

COMMUNITY HEALTH

easternhealth

Healesville Hospital and Yarra Valley Health

easternhealth.org.au



If you have any English language difficulties, please ask staff to book an interpreter.
From home contact the Telephone Interpreter Service on 9605 3056.
Services are provided free of charge. Ask staff if this information is available in your preferred language.

MUM'S DAY OUT

Would you like to meet other mums?
Have some fun and time to be social?
Then Mum's Day Out is for you.

The day gives you the opportunity to meet other mums in a relaxed environment and also speak with a:

- Nurse
- Physiotherapist
- Social Worker
- Dietitian

Mum's Day Out is for new mums in the community to get together and have a relaxing day.

You will also have the chance to enjoy a free morning tea and lunch.

So come along to meet other mums in the area and give yourself some time out.

You and your baby are most welcome.
There is no cost for Mum's Day Out.



Held monthly at two locations
(during school terms)

HEALESVILLE

When: First Thursday of the month
Where: Comely Bank
48 Myers Creek Rd, Healesville
Time: 9.30am to 2.30pm

YARRA JUNCTION

When: Second Wednesday of the month
Where: Upper Yarra Family Centre
2444 Warburton Hwy Yarra Junction
Time: 9.30am to 2.30pm

Bookings are essential

For more information or to book an appointment, call **1300 130 381**



Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and will disclose information about you only when required or permitted by law. We comply with relevant information and privacy legislation.

If you would like more information, please ask a staff member or visit our website www.easternhealth.org.au
Eastern Health is accredited by the Australian Council on Healthcare Standards.
5 Arnold Street, Box Hill, Victoria 3128
1300 342 255

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What else do we offer at Healesville Hospital and Yarra Valley Health?

- Community Health
- GP clinic, including After Hours service
- Renal Dialysis
- Pathology
- Radiology
- Surgery
- Specialist Outpatient clinics
- District Nursing
- Aboriginal Health team

Due to demand for services there may be a waiting time for some services.

If you are unsure which services you require, we will be able to offer guidance. Our 'No Wrong Door Policy' means that if we cannot help you, we will direct you to an appropriate a service.

For Further Information

Phone: 1300 130 381

Fax: 5962 1458

communityhealth@easternhealth.org.au

Monday – Friday

9.00am – 5.00pm

Location details:

377 Maroondah Hwy, HEALESVILLE 3777

- Bus Stop (corner Eadie Avenue & Maroondah Hwy)
- Free car parking onsite

2475 Warburton Hwy, YARRA JUNCTION 3797

- Bus Stop (in front of Eastern Health building)
- Free car parking onsite

Website:

<https://www.easternhealth.org.au/locations/healesville-hospital-and-yarra-valley-health>



Feedback

If you have any feedback or suggestions on how to improve this information sheet, please contact the Centre for Patient Experience at our email address: feedback@easternhealth.org.au or call 1800 327 837

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