

BASICS

CHIN



**YES /
A SI**



**NO /
A SI LO**



**UNSURE /
I FIANG LO**



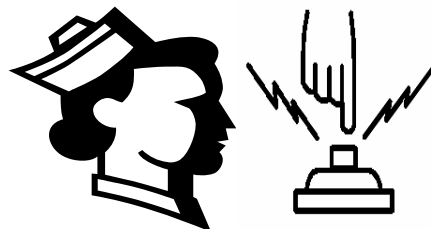
**NO SMOKING /
KUAH ZU HLAH**

BASICS



**STOP /
I DINH**

CHIN



**CALL NURSE /
SIZUNG (SAYAMA)
AU**



**TOILET / PAWNG
KAL NAK LE ZUN
ZUNG NAK**

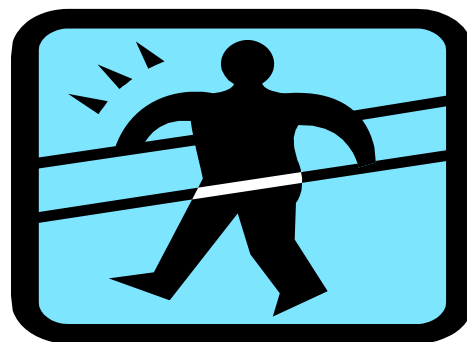


**HELP /
BAWMH HERH**

BASICS



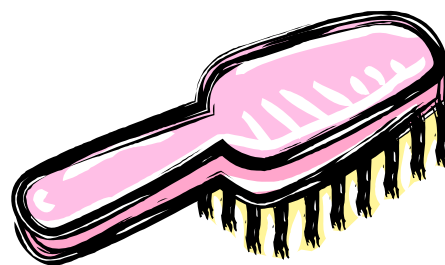
**MEALS AREA /
RAWL EI NAK DING
HMUN**



**THERAPY / TAKSA
NGANDAM NAK DING
IN ZOHKHENNAK**



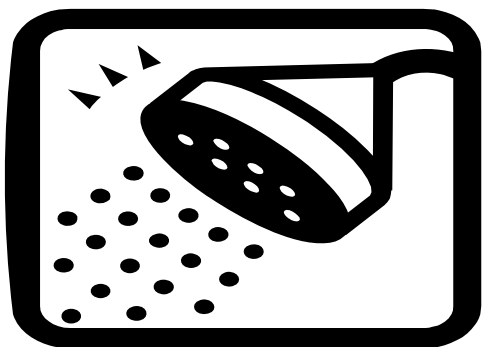
**BED PAN / IH NAK
PAWNG IH CHIAH MI
ZUN ZUNG NAK**



**BRUSH /
SAMTHIH**

BASICS

CHIN



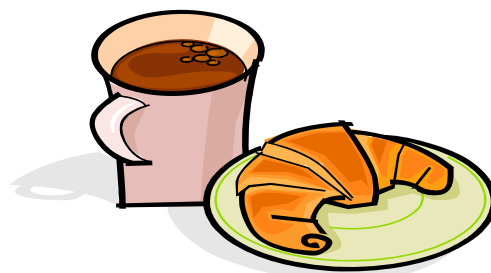
**SHOWER /
TI I KHOLH**



**HOT DRINK /
TISA DIN**



**COLD DRINK /
TI KIK DIN**



**HUNGRY /
PAW TAM**

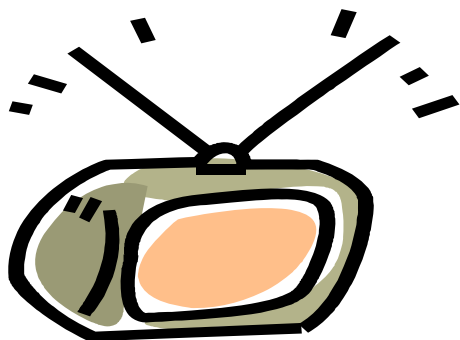
BASICS



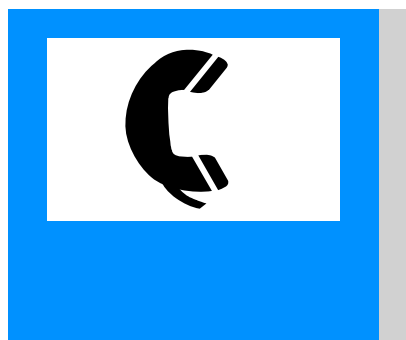
**WATER /
TI**



**TOOTH BRUSH /
HA NAWH NAK**



**TELEVISION /
T V**



**TELEPHONE /
PHONE AU NAK**

INSTRUCTIONS

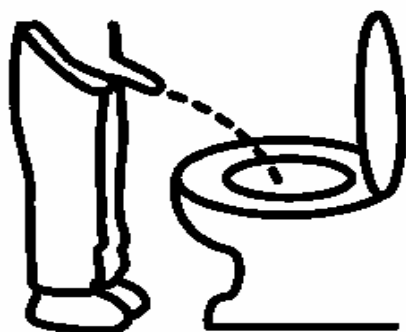
CHIN



**STAND UP /
DIR**



**SIT DOWN /
THU**



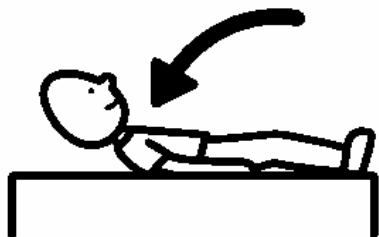
**URINE /
ZUN ZUNG**



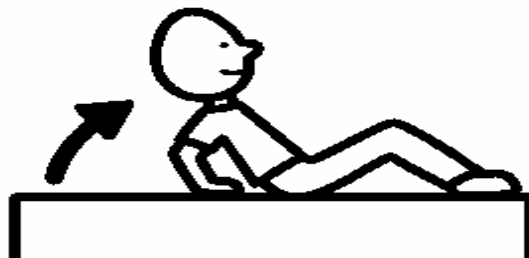
**FAECES /
PAWNG KAL**

INSTRUCTIONS

CHIN



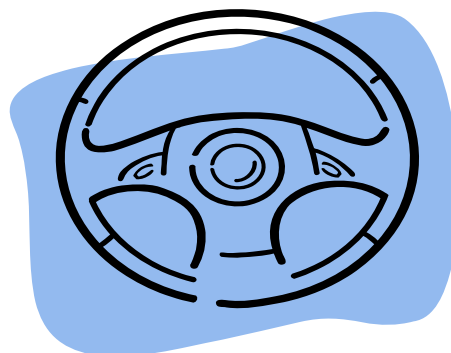
**LIE DOWN /
ZANG PA THAL**



**SIT UP /
THO**



**COUGH /
KHUH**



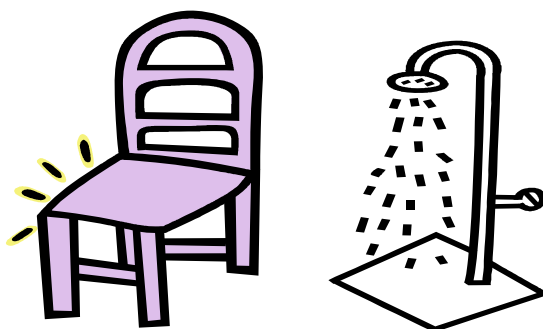
**DRIVE /
MAWTAW KAA
MAWNG**

INSTRUCTIONS

CHIN



**TURN /
I HER**



**SHOWER CHAIR /
THUT BU IN TI I
KHOLH**



**WASH /
TOL**



**WASH IN BED /
IH BU IN TI KHOLH**

INSTRUCTIONS

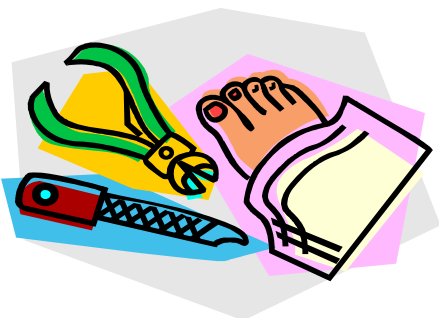
CHIN



**EXERCISE /
NGANDAM NAK DING
AH CANGVAI**



**DEEP BREATH /
THAWPI LAK**



**CUT NAILS /
TIN RIAM**



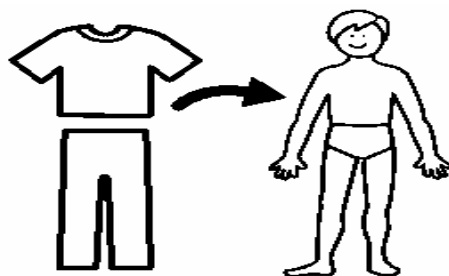
**SLEEP /
IT**

INSTRUCTIONS

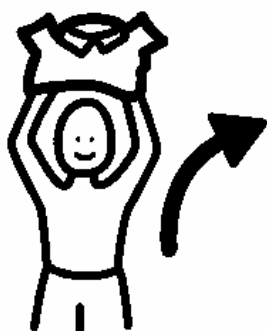
CHIN



**WALK /
LAM KAL**



**DRESS /
HNIPUAN I HRUH**



**UNDRESS /
HNIPUAN I PHUAK**



**SPIT /
CIL CHAK**

FAMILY



**HUSBAND /
PASAL**



**WIFE /
NUPI**



**FATHER /
PA**



**MOTHER /
NU**

FAMILY

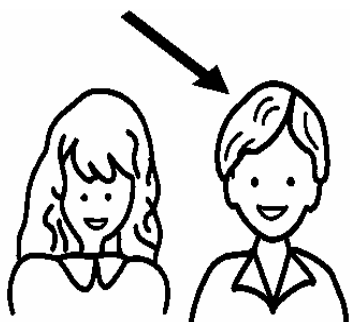
CHIN



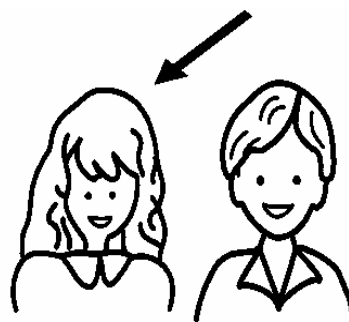
**SON /
FAPA**



**DAUGHTER /
FANU**



**BROTHER /
TA PA**



**SISTER /
FARNU**

FAMILY

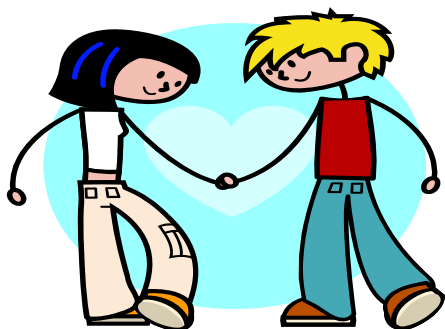
CHIN



**GRANDFATHER /
PU**



**GRANDMOTHER /
PI**



**CHILDREN /
NGHAKCHIA**



**PETS /
INN ZUAT MI RAMSA**

FAMILY

CHIN

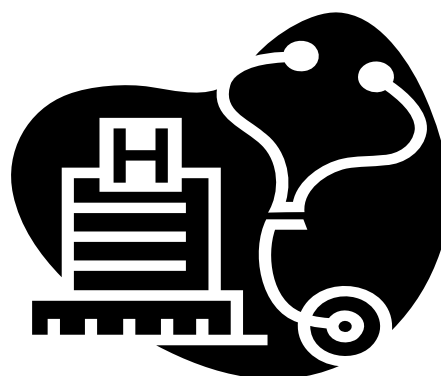


**FAMILY /
CHUNGKHAR**

COMMUNITY CHIN



**HOME /
INN**



**HOSPITAL /
SIZUNG**

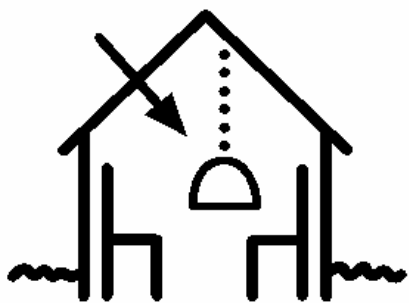


**WORK /
RIAN**

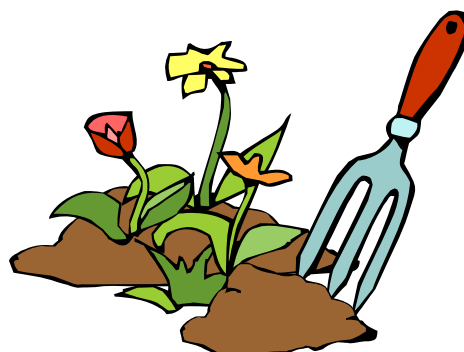


**COUNTRY /
RAM**

COMMUNITY CHIN



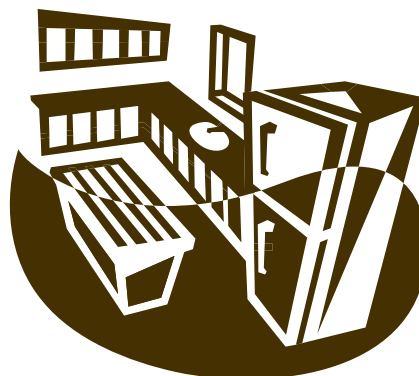
**INSIDE /
INN CHUNG**



**OUTSIDE /
INN LENG**



**BEDROOM /
IH NAK KHAN**



**KITCHEN /
COKA**

COMMUNITY CHIN



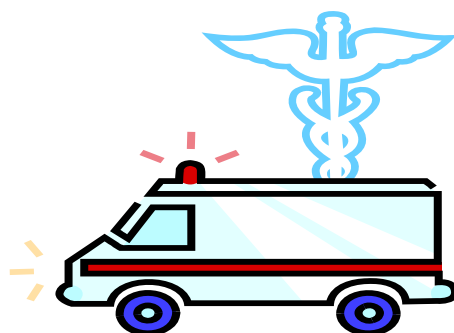
**CAR /
MAW TAW KAA**



**TAXI /
TEKSI**



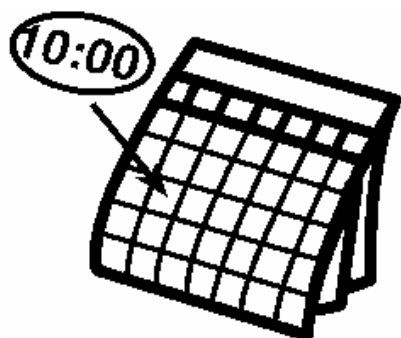
**BUS /
BAS**



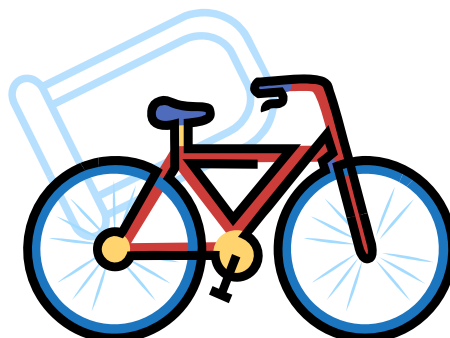
**AMBULANCE /
SIZUNG MAWTAW
KAA**

COMMUNITY

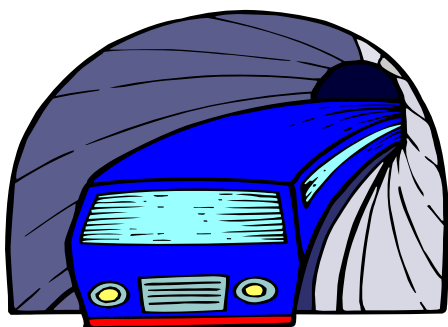
CHIN



**APPOINTMENT /
I TAWN DING CAAN**



**BICYCLE /
THIR LENG**



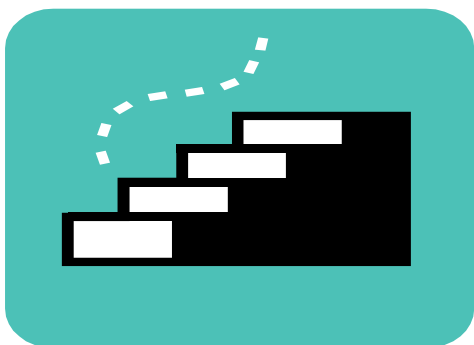
**TRAIN /
MI YA THA**



**SCHOOL /
SIANG INN**

COMMUNITY

CHIN



**STEPS /
KAL BAK**



**STAIRS /
KAL BAK KAI NAK**



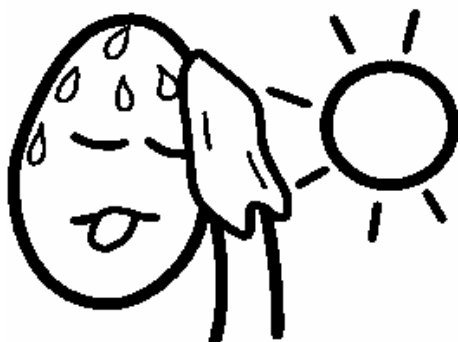
**FALL /
TLU**



**COOK /
RAWL CHUMH**

DESCRIPTION

CHIN



**HOT /
LUM**



**COLD /
KIK**



**DIZZY /
LUNGMIT**



**CONFUSED /
TUAKAWK THEI LO**

DESCRIPTION

CHIN



**HAPPY /
LAWM**



**SAD /
NGEIHCHIA**



**SCARED /
THINPHANG**



**ANGRY /
THIN HUNG**

DESCRIPTION

CHIN



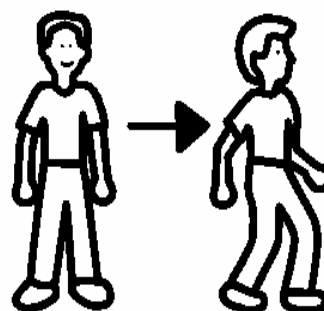
**TIRED /
BA**



**PAIN /
FAK**



**RELAXED /
I DINH SAWH SAWH**



**LEAVING /
KAL TAK**

DESCRIPTION

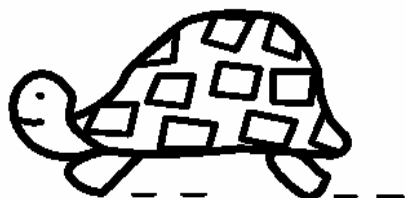
CHIN



**GOOD /
A THA**



**BAD /
A THA LO**



**SLOW /
HNUAM**



**FAST /
RANG**

DESCRIPTION

CHIN



**LEFT /
KEK LEI**



**RIGHT /
ORH LEI**



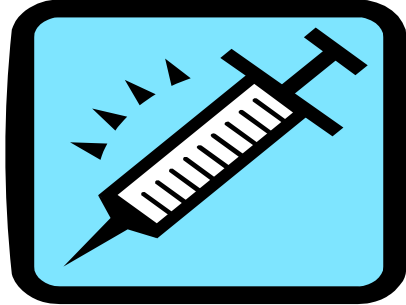
**UP /
A CUNG LEI**



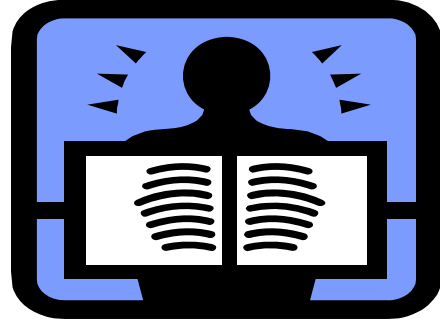
**DOWN /
A TANG LEI**

MEDICAL

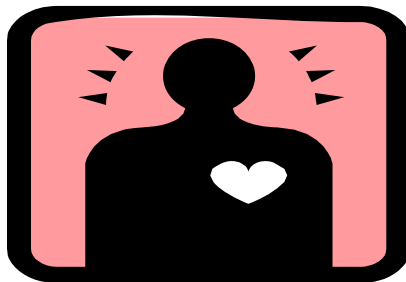
CHIN



**INJECTION /
SI CHUN**



**X – RAY /
DAT HMAN**



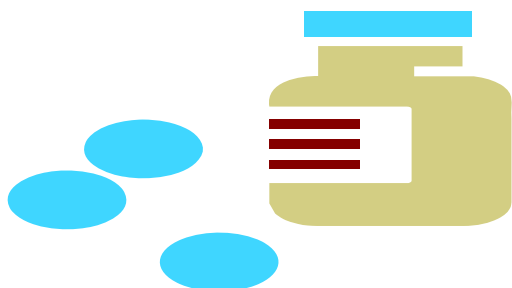
**ECHOCARDIOGRAM /
THIN PHU TEH**



**TEMPERATURE /
PANG SA TEH NAK**

MEDICAL

CHIN



**MEDICATION /
SI DIN DING MI**



**BLEEDING /
THI CHUAH**



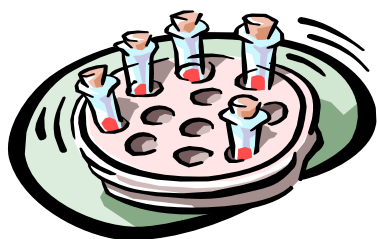
**HIGH BLOOD
PRESSURE /
THI SANG**



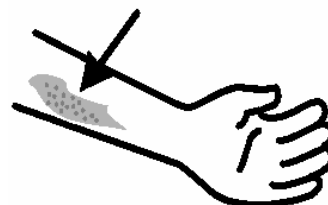
**LOW BLOOD
PRESSURE /
THI NIAM**

MEDICAL

CHIN



**BLOOD TEST /
THI CEK**



**RASH /
TAKSA BOL**



**WOUND /
HMA**



**CHANGE DRESSING /
HMA TUAM**

MEDICAL

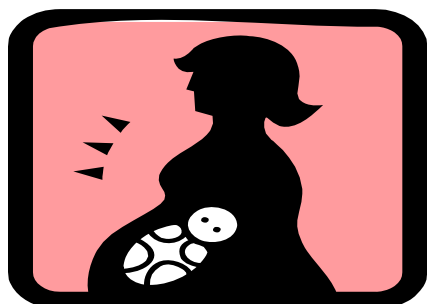
CHIN



**OPERATION /
AWPEREISON**



**NEUROLOGY TEST /
THLUAK ZOH NAK**



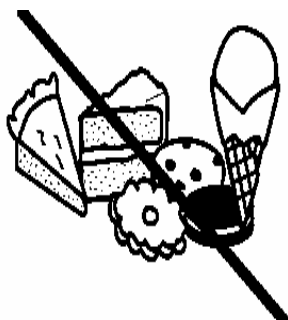
**MATERNITY /
NU THIL**



**WEIGHT /
CUAI THLAI**

MEDICAL

CHIN



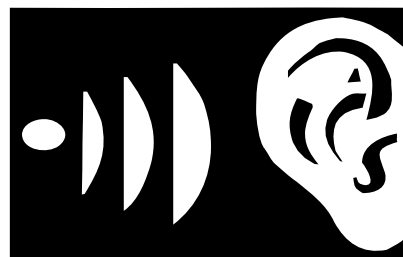
**DIABETES /
ZUN THLUM**



**ALLERGY /
EI HUA MI**



**EYE TEST /
MIT ZOH NAK**



**HEARING TEST /
HNA CEK TER NAK**

OBJECTS

CHIN



**MIRROR /
THLA LANG**



**RADIO /
REDIO**



**CLOCK /
NAZI**



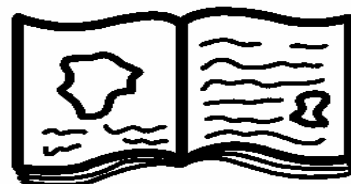
**LIGHT /
MEI CEU**

OBJECTS

CHIN



**NEWSPAPER /
TA DIN CA**



**MAGAZINE /
MEKAZIN**



**BOOK /
CA BU**



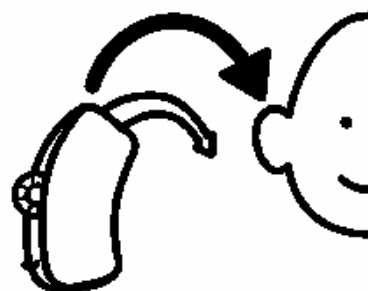
**PEN / PAPER /
CA TIAL NAK /
CAHNAH**

OBJECTS

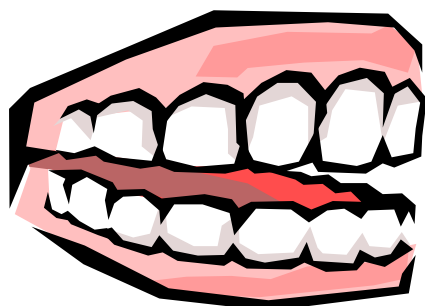
CHIN



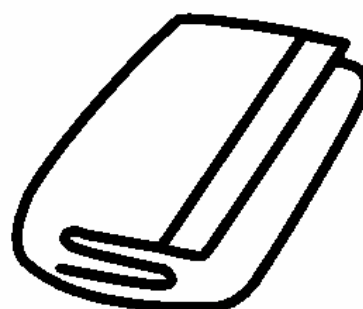
**GLASSES /
MIT KERH**



**HEARING AID/
HNACHET CA IH
HMANG MI CET**



**DENTURES /
HANI**



**BLANKET /
PUAN**

OBJECTS

CHIN



**WHEELCHAIR /
MI ZAW LENG**



**WALKING STICK/
THUNG THULH**



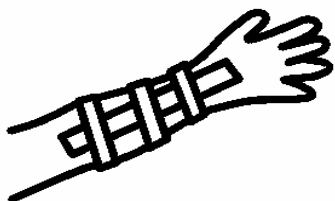
**WALKING FRAME /
KE LI NGEI THUNG
THLUH**



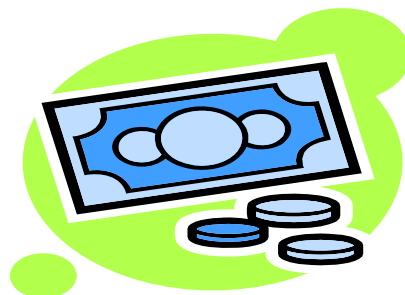
**CRUTCHES /
KEIBAI THUNG
THULH**

OBJECTS

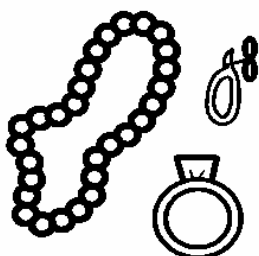
CHIN



**SPLINT /
RUH KIAK PEHNAK**



**MONEY /
POISA**



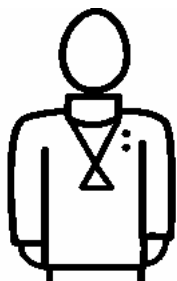
**JEWELLERY /
SUI LE NGUN**



**CIGARETTE /
KUAKE**

PEOPLE

CHIN



**DOCTOR /
SIBAWI**



**NURSE /
SIZUNG SAYAMA**



**PAEDIATRICIAN /
NAU ZOHKHENTU
SIBAWI**



**AUDIOLOGIST /
HNA LEI SIBAWI**

PEOPLE

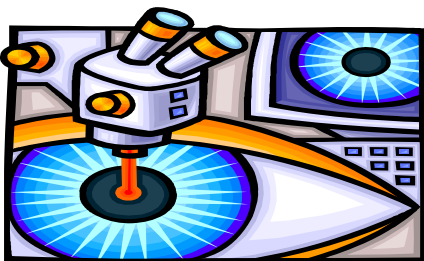
CHIN



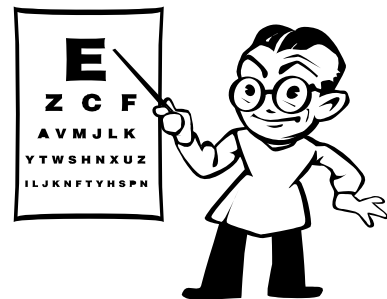
**PSYCHOLOGIST /
LUNG BUAI MI
ZOHKHENTU SIBAWI**



**PSYCHIATRIST /
LUNG FAK MI
ZOHKHENTU SIBAWI**



**OPHTHALMOLOGIST/
MIT DAT HMAN A
TUAH TU SIBAWI**



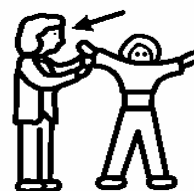
**OPTOMETRIST /
MIT SIBAWI**

PEOPLE

CHIN



**PHYSIOTHERAPIST /
TAKSA NGANDAM
DING IN ZOHKHENTU**



**OCCUPATIONAL
THERAPIST /
CAWL CANG PI TU
SIBAWI**



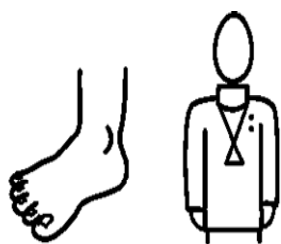
**SPEECH THERAPIST/
BIA RUAH TU SIBAWI**



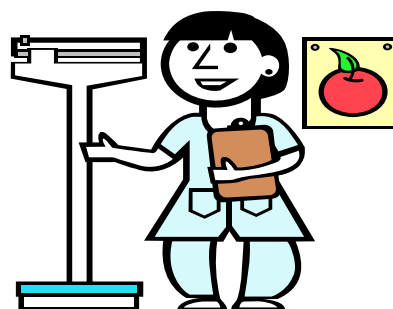
**SOCIAL WORKER /
CHUNGKHAR MI
BAWM TU**

PEOPLE

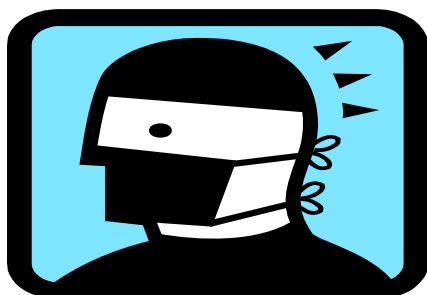
CHIN



**PODIATRIST /
KE SIBAWI**



**DIETICIAN /
RAWL EI DING CHIM
TU**

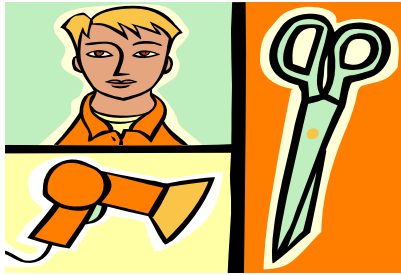


**SURGEON /
SIBAWI NGAN**



**MASSEUR /
MI HMET TU**

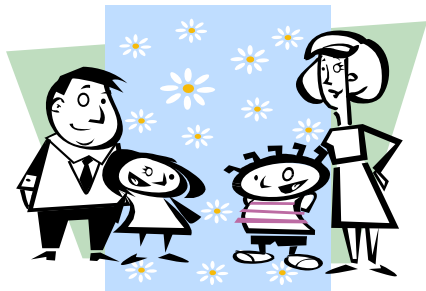
PEOPLE



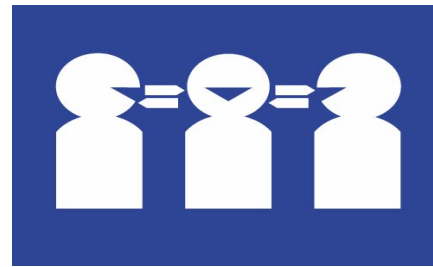
**HAIRDRESSER /
SAM MEH TU**



**TEACHER / CA
CAWNPIAK TU SAYA/
SAYAMA**



**VISITORS /
INN LENG TU**



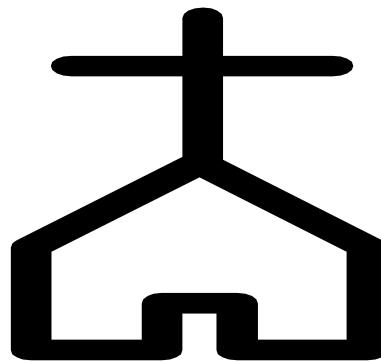
**INTERPRETER /
HOLHLET TU**

RELIGION

CHIN



**CHRISTIAN /
KHRIHFA**



**CHURCH /
BIAK INN**



**PRIEST /
SIANGBAWI**



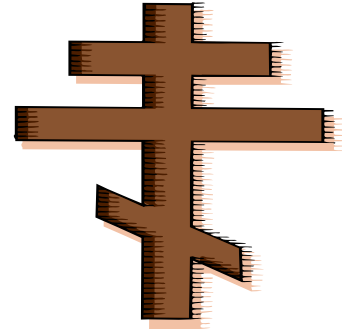
**CATHOLIC /
RC**

RELIGION

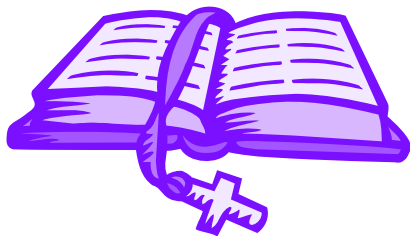
CHIN



**ORTHODOX /
AWRTHODOX
ZUMHNAK**



**RUSSIAN ORTHODOX
/ RUSSIA MI
AWRTHIDOX
ZUMHNAK**



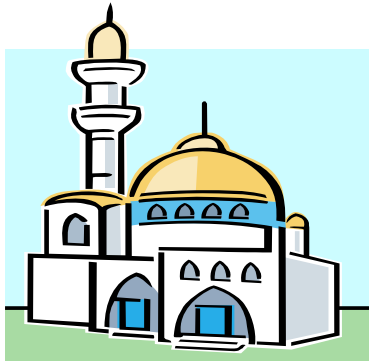
**BIBLE /
BAIBAL**



**CHAPEL /
THLACAM NAK**

RELIGION

CHIN



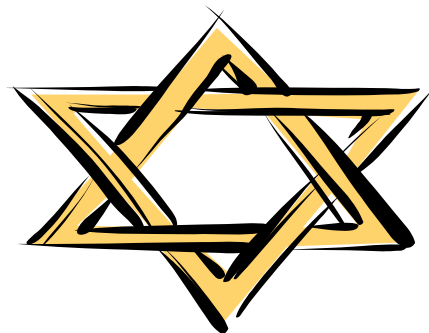
**MUSLIM /
MOSLIM**



**PRAY /
THLACAM**



**IMAM /
MOSLIM HRUAITU**



**JEWISH /
JUDAH MI ZUMHNAK**

RELIGION

CHIN



**SYNAGOGUE /
MOSLIM BIAK INN**



**RABBI /
JUDAH MIFIM**



**HINDU /
KALA BIAKNAK
PAKHAT**



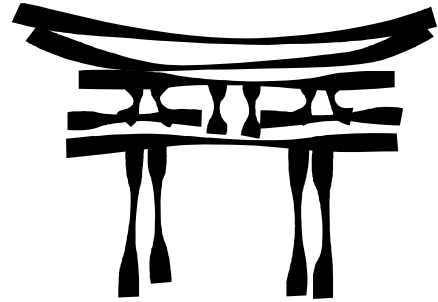
**BUDDHIST /
BUKTAH ZUMHNAK**

RELIGION

CHIN



**MONK /
PHUNG KI**



**SHINTO /
SINTO ZUMHNAK**

TIME

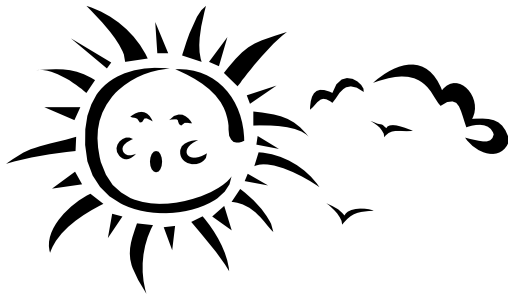
CHIN



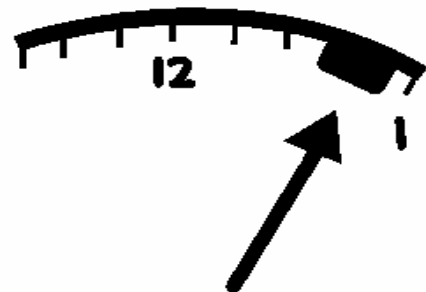
**TIME /
CAAN**



**NIGHT /
ZAN**



**DAY /
CHUN**



**MINUTE /
MINIT**

TIME

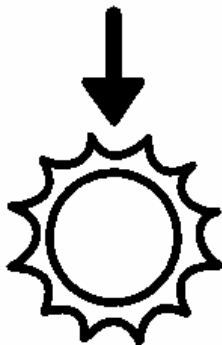
CHIN



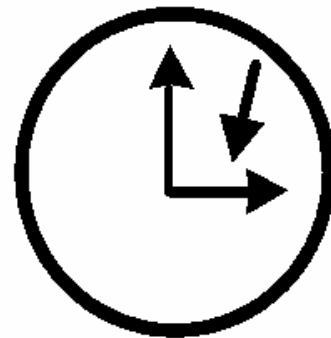
**YESTERDAY /
NIZAN CHUN**



**TOMORROW /
THAI CHUN**



**TODAY /
TU NI**



**HOUR /
NAZI CAAN**

TIME

CHIN

x 1

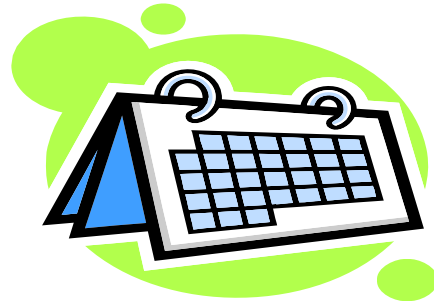
**ONE TIME /
VAWI KHAT**

x 3

**THREE TIMES /
VAWI THUM**

x 2

**TWO TIMES /
VAWI HNIH**



**MONTH /
THLA**

TIME

CHIN

Su M T W

Th F Sa

WEEK / ZARH

DAYS

CHIN

Monday /

CAWN NI KHAT

Tuesday /

CAWN NI HNIH

Wednesday /

CAWN NI THUM

Thursday /

CAWN NI LI

Friday /

CAWN NI NGA

Saturday /

ZARHTE NI

Sunday/

ZARHPI NI

MONTHS

CHIN

January

JANUARI THLA

March

MARH THLA

May

MAY THLA

July

ZULAI THLA

September

SEPTEMBA THLA

November

**NAWVEMBA
THLA**

February
FEBUARI THLA

April
APRIL THLA

June
ZUN THLA

August
AWGUT THLA

October
AWKTUBA THLA

December
DEZEMBA THLA

DAYS

CHIN

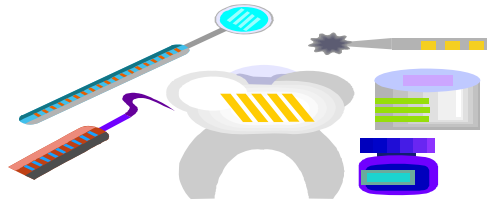
1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31									

Level of Pain – A FAK NING TEH NAK

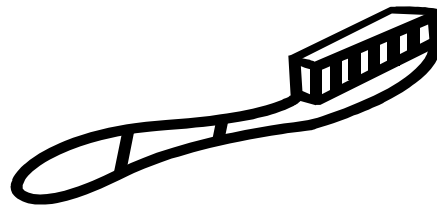
1	2	3	4	5	6	7	8	9	10
LOW \ FAK LO							BAD / FAK		

DENTAL

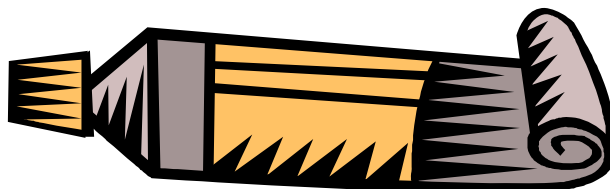
CHIN



**DENTIST /
HA SIBAWI**



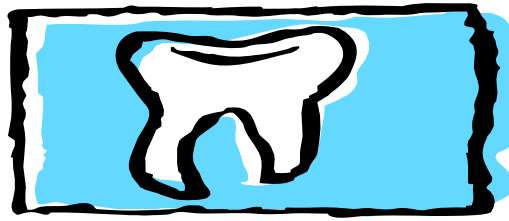
**TOOTHBRUSH /
HA NAWH NAK**



**TOOTHPASTE /
HASI**

DENTAL

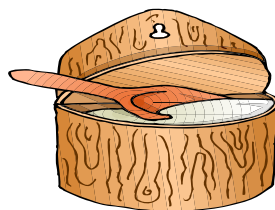
CHIN



**TOOTH /
HA FANG**



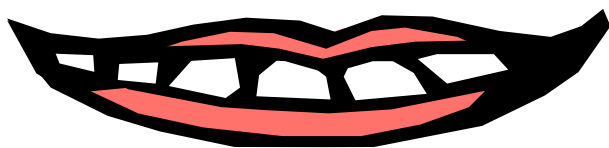
**BOTTLE /
TI THAWL**



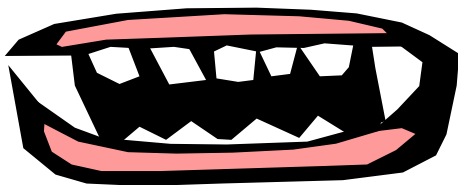
**SUGAR /
CINI**

DENTAL

CHIN



**GOOD TEETH /
HA THA**



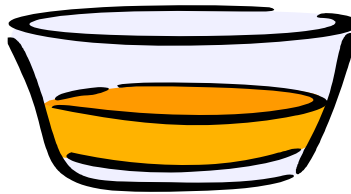
**BAD TEETH /
HA CHIA**

DENTAL

CHIN



FRUIT /THING THEI RAH



WATER / TI