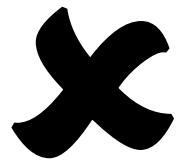


# BASICS



YES/ نعم



NO/ لا



UNSURE/ غير متأكد

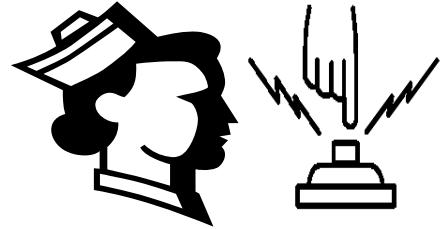


NO SMOKING/  
غير مسموح

# BASICS



**STOP/ حُبَّ**



**CALL NURSE/ سُدُبٌ كُنْوْكَةٌ**



**TOILET/ حِنْفَةٌ**

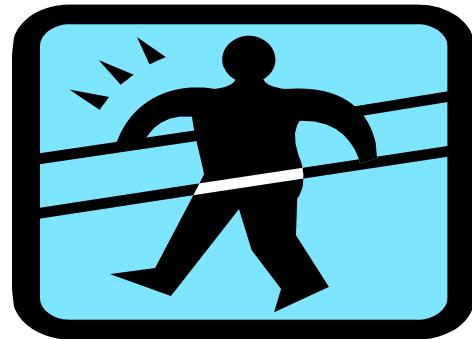


**HELP/ حَمْلَةٌ**

# BASICS



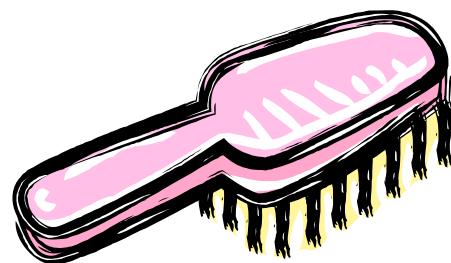
MEALS AREA/  
مَأْكُولَةٌ



THERAPY/  
جَهْدٌ

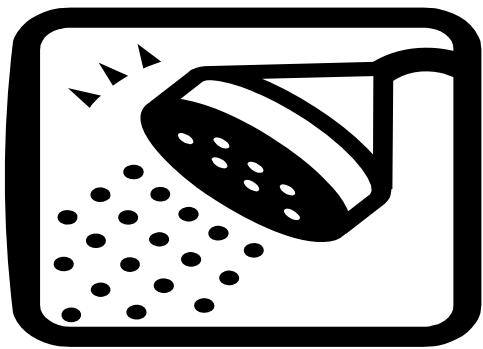


BED PAN/  
جَبَّابَةٌ



BRUSH/ جَفْنَةٌ

# BASICS



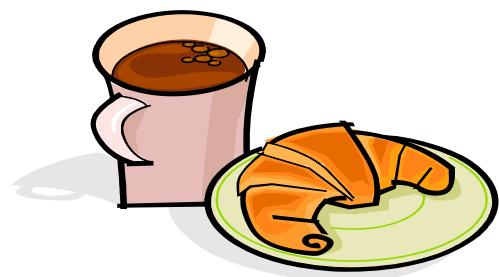
**SHOWER/** مَدْعَشَةٌ



**HOT DRINK/** كَلَبَّتْ كَلَبَّتْ



**COLD DRINK/** كَلَبَّتْ فَرِنْجَيَّ



**HUNGRY/** حَقِيقَةٌ

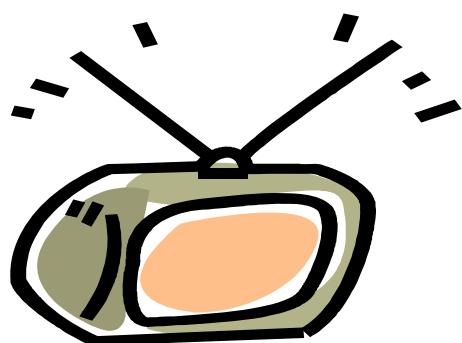
# BASICS



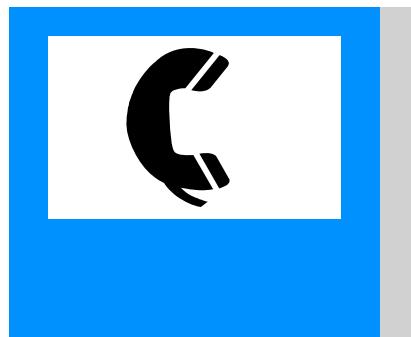
WATER/ ماء



TOOTH BRUSH/  
فرشاة الأسنان



TELEVISION/  
تلفزيون



TELEPHONE/  
هاتف

# INSTRUCTIONS



**STAND UP/**  
حَلْبَةِ مُنْكَرٍ



**SIT DOWN/** حَلْبَةِ

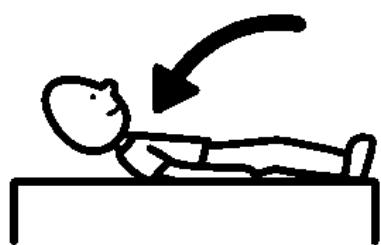


**URINE/** حَلْبَةِ

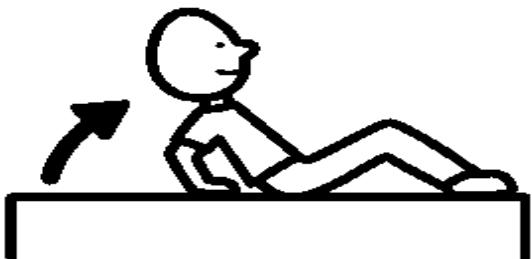


**FAECES/** حَلْبَةِ

# INSTRUCTIONS



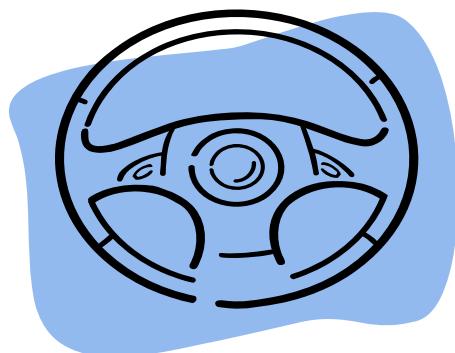
LIE DOWN/ نَمْمَة



SIT UP/ نَمْمَة

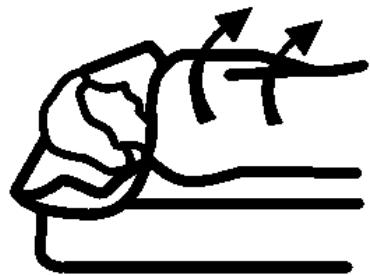


COUGH/ حَفْدَ

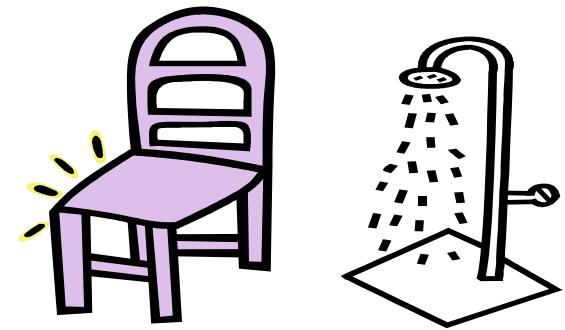


DRIVE/ نَهْدَ

# INSTRUCTIONS



**TURN/ دەنە**



**SHOWER CHAIR/ حەذەب دەنەمەنەن**



**WASH/ بىد**



**WASH IN BED/ بىد گە جەنەبەن**

# INSTRUCTIONS



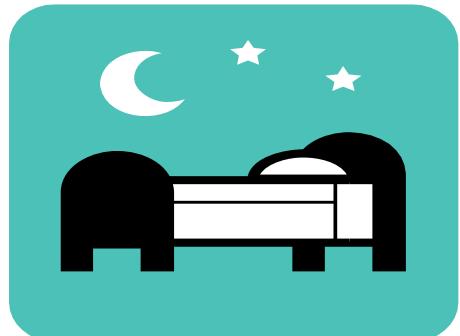
EXERCISE/ دِرْجَةٌ



DEEP BREATH/ نَفْسٌ مُّدَمَّدةٌ



CUT NAILS/ مُصْبِحَةٌ

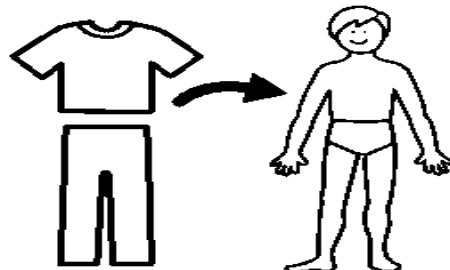


SLEEP/ نَهْرَةٌ

# INSTRUCTIONS



WALK/ **جِهَنْ**



DRESS/ **دَبَشَنْ**



UNDRESS/ **جَكَشَنْ**



SPIT/ **ذَنْقَنْ**

# FAMILY



HUSBAND/ زووٽ



WIFE/ زووٽ



FATHER/ شوو



MOTHER/ يەمەن

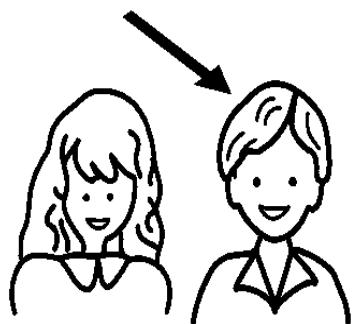
# FAMILY



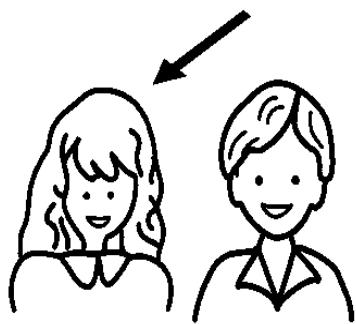
**SON/** بَنْدَل



**DAUGHTER/** بَنْدَل



**BROTHER/** شَمِيز



**SISTER/** شَمِيز

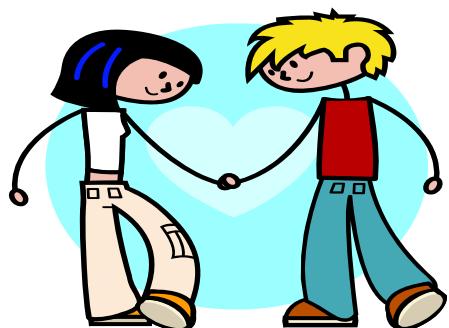
# FAMILY



**GRANDFATHER/**  
**هُجْدَنْ**



**GRANDMOTHER/**  
**نِسْدَقَة**



**CHILDREN/**  
**بَنِيَّة**



**PETS/**  
**حَمْفَتَنْ بَشَّيَّة**

# FAMILY



FAMILY / ئەمەم

# COMMUNITY



HOME/ بَلْدَة



HOSPITAL/ بَشَّارَةٌ

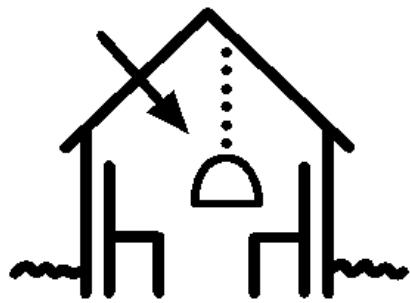


WORK/ فِرْكَشَةٌ



COUNTRY/ دُولَةٌ

# COMMUNITY



INSIDE/ **نَفْعَةٌ**



OUTSIDE/ **كَوْفَةٌ**



BEDROOM/

**جِهَةٌ مُّتَحَمِّلَةٌ**



KITCHEN/

**جِهَةٌ ثَبَلَةٌ**

# COMMUNITY



CAR/ گەپەپ



TAXI/ تاکسی گەپەپ

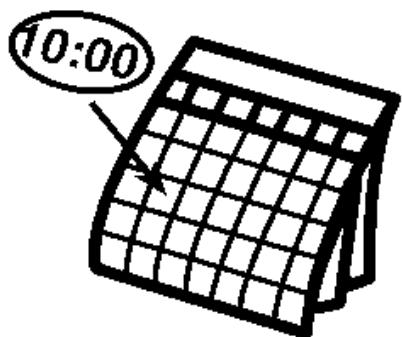


BUS/ گەپەپ



AMBULANCE/  
دەپەپ چەندىن

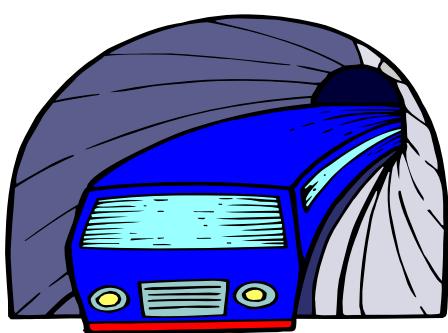
# COMMUNITY



APPOINTMENT/ عِيْدَة



BICYCLE/ بَرْدَه

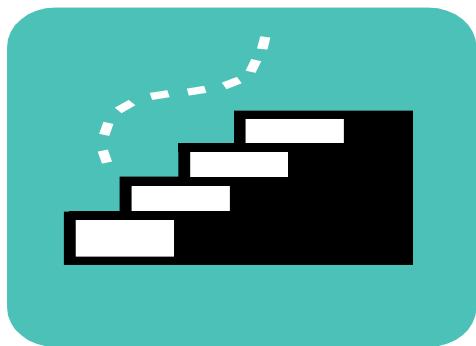


TRAIN/ قَدْرَه



SCHOOL/ مَجَدِّدَه

# COMMUNITY



STEPS/ بُهْقَن



STAIRS/ فَكْفَتَن

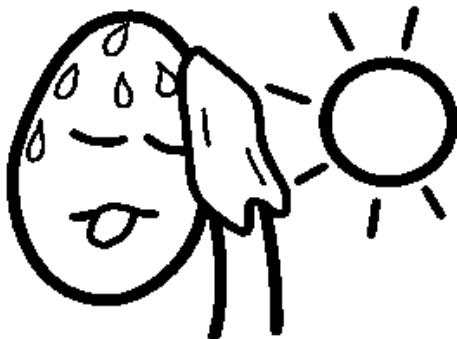


FALL/ دَفَّل



COOK/ شَهْدَن

# DESCRIPTION



HOT/ بِرْدَةٌ



COLD/ بَرْدَةٌ



DIZZY/ بَرْدَةٌ



CONFUSED/ بَرْدَةٌ

# DESCRIPTION



HAPPY/ سعيد



SAD/ قبيح



SCARED/ مهذب



ANGRY/ حذب

# DESCRIPTION



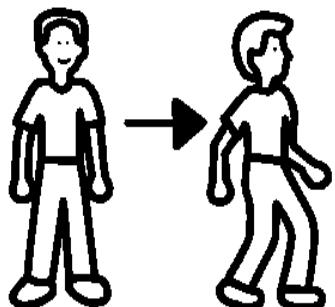
TIRED/ مجبش



PAIN/ مخذل



RELAXED/ مهنيش

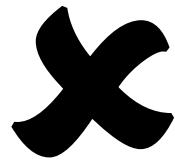


LEAVING/ يذمش

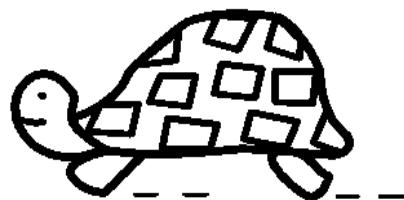
# DESCRIPTION



GOOD/ **بُشْرَى**



BAD/ **بِعْدَةٌ**



SLOW/ **جَنِينَةٌ**



FAST/ **فَطْمَكَرٌ**

# DESCRIPTION



**LEFT/ يەڭىن**



**RIGHT/ يەختەن**

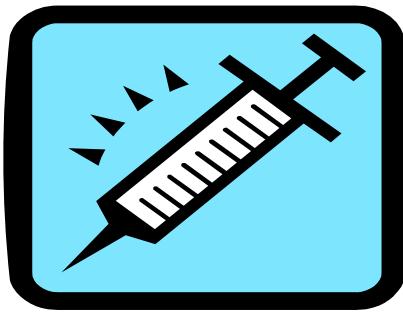


**UP/ يىددى**



**DOWN/ كىندەس**

# MEDICAL



INJECTION/ حقن



X - RAY/ راديوغرافيا



ECHOCARDIOGRAM/  
دھونج دیکھنے کا ٹکنہ



TEMPERATURE/  
حرارة جسم

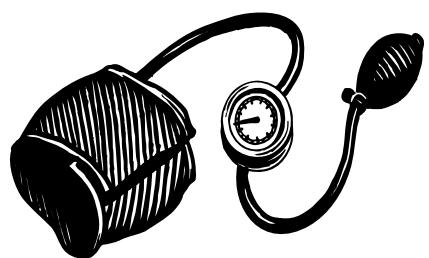
# MEDICAL



**MEDICATION/** دارجات



**BLEEDING/** دارجات



**HIGH BLOOD  
PRESSURE/**  
عاليه ضغط دم

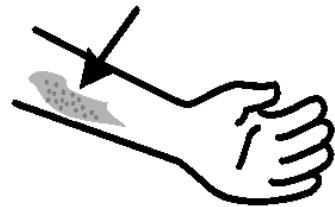


**LOW BLOOD  
PRESSURE/**  
منخفض ضغط دم

# MEDICAL



BLOOD TEST/  
بِدْعَتُ دَمٍ



RASH/ رُسْوَةٌ



WOUND/ جُدْدَةٌ

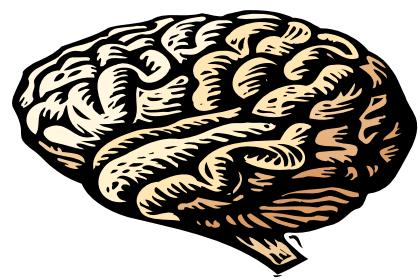


CHANGE DRESSING/  
بَلْكَأَةٌ دَمْهُونَةٌ

# MEDICAL



OPERATION/ جوٽج



NEUROLOGY TEST/  
جوٽج ملتحي

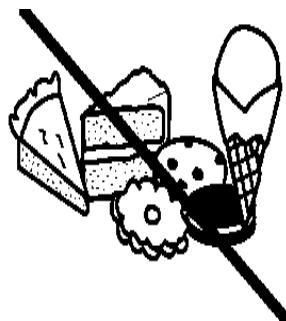


MATERNITY/ نسلهاتم



WEIGHT/ وزن

# MEDICAL



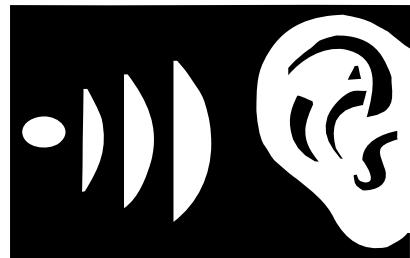
**DIABETES/**  
جەنەنە جەنەنە



**ALLERGY/ ذەنەنە**



**EYE TEST/**  
جەنەنە جەنەنە



**HEARING TEST/**  
جەنەنە جەنەنە

# OBJECTS



MIRROR/ مُعْرِفٌ



RADIO/ راديو



CLOCK/ مُنْجَدٌ

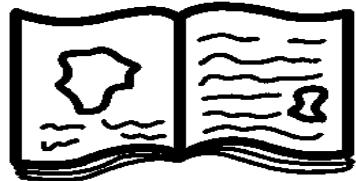


LIGHT/ نُورٌ

# OBJECTS



NEWSPAPER/  
هَفْلَج



MAGAZINE/ مجلّة



BOOK/ كِتاب

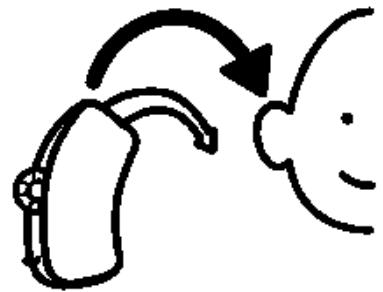


PEN / PAPER/  
شَكْرَن / نَسْخَة

# OBJECTS



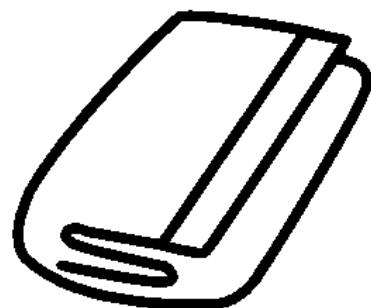
GLASSES/  
جذوچ



HEARING AID/  
جذفدا



DENTURES/  
جذق



BLANKET/

# OBJECTS



**WHEELCHAIR/**  
**حَوْذَهُنَّ لَخْقَيْمَ**



**WALKING STICK/**  
**فَسْهَنَ جَبَّجَنَ**

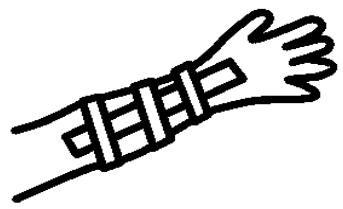


**WALKING FRAME/**  
**مَدْجَنَ جَدِيدَةَ**

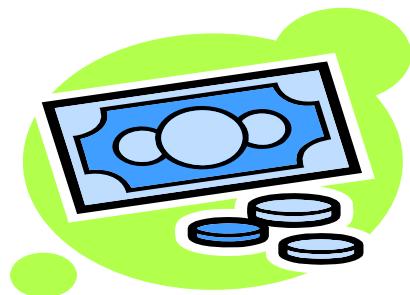


**CRUTCHES/**  
**فَهْنَقَيْنَ**

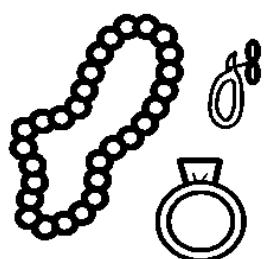
# OBJECTS



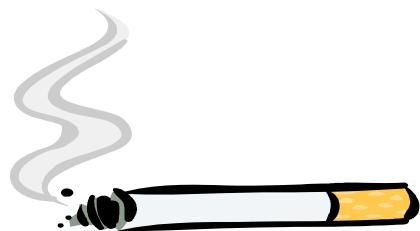
SPLINT/ سُفْنَةٌ



MONEY/ مَوْنِي

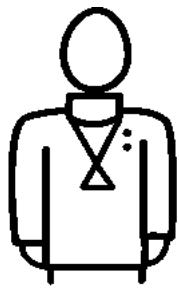


JEWELLERY/ بَلَلَةٌ



CIGARETTE/ سُجَرَّةٌ

# PEOPLE



DOCTOR/ دكتور



NURSE/ شويفكة



PAEDIATRICIAN/  
دكتور طفولة



AUDIOLOGIST/  
دكتور سمع

# PEOPLE



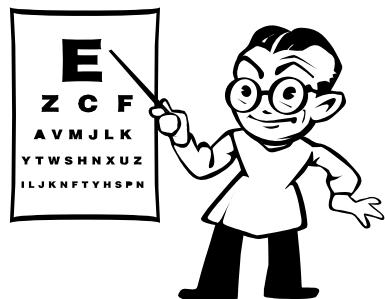
**PSYCHOLOGIST/**  
ognitive Behavior Therapist



**PSYCHIATRIST/**  
Psychiatrist



**OPHTHALMOLOGIST/**  
Eye Doctor

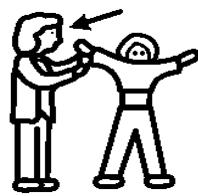


**OPTOMETRIST/**  
Eye Doctor

# PEOPLE



**PHYSIOTHERAPIST/**  
أَهْنَجٌ حَتَّى



**OCCUPATIONAL  
THERAPIST/**

أَهْنَجٌ جَهْلَكِيٌّ

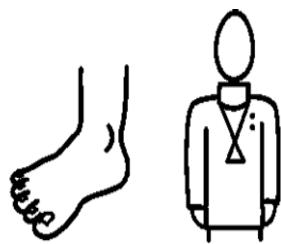


**SPEECH THERAPIST/**  
أَهْنَجٌ دَوْهَمَةٌ

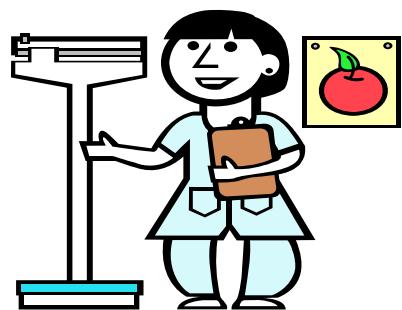


**SOCIAL WORKER/**  
فَكْشَنْ شَهْدَفَنْ

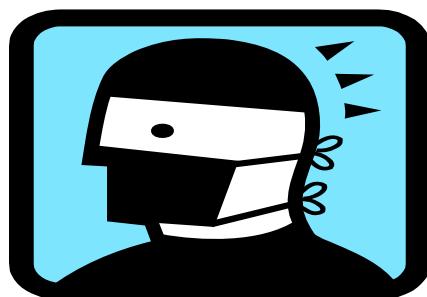
# PEOPLE



**PODIATRIST/**  
زهـنـجـيـنـ



**DIETICIAN/**  
زهـنـجـوـلـهـ



**SURGEON/**  
زهـنـجـيـنـ



**MASSEUR/**  
زهـفـنـ

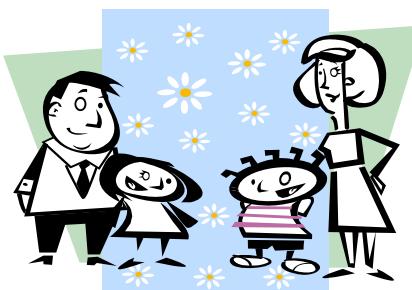
# PEOPLE



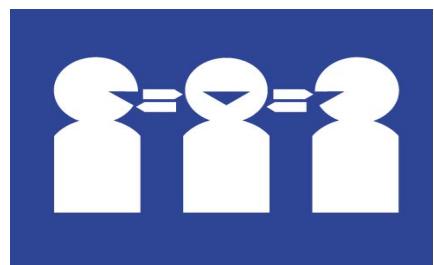
HAIRDRESSER/  
مُعْكِفَتْرَنْجِيَّةٌ



TEACHER/ مُدَلِّفَتْرَنْجِيَّةٌ



VISITORS/ زُوّاجِيَّةٌ

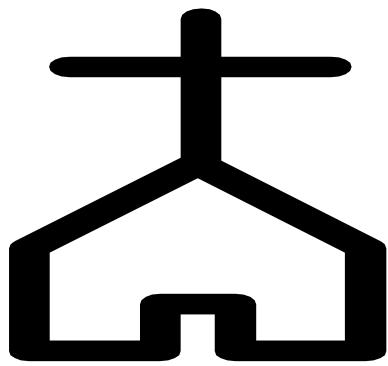


INTERPRETER/ مُدَلِّفَتْرَنْجِيَّةٌ

# RELIGION



CHRISTIAN/Christian



CHURCH/ كنيسة



PRIEST/ شفاعة

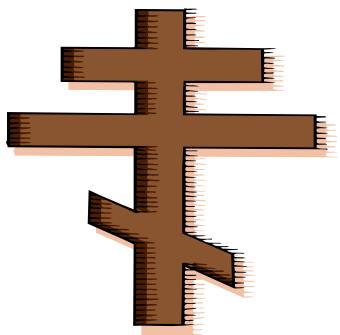


CATHOLIC/ كاثوليك

# RELIGION



# ORTHODOX/ ອຽດເວັບສິອະນະ



# **RUSSIAN ORTHODOX/**

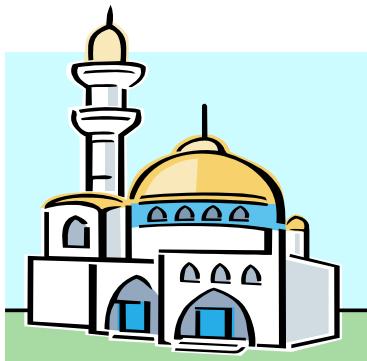


# BIBLE/ ဘံလ္မာ



# CHAPEL/ چمپل، چمپل

# RELIGION



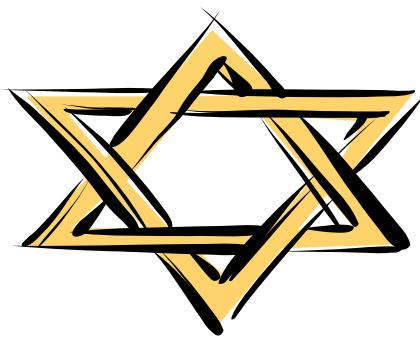
MUSLIM/ مُسْلِم



PRAY/ ئەلمىن



IMAM/ دُشْتَر



JEWISH/ ئەزەزىز

# RELIGION



# SYNAGOGUE/ סינאָגֹוג



# RABBI / رَبِّي



# HINDU/ هندو

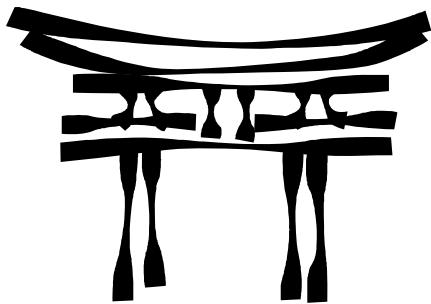


# BUDDHIST/ බුද්ධ

# RELIGION



**MONK/مُنْكِر**

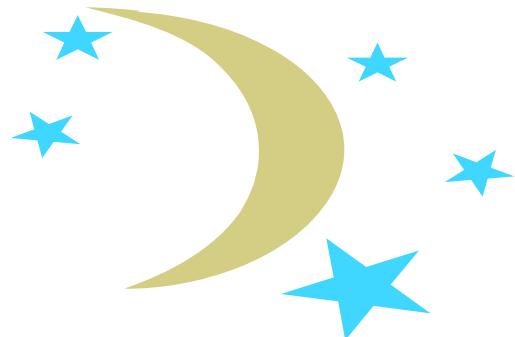


**SHINTO/شينتو**

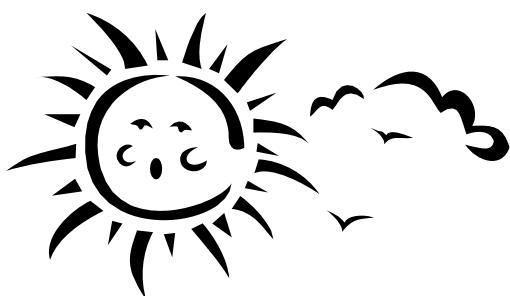
# TIME



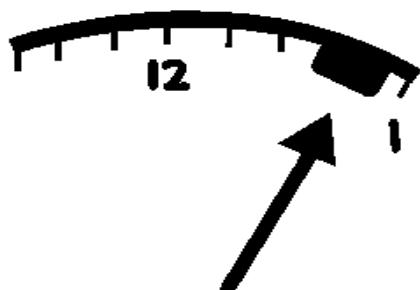
TIME/ چن



NIGHT/ گي



DAY/ چه



MINUTE/ چمه

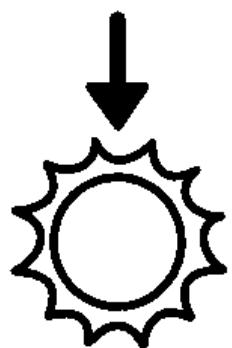
# TIME



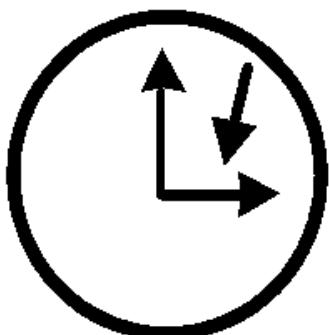
YESTERDAY/ يesterday



TOMORROW/ تومروو



TODAY/ تهجه



HOUR/ هنجه

# TIME

**X 1**

**ONE TIME/** ٢٤٦ ٢٣٦

**X 3**

**THREE TIMES/** ٢٤٦ ٢٩٦

**X 2**

**TWO TIMES/** ٢٤٦ ٢٥٦



**MONTH/** ٢٤٦ ٢٧٦

# TIME

Su M T W

Th F Sa

---

WEEK/ ٣٥

# DAYS

**Monday/**  
الدوشنبه

**Tuesday/**  
الگلوبه

**Wednesday/**  
بۇچىنچى

**Thursday/**  
پەھىنچى

**Friday/**  
كۈچۈجى

**Saturday/**  
ئىتەمەن

**Sunday/**  
يەكەنچى

# MONTHS

**January/**

خُبَّوْ تَمَّنْتَنْ

**February/**

جَنْدَلْ

**March/**

أَبْرَيلْ

**April/**

بَنْجِي

**May/**

شَانْ

**June/**

سُوبِيْتْ

**July/**

عَدْهَدْ

**August/**

عَدْ

**September/**

بَكْلَدْ

**October/**

عِدْبَرْ بَقَمَنْ

**November/**

عِدْبَرْ تَمَّنْتَنْ

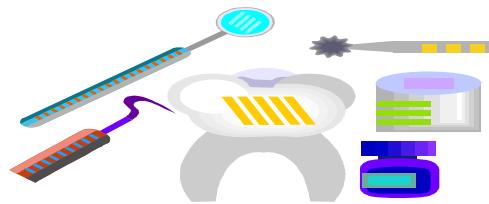
**December/**

خُبَّوْ بَقَمَنْ

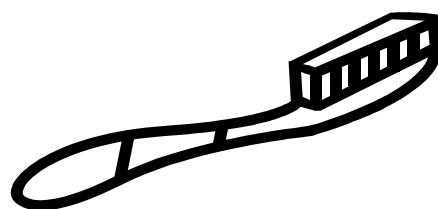
## Level of Pain/ درجه آنکه درد

1      2      3      4      5      6      7      8      9      10  
**LOW/** بخفة **BAD/** بخطورة

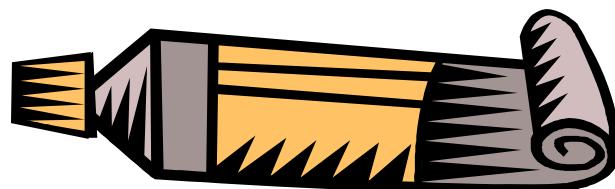
# DENTAL



DENTIST/ دندانپزشک

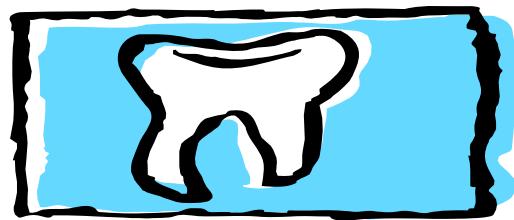


TOOTHBRUSH/ فرشاة الأسنان



TOOTHPASTE/  
مذيب الأسنان

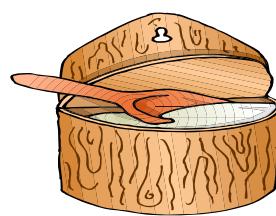
# DENTAL



TOOTH/ دندن

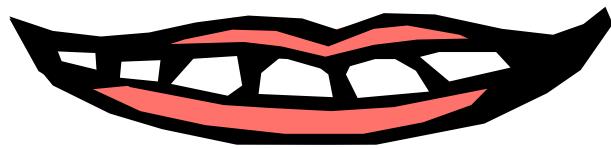


BOTTLE/ بouteille



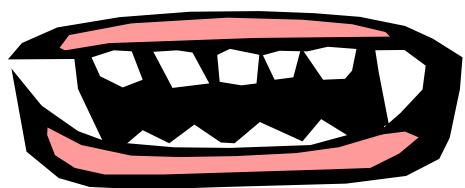
SUGAR/ سكر

# DENTAL



GOOD TEETH/

جَيِّدَةٌ مَفْسُدَةٌ



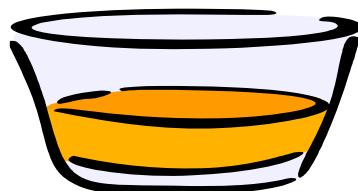
BAD TEETH/

جَيِّدَةٌ مَفْسُدَةٌ

# DENTAL



**FRUIT/ فاكهة**



**WATER/ ماء**