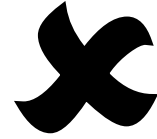


# BASICS



**YES / हां**



**NO / नहीं**



**UNSURE / अनिश्चित**

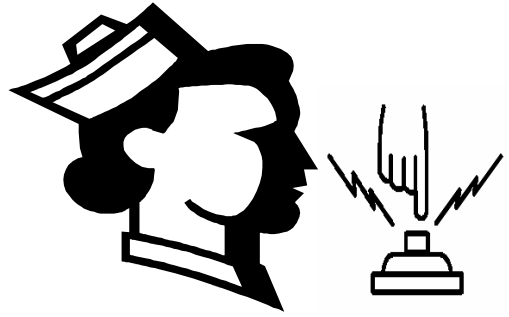


**NO SMOKING /  
धूम्रपान वर्जित**

# BASICS



**STOP / रुकें**



**CALL NURSE /  
नर्स को बुलाएं**



**TOILET / संडास**

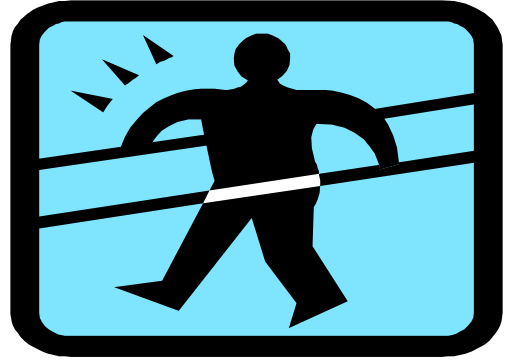


**HELP / सहायता**

# BASICS



**MEALS AREA /**  
**खाने का क्षेत्र**



**THERAPY /**  
**उपचार**

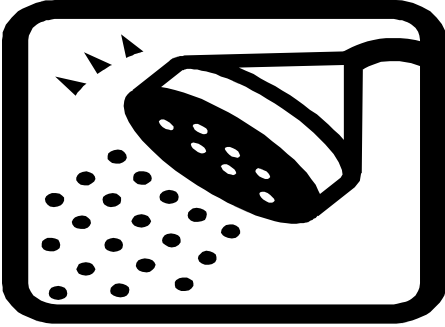


**BED PAN /**  
**बैड पैन**



**BRUSH / ब्रश**

# BASICS



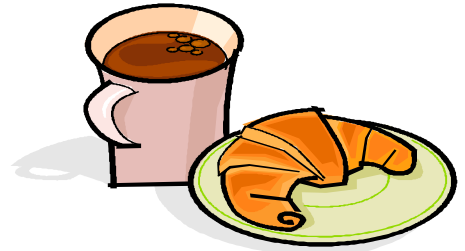
**SHOWER / शावर**



**HOT DRINK /  
गरम ड्रिंक**



**COLD DRINK /  
ठंडा ड्रिंक**



**HUNGRY /  
भूखा**

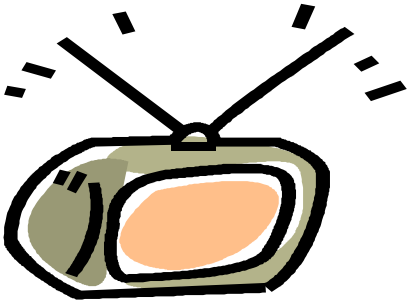
# BASICS



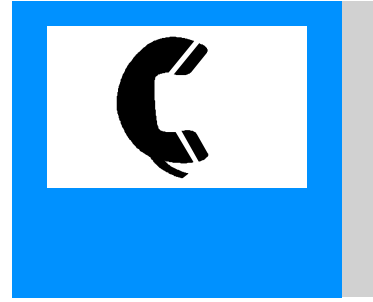
**WATER / पानी**



**TOOTH BRUSH /  
टुथ ब्रश**



**TELEVISION /  
टेलीविज़न**



**TELEPHONE /  
टेलिफ़ोन**

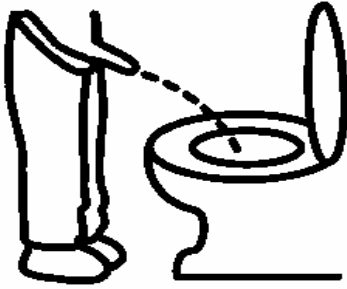
# INSTRUCTIONS



**STAND UP /**  
**खड़े हो जाएं**



**SIT DOWN /**  
**बैठ जाएं**

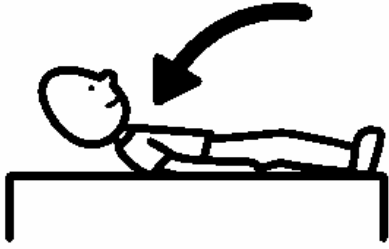


**URINE / मूत्र**



**FAECES / मल**

# INSTRUCTIONS



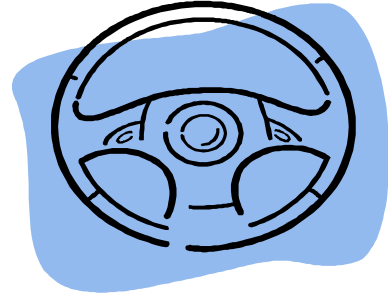
**LIE DOWN /**  
लेट जाएं



**SIT UP /**  
बैठ जाएं

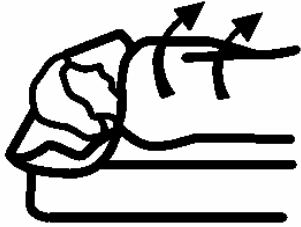


**COUGH / खांसी**

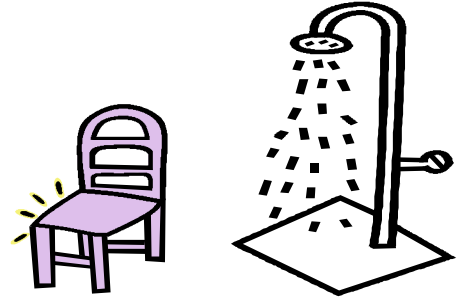


**DRIVE / गाड़ी चलाएं**

# INSTRUCTIONS



**TURN / पलटें**



**SHOWER CHAIR /  
शावर लेने की कुर्सी**



**WASH / धोएं**



**WASH IN BED /  
बिस्तर पर धोना**



# INSTRUCTIONS



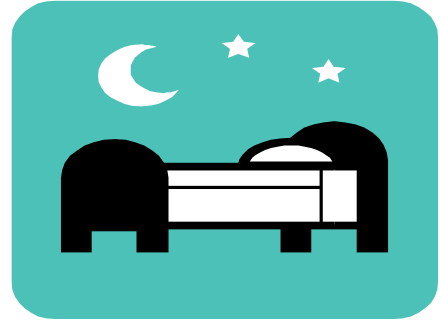
**EXERCISE /**  
**व्यायाम**



**DEEP BREATH /**  
**गहरा सांस**



**CUT NAILS /**  
**नाखुन काटें**

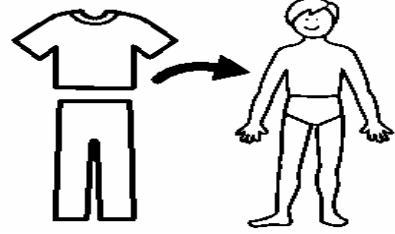


**SLEEP / सोएं**

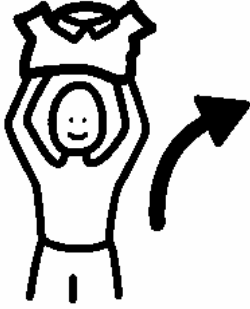
# INSTRUCTIONS



**WALK / चलें**



**DRESS /  
कपड़े पहनें**



**UNDRESS / कपड़े उतारें**



**SPIT / थूकें**

# FAMILY



**HUSBAND / पति**



**WIFE / पत्नी**



**FATHER / पिता**



**MOTHER / मां**

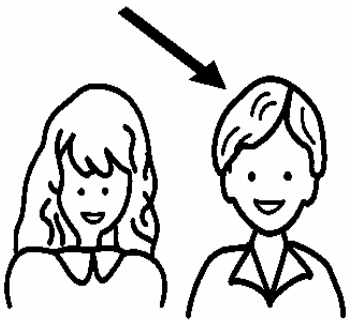
# FAMILY



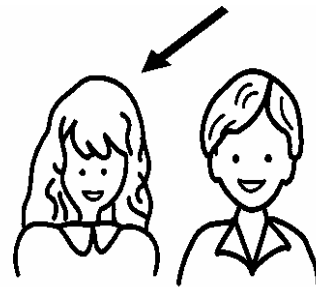
**SON / बेटा**



**DAUGHTER /  
बेटी**



**BROTHER /  
भाई**

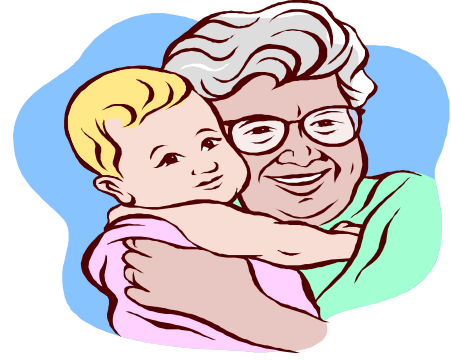


**SISTER /  
बहन**

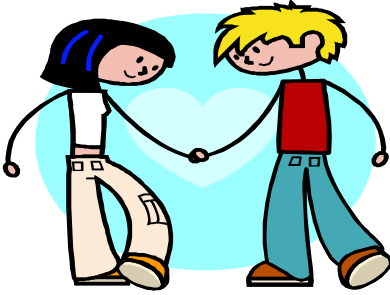
# FAMILY



**GRANDFATHER /**  
**दादा/नाना**



**GRANDMOTHER /**  
**दादी/नानी**



**CHILDREN /**  
**बच्चे**



**PETS /**  
**पालतू जानवर**

# FAMILY

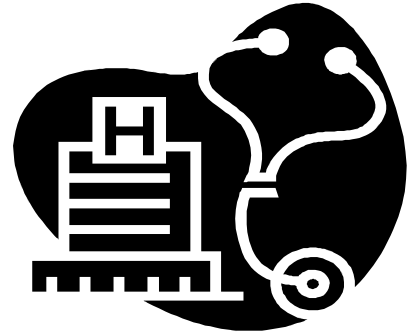


**FAMILY / परिवार**

# COMMUNITY



**HOME / घर**



**HOSPITAL / अस्पताल**

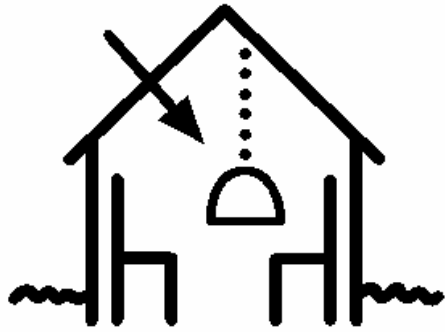


**WORK / काम**



**COUNTRY / देश**

# COMMUNITY



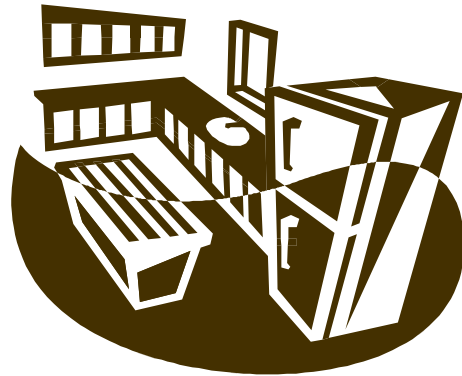
**INSIDE / अंदर**



**OUTSIDE / बाहर**



**BEDROOM /  
सोने का कमरा**



**KITCHEN / रसोई**



# COMMUNITY



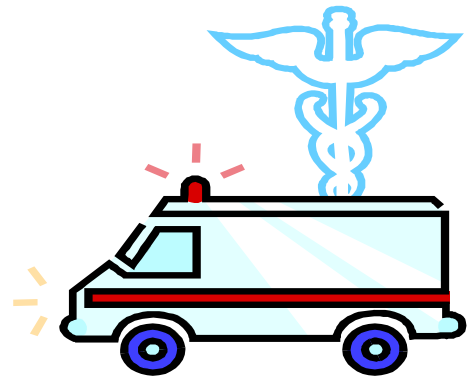
**CAR / कार**



**TAXI / टैक्सी**

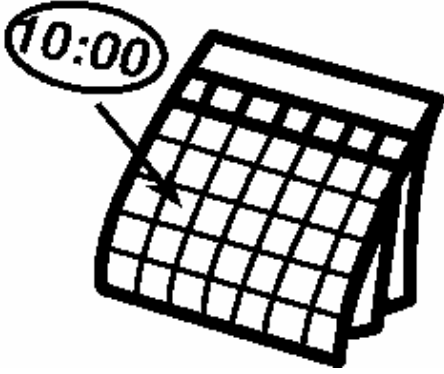


**BUS / बस**

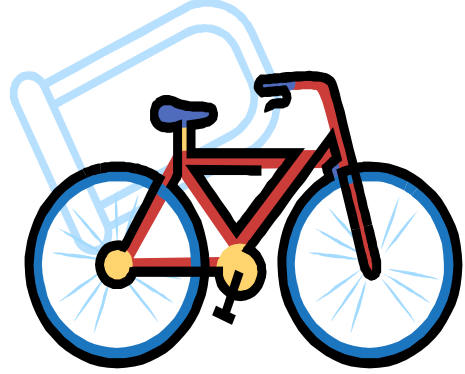


**AMBULANCE /  
ऐम्बुलैस**

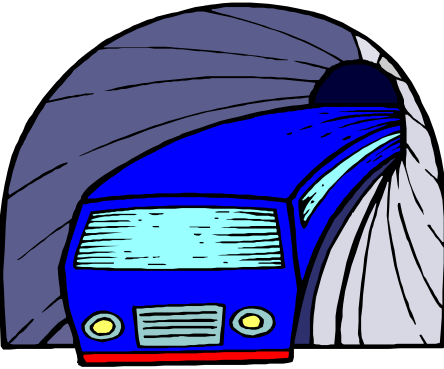
# COMMUNITY



**APPOINTMENT /**  
**मुलाक़ात**



**BICYCLE /**  
**बाइसिकिल**

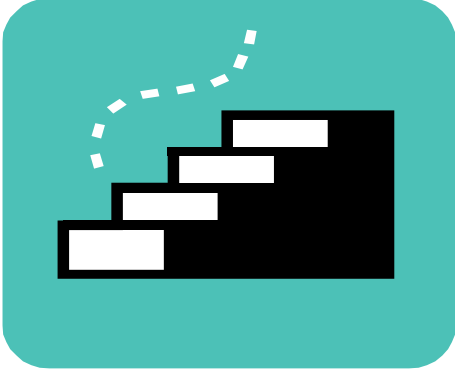


**TRAIN / रेल गाड़ी**



**SCHOOL / स्कूल**

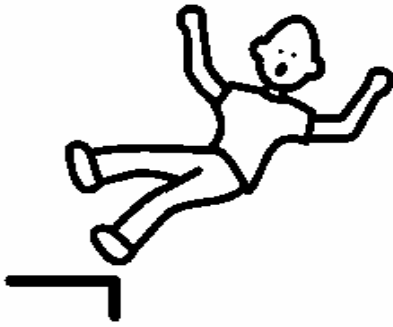
# COMMUNITY



**STEPS / पायदान**



**STAIRS/ सीढ़ियां**

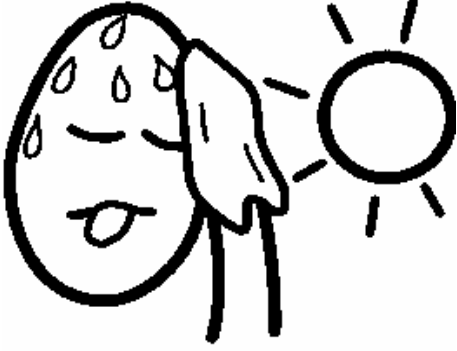


**FALL / गिरना**



**COOK / भोजन बनाना**

# DESCRIPTIONS



**HOT / गरम**



**COLD / ठंडा**



**DIZZY / चक्कर आना**



**CONFUSED /  
समझ में ना आना**

# DESCRIPTIONS



**HAPPY / खुश**



**SAD / उदास**



**SCARED / डर लगना**



**ANGRY / क्रोध में होना**

# DESCRIPTIONS



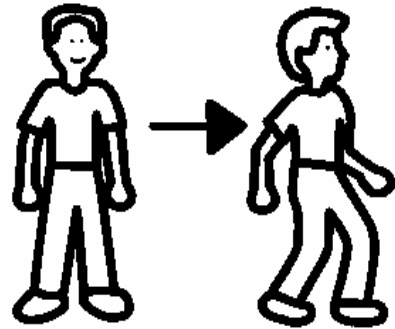
**TIRED / थका हुआ होना**



**PAIN / दर्द**



**RELAXED / आराम में**

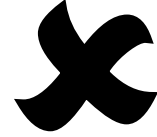


**LEAVING / छोड़ कर  
जाना**

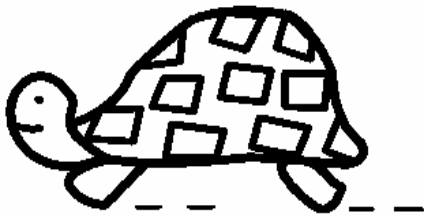
# DESCRIPTIONS



**GOOD / अच्छा**



**BAD / बुरा**



**SLOW / धीरे**



**FAST / तेज़**

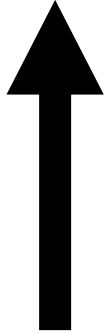
# DESCRIPTIONS



**LEFT / बायां**



**RIGHT / दायां**



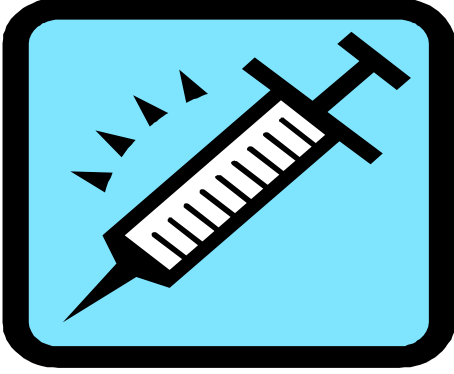
**UP / ऊपर**



**DOWN / नीचे**



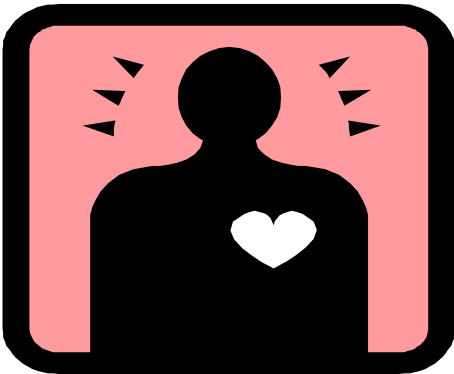
# MEDICAL



INJECTION / इंजैक्शन



X – RAY / ऐक्स-रे



ECHOCARDIOGRAM /  
ईकोकार्डियोग्राम



TEMPERATURE /  
तापमान

# MEDICAL



**MEDICATION /**  
**दवाएं लेना**



**BLEEDING /**  
**खून बहना**



**HIGH BLOOD**  
**PRESSURE /**  
**ऊंचा ब्लड प्रेशर**

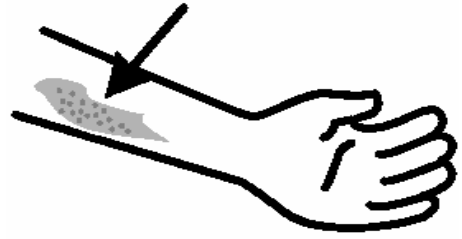


**LOW BLOOD**  
**PRESSURE /**  
**नीचा ब्लड प्रेशर**

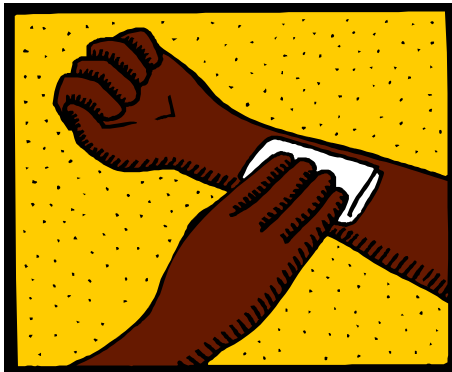
# MEDICAL



**BLOOD TEST /**  
**खून की जांच**



**RASH /**  
**ददोरा**



**WOUND / जख्म**



**CHANGE**  
**DRESSING /**  
**पट्टी बदलना**

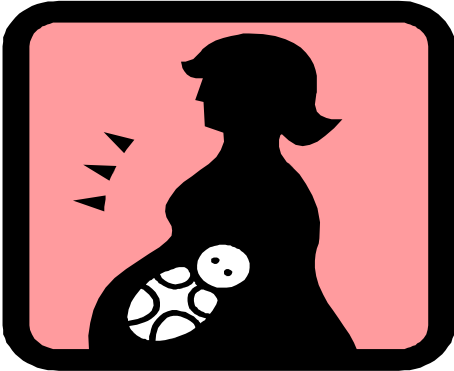
# MEDICAL



**OPERATION /**  
**ऑपरेशन**



**NEUROLOGY TEST /**  
**तंत्रिका की जांच**

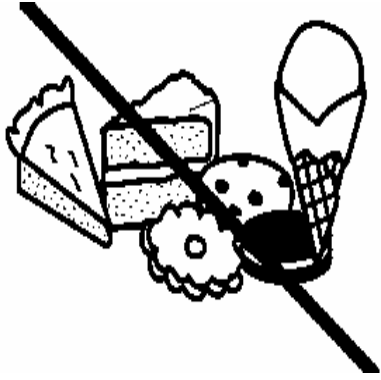


**MATERNITY / प्रसूति**



**WEIGHT / भार**

# MEDICAL



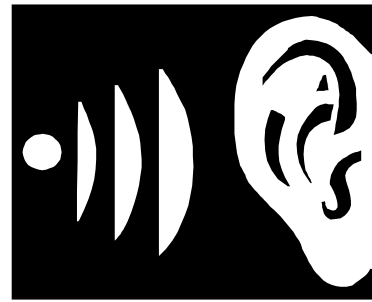
**DIABETES / मधुमेह**



**ALLERGY / ऐलर्जी**



**EYE TEST / आंखों की  
जांच**



**HEARING TEST /  
श्रवण-शक्ति की जांच**

# OBJECTS



**MIRROR / दर्पण**



**RADIO / रेडियो**



**CLOCK / घड़ी**

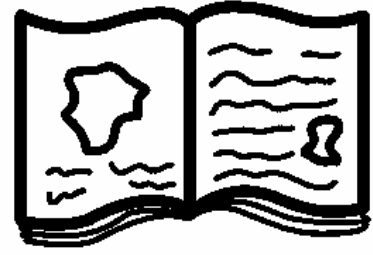


**LIGHT / प्रकाश**

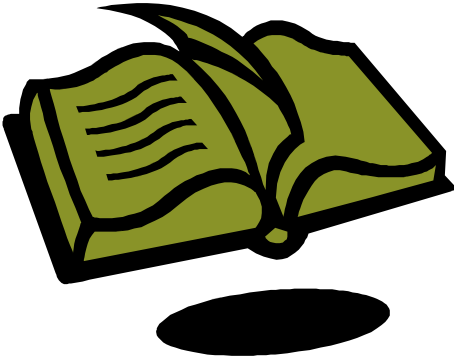
# OBJECTS



**NEWSPAPER /**  
**समाचार पत्र**



**MAGAZINE /**  
**पत्रिका**



**BOOK / किताब**

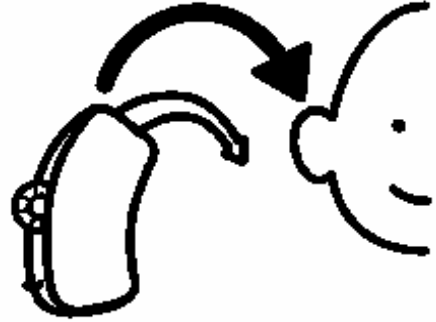


**PEN / PAPER /**  
**पैन / कागज़**

# OBJECTS



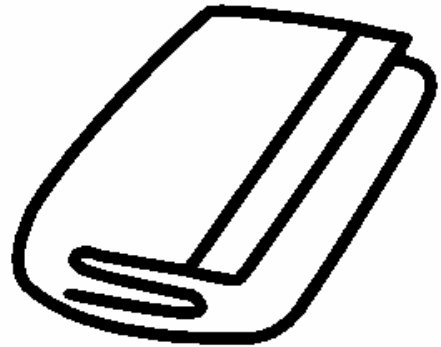
**GLASSES / चश्मा**



**HEARING AID /  
सुनने का यंत्र**



**DENTURES /  
नक़ली दांत**



**BLANKET /  
कंबल**



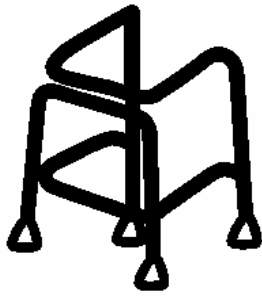
# OBJECTS



**WHEELCHAIR /**  
पहिएदार कुर्सी



**WALKING STICK /**  
चलने की छड़ी

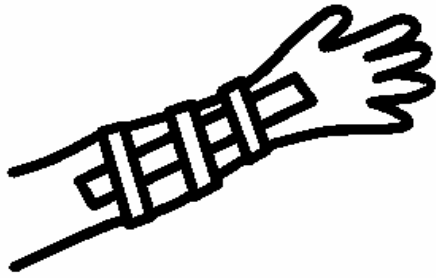


**WALKING FRAME /**  
चलने का फ्रेम

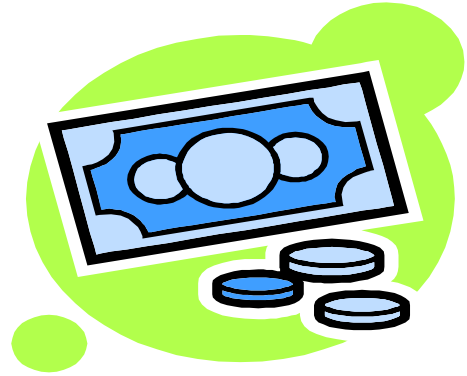


**CRUTCHES /**  
बैसाखियां

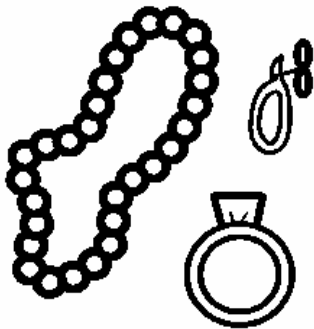
# OBJECTS



**SPLINT / सिप्लंट**



**MONEY / पैसा**



**JEWELLERY / गहने**



**CIGARETTE / सिग्रेट**

# PEOPLE



**DOCTOR / डॉक्टर**



**NURSE / नर्स**



**PAEDIATRICIAN /  
छोटे बच्चों का डॉक्टर**



**AUDIOLOGIST /  
कान का डॉक्टर**

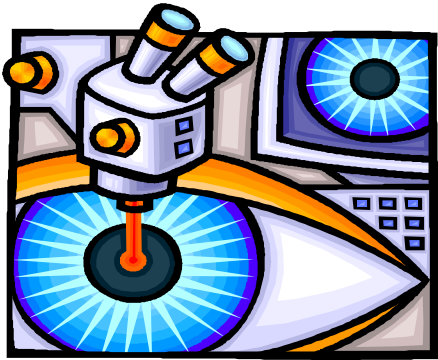
# PEOPLE



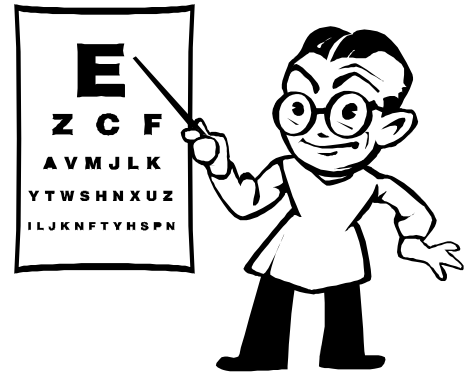
**PSYCHOLOGIST /**  
**मनोवैज्ञानिक**



**PSYCHIATRIST /**  
**मनोचिकित्सक**



**OPHTHALMOLOGISTIS /**  
**आंखों का डॉक्टर**

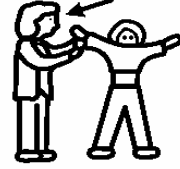


**OPTOMETRIST /**  
**नज़र जांचने वाला**

# PEOPLE



**PHYSIOTHERAPIST /**  
**भौतिक चिकित्सक**



**OCCUPATIONAL  
THERAPIST /**  
**व्यावसायिक चिकित्सक**



**SPEECH THERAPIST**  
**/**  
**वाणी चिकित्सक**

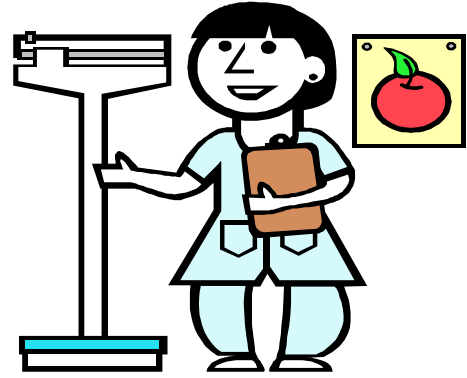


**SOCIAL WORKER /**  
**सोशल वर्कर**

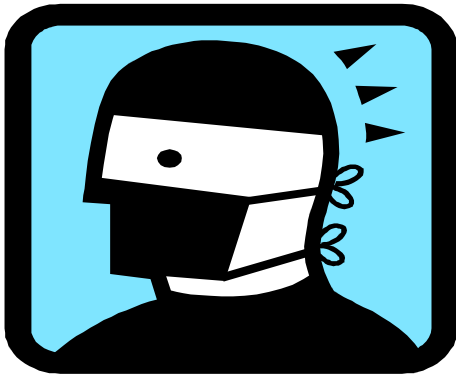
# PEOPLE



**PODIATRIST /**  
**पांव का डॉक्टर**



**DIETICIAN /**  
**आहार विशेषज्ञ**

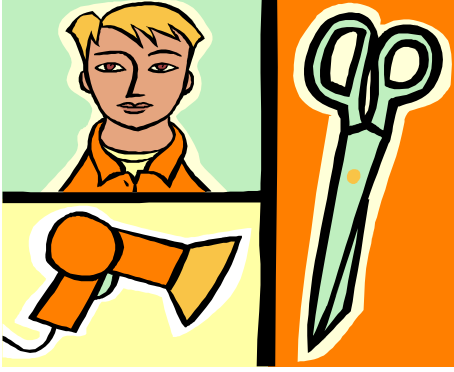


**SURGEON / सर्जन**



**MASSEUR / मालिशिया**

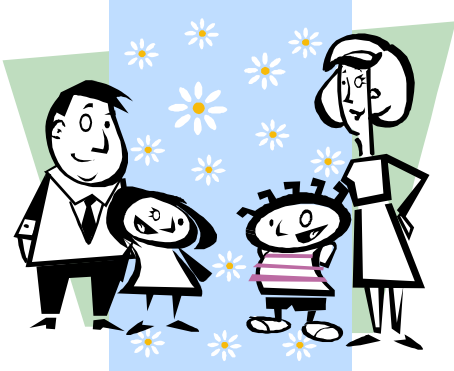
# PEOPLE



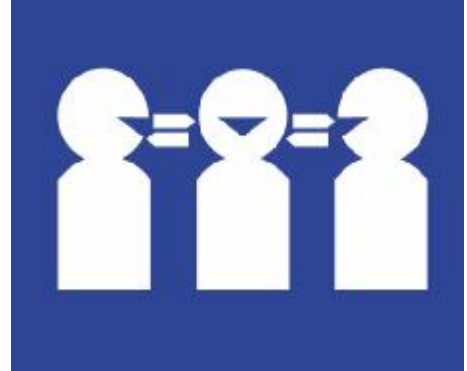
**HAIRDRESSER /**  
केश प्रसाधक



**TEACHER / अध्यापक**

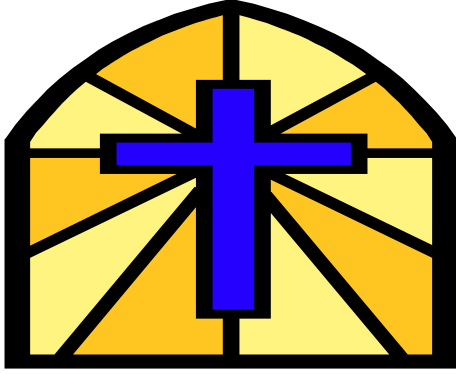


**VISITORS / मुलाक़ाती**

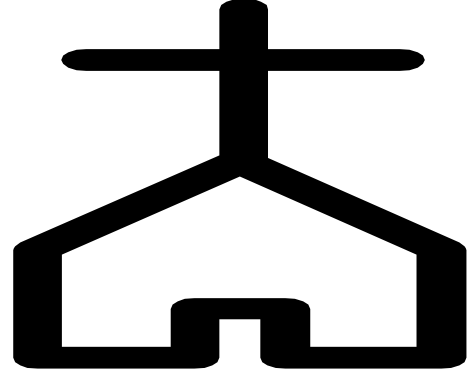


**INTERPRETER /**  
दुभाषिया

# RELIGION



**CHRISTIAN / ईसाई**



**CHURCH / चर्च**



**PRIEST / पादरी**



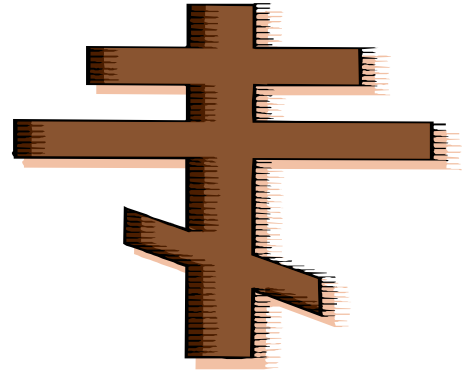
**CATHOLIC / कैथोलिक**



# RELIGION



**ORTHODOX /**  
**ऑर्थोडॉक्स**



**RUSSIAN ORTHODOX**  
**/**  
**रूसी ऑर्थोडॉक्स**

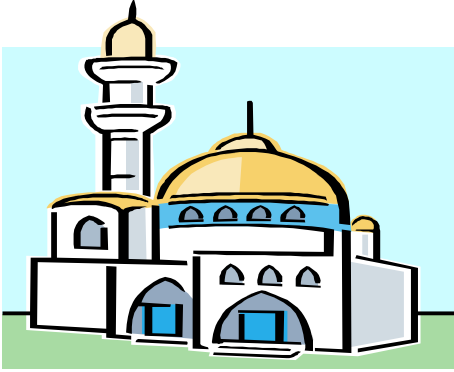


**BIBLE /**  
**बाइबल**



**CHAPEL /**  
**छोटा गिरजा**

# RELIGION



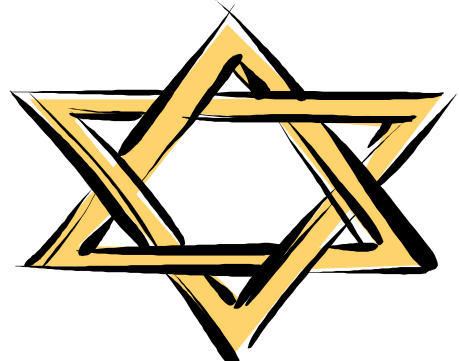
**MUSLIM /**  
**मुस्लिम**



**PRAY /**  
**नमाज़**



**IMAM / इमाम**



**JEWISH /**  
**यहूदी संबंधित**

# RELIGION



**SYNAGOGUE /**  
**यहूदी उपासनग्रह**



**RABBI /**  
**रब्बी (यहूदी धर्मगुरु)**



**HINDU / हिंदू**

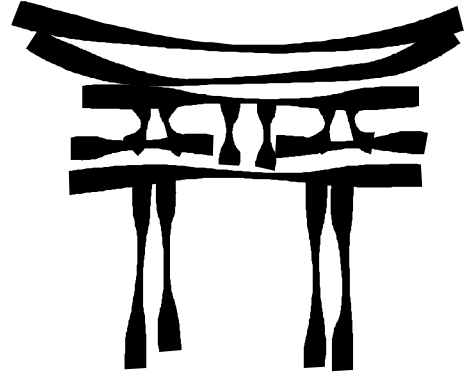


**BUDDHIST / बौध**

# RELIGION

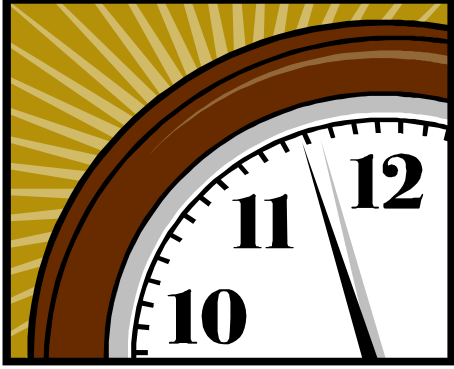


**MONK / भिक्षु**



**SHINTO / शिंतो**

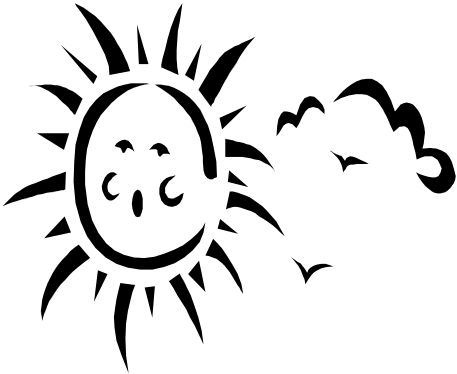
# TIME



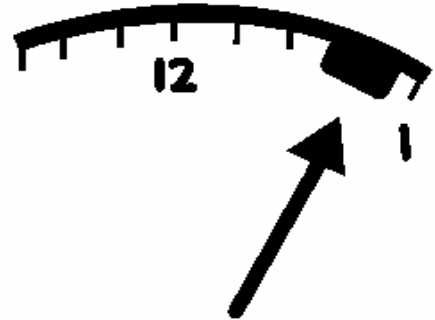
**TIME / समय**



**NIGHT / रात**



**DAY / दिन**



**MINUTE / मिनट**

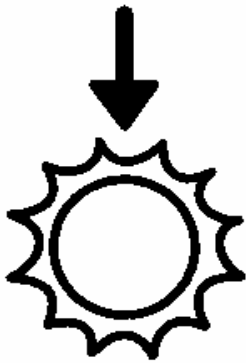
# TIME



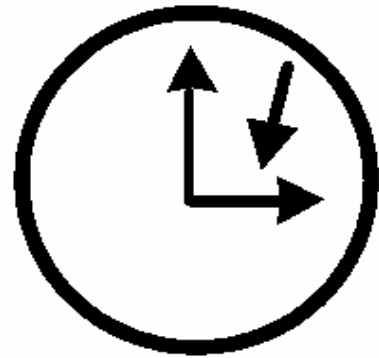
**YESTERDAY /**  
**(गुज़रा हुआ) कल**



**TOMORROW /**  
**(आने वाला) कल**



**TODAY / आज**



**HOURL / घंटा**

# TIME

**x 1**

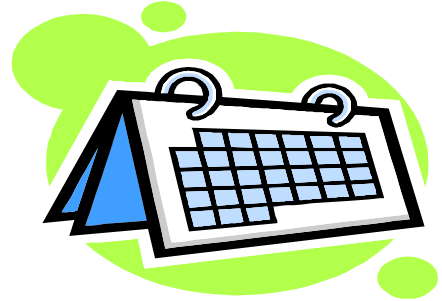
**ONE TIME / एक बार**

**x 3**

**THREE TIMES /  
तीन बार**

**x 2**

**TWO TIMES /  
दो बार**



**MONTH / महीना**

# TIME

**Su M T W**

**Th F Sa**

---

**WEEK / सप्ताह**



# DAYS

**MONDAY /**  
**सोमवार**

**TUESDAY /**  
**मंगलवार**

**WEDNESDAY /**  
**बुधवार**

**THURSDAY /**  
**बृहस्पतिवार**

**FRIDAY /**  
**शुक्रवार**

**SATURDAY /**  
**शनिवार**

**SUNDAY /**  
**रविवार**

# MONTHS

**JANUARY /**  
**जनवरी**

**FEBRUARY /**  
**फ़रवरी**

**MARCH /**  
**मार्च**

**APRIL /**  
**अप्रैल**

**MAY /**  
**मई**

**JUNE /**  
**जून**

# MONTHS

**JULY /**  
**जुलाई**

**AUGUST /**  
**अगस्त**

**SEPTEMBER /**  
**सितंबर**

**OCTOBER /**  
**अक्तूबर**

**NOVEMBER /**  
**नवंबर**

**DECEMBER /**  
**दिसंबर**

|    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 |    |    |    |    |    |    |    |    |    |

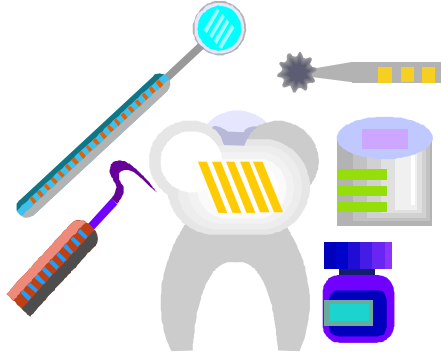
### LEVEL OF PAIN / दर्द का स्तर

1 2 3 4 5 6 7 8 9 10

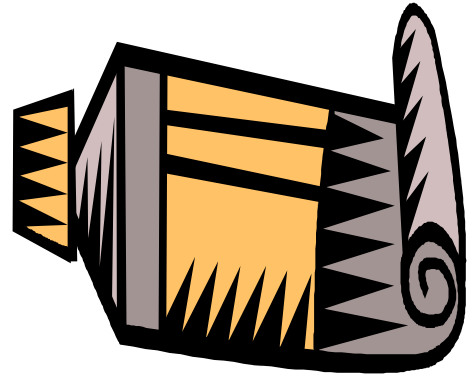
LOW / कम

BAD / खराब

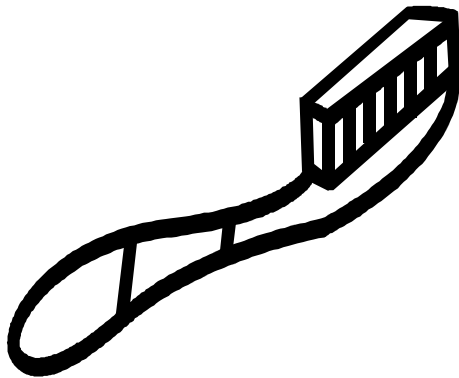
# DENTAL



**DENTIST /**  
दांतों को डॉक्टर



**TOOTHPASTE /**  
टूथ पेस्ट



**TOOTHBRUSH /**  
टूथ ब्रश



**TOOTH / दांत**

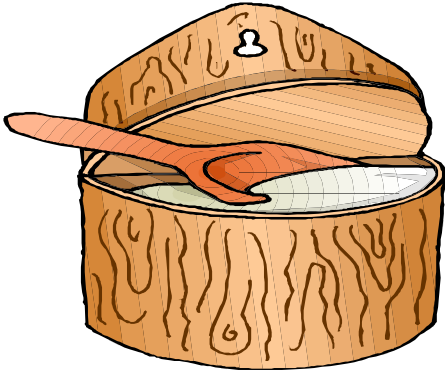
# DENTAL



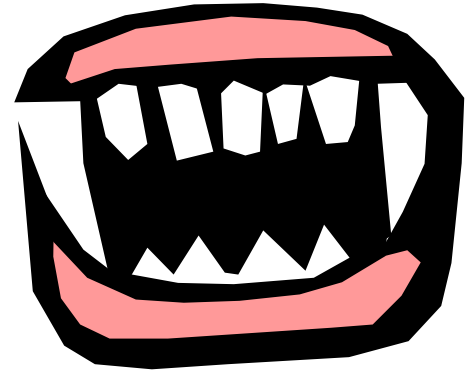
**BOTTLE / बोतल**



**GOOD TEETH /  
अच्छे दांत**



**SUGAR /  
चीनी / शक्कर**



**BAD TEETH /  
खराब दांत**

# DENTAL



**FRUIT / फल**



**WATER /  
पानी**