



EASTERN HEALTH 2022

THE STRATEGIC CLINICAL SERVICE PLAN 2012–22

MENTAL HEALTH PROGRAM

Below are just a few highlights of *Eastern Health 2022* for the Mental Health Program:

- ▶ Implementing recovery-oriented models across the Mental Health Program that promote client empowerment and engagement
- ▶ Consolidating community-based services, improving viability and reducing fragmentation through optimal use of resources at appropriate locations across the catchment. This includes reviewing accommodation at the Bona Street site to provide a central hub for service delivery
- ▶ Fully implementing a “shared care” framework in collaboration with Psychiatric Disability Rehabilitation and Support Services, general practitioners, community health, housing and employment services, where an increasing proportion of assessed mental health clients can be supported by Eastern Health to care for clients within their local communities
- ▶ Exploring alternatives to hospital-based inpatient care for clients with mental illness, including alternative community models, community-based Prevention and Recovery Care facilities and residential aged care facilities

- ▶ Developing a designated electroconvulsive therapy (ECT) suite within the mental health inpatient units at Maroondah Hospital and a shared ECT suite for utilisation by Upton House and the adolescent unit at the Box Hill site
- ▶ Expanding aged care mental health services, with a view to new beds being located at Maroondah Hospital and/or Box Hill Hospital
- ▶ Establishing a four-bed Psychiatric Assessment and Planning Unit at Maroondah Hospital
- ▶ Expanding the inpatient adult mental health service in the central east catchment of Eastern Health
- ▶ Focusing on early intervention programs to better support children earlier in life to avoid crisis and becoming acutely unwell
- ▶ Working with the Women and Children Program to establish an eating disorders service supported by three inpatient beds to be located within a paediatric ward
- ▶ Expanding consumer and community engagement processes to better support youth
- ▶ Expanding community-based services for clients with dementia
- ▶ Strengthening partnerships between acute health, ambulatory and community services, and community-based psychiatric disability services within the eastern metropolitan region

