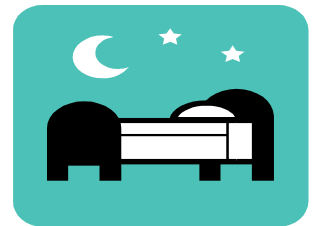
EXERCISE / कसरत
गर्नु



DEEP BREATH /
गहिरो सास



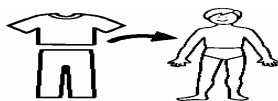
CUT NAILS / नङ
काल्नु



SLEEP / सुल्नु



WALK / हिड्नु



DRESS / पोशाक
लगाउनु



UNDRESS / पोशाक
निकाल्नु



SPIT / थुक्नु

FAMILY



HUSBAND / श्रीमान



WIFE / श्रीमती



FATHER / बाबु



MOTHER / आमा



SON / छोरा



DAUGHTER / छोरी



BROTHER / दाज्यू वा
भाई



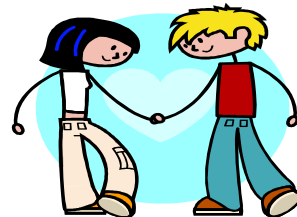
SISTER / दिदी वा
बहिनी



GRANDFATHER /
बाजे



GRANDMOTHER /
बज्यै



CHILDREN /
बालबालिका



PETS / घरेलु पशु वा
पंक्षी



FAMILY / परिवार

COMMUNITY

ENGLISH/NEPALESE



HOME / घर



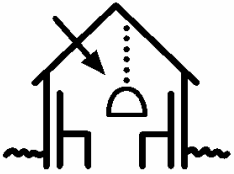
HOSPITAL/ अस्पताल



WORK / काम



COUNTRY / देश



INSIDE / भित्री भाग



OUTSIDE / बाहिरी
भाग



BEDROOM / सुत्ने
कोठा



KITCHEN / भान्सा



CAR / गाडी



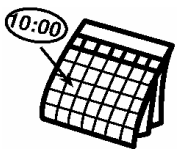
TAXI / त्याक्सी



BUS / बस



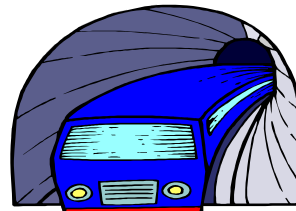
AMBULANCE/
बिरामी ओसारने गाडी



APPOINTMENT /
निर्धारित समय



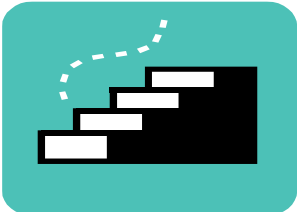
BICYCLE / साईकल



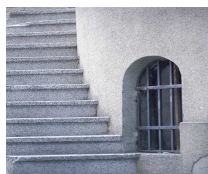
TRAIN / रेलगाडी



SCHOOL / बिधालय



STEPS / खुडकिलो



STAIRS / सिढी

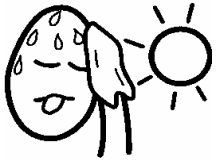


FALL / खस्नु

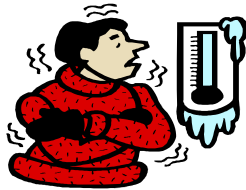


COOK / पकाउनु

DESCRIPTIONS



HOT / तातो



COLD / चिसो



DIZZY / रिङ्गटा



CONFUSED /
अलमल्ल



HAPPY / खुशी



SAD / उदासी



SCARED / डराएको



ANGRY / रीसाएको



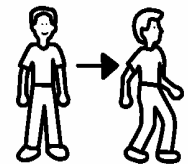
TIRED / थाकेको



PAIN / दुःख



RELAXED / विश्राम
गरेको



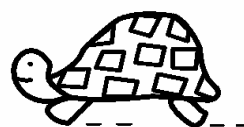
LEAVING / बिदाइ



GOOD/ असल



BAD/ खराब



SLOW / ढीलो



FAST / छिटो



LEFT / बाँया



RIGHT / दायाँ

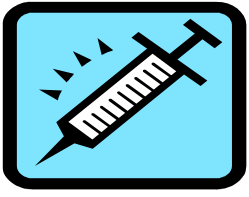


UP / माथि

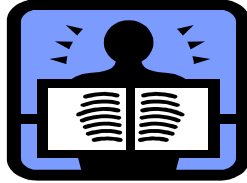


DOWN / तल

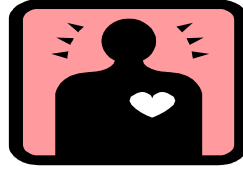
MEDICAL



INJECTION / सुइद्वारा
औषधि राख्ने विधि



X - RAY/ ऐक्सरे



ECHOCARDIOGRAM
/ प्रतिध्वनी



TEMPERATURE /
तापक्रम



MEDICATION /
औषधि प्रयोप



BLEEDING /
रक्तस्राव



HIGH BLOOD
PRESSURE / उच्च
रक्तचाप



LOW BLOOD
PRESSURE / निम्न
रक्तचाप



BLOOD TEST /
रगत जाँच



RASH / दाद



WOUND / घाउ



CHANGE
DRESSING / पट्टी
फेर्ने



OPERATION /
शल्यक्रिया



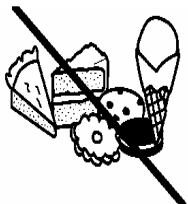
NEUROLOGY
TEST/ नाडीहरुको
अध्ययन जाँच



MATERNITY /
प्रसूति-गृह



WEIGHT / तौल



DIABETES / मधुमेह



ALLERGY/ कुनै
चीजद्वारा हुने शरीरको
असाधारण प्रतिक्रिया



EYE TEST / आँखा
जाँच



HEARING TEST /
सुनवाई जाँच

OBJECTS



MIRROR / ऐना



RADIO/ रेडियो



CLOCK / घडी



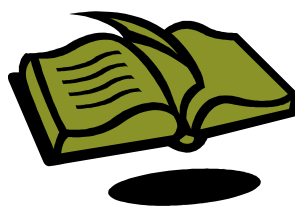
LIGHT / बत्ती



NEWSPAPER/
समाचार पत्र



MAGAZINE / पत्रिका



BOOK / किताब



PEN / PAPER
कलम / कागज



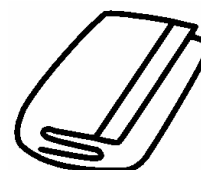
GLASSES / चश्मा



HEARING AID/
सुनवाई मदत



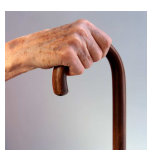
DENTURES /
नकली दाँतको खाल



BLANKET / कम्बल



WHEELCHAIR /
पाङ्ग्रा भएको कुर्सी



WALKING STICK /
हिड्ने लौरो



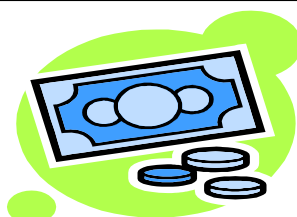
WALKING FRAME/
हिड्ने चौखट



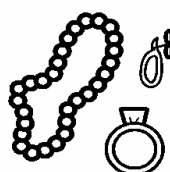
CRUTCHES / लङ्गडो
मानिसको लौरो



SPLINT / भाँचिएको
हाड जोडदा
अड्याउने काठ



MONEY / पैसा



JEWELLERY /
गहना



CIGARETTE / चुरोट

PEOPLE



DOCTOR /
चिकित्सक



NURSE / नर्स



PAEDIATRICIAN /
बाल रोगको
चिकित्सक



AUDIOLOGIST /
श्रवणशक्ति
चिकित्सक



PSYCHOLOGIST /
मनोवैज्ञानिक



PSYCHIATRIST /
मानसिक रोगको
चिकित्सक



OPHTHALMOLOGIST/
आँखा रोगको
चिकित्सक



OPTOMETRIST /
आँखा शक्तिको
चिकित्सक



PHYSIOTHERAPIST/
रोग वा घाउको उपचार
शारीरिक मालिशद्वारा
गर्ने वैद्य



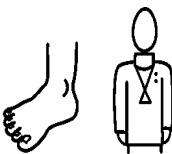
OCCUPATIONAL
THERAPIST/
मानसिक वा शारीरिक
कसरतद्वारा रोग वा
घाउको उपचार गर्ने
वैद्य



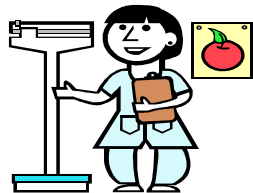
SPEECH
THERAPIST/ अधूरो
बोलीको उपचार गर्ने
वैद्य



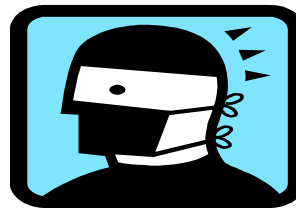
SOCIAL WORKER /
सामाजिक कामदार



PODIATRIST /
खुट्टाको रोग उपचार
गर्ने वैद्य



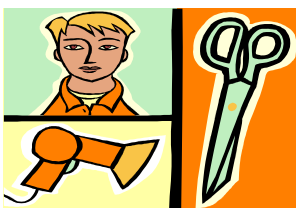
DIETICIAN / पथ्य
भोजन वैद्य



SURGEON / शल्य
चिकित्सक



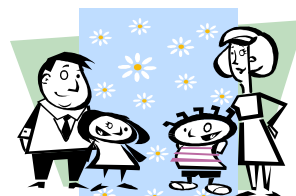
MASSEUR / आङ्ग
मिच्ने मान्छे



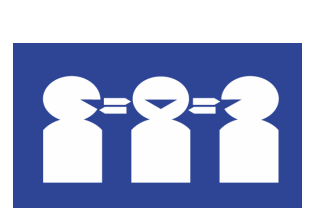
HAIRDRESSER /
हजाम



TEACHER / शिक्षक



VISITORS / दर्शकहरु

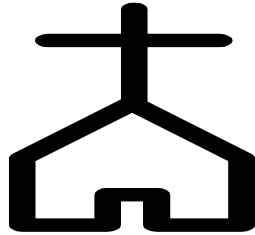


INTERPRETER /
दोभाषे

RELIGION



CHRISTIAN /
क्रिश्चियन



CHURCH / चर्च



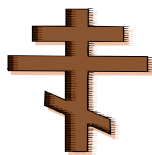
PRIEST / पादरी



CATHOLIC /
क्याथोलिक



ORTHODOX /
अर्थोडक्स



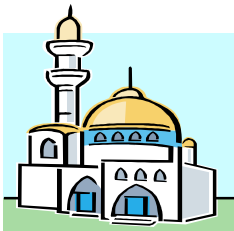
RUSSIAN
ORTHODOX/
रसियन अर्थोडक्स



BIBLE/ बाइबल



CHAPEL/
गिरजाघर



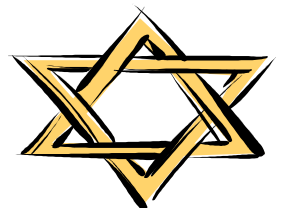
MUSLIM / मुस्लीम



PRAY / प्राथना



IMAM / ईमाम



JEWISH / जूइस



SYNAGOGUE /
सिन्यागग



RABBI / राबी



HINDU / हिन्दु



BUDDHIST / बुद्धिस्त



MONK/भिक्षु

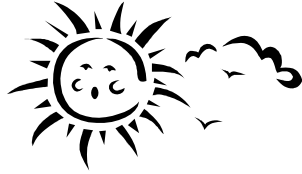


SHINTO/
शिन्तो

TIME



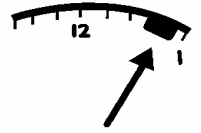
TIME / समय



DAY / दिन



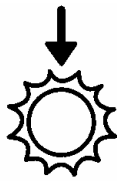
NIGHT / रात



MINUTE / मिनट



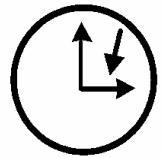
YESTERDAY / हिजो



TODAY / आज



TOMORROW / भोली



HOUR / घण्टा

X 1

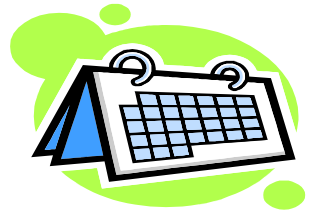
ONE TIME / एक
पटक

X 2

TWO TIMES / दुई
पटक

X 3

THREE TIMES / तीन
पटक



MONTH / महिना

Su M T W

Th F Sa

WEEK / हप्ता

DAYS

Monday/ सोमवार	Tuesday/ मंगलवार	Wednesday/ बुधवार	Thursday/ विहीवार
Friday/ शुक्रवार	Saturday/ शनिवार	Sunday/ आइतवार	

MONTHS

January/ जनवरी	February/ फेब्रुवरी	March/ मार्च	April/ अप्रिल
May/ मे	June/ जून	July/ जुलाई	August/ अगस्ट
September/ सेप्टेम्बर	October/ अक्टूबर	November/ नोवेम्बर	December/ डिसेम्बर

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	
30									
31									

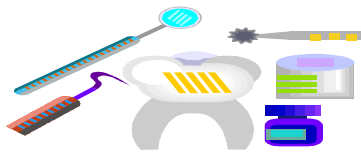
Level of Pain / दुःखाइ स्तर

1 2 3 4 5 6 7 8 9 10

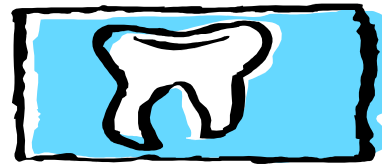
LOW/कम

BAD/ खराब

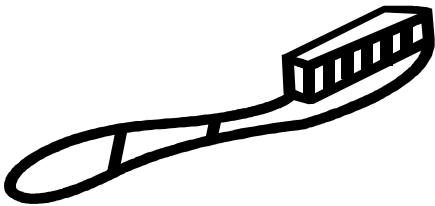
DENTAL



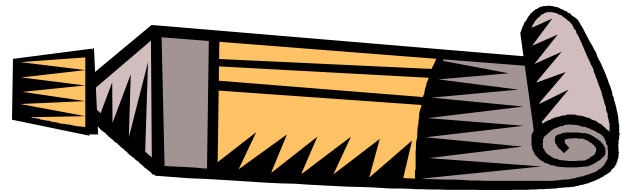
DENTIST/ दाँतको चिकित्सक



TOOTH/ दाँत



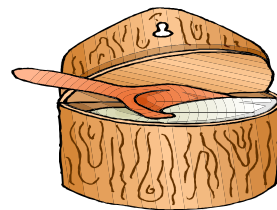
TOOTHBRUSH/दाँत माज्ने बुरुस



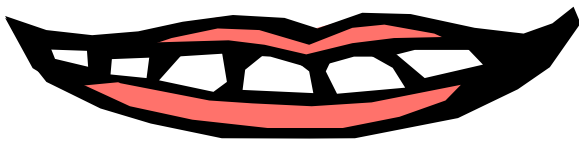
TOOTHPASTE/
मंजन



BOTTLE/बोटल



SUGAR/ चीनी



GOOD TEETH / राम्रो दाँत



BAD TEETH/
नराम्रो दाँत



FRUIT/ फलफूल



WATER/ पानी