

Is a Referral required?

A referral is required to access our service. Referrals are generally made by GPs, Neurologists and other health professionals e.g. physiotherapists, speech pathologists etc.

How do I find out more?

People living with Parkinson's, their carers and health professionals can phone **9881 1100** to see if the Movement Disorders Program is a suitable option.

Referrals and enquiries should be directed to the Eastern Health Community Access Unit.

Tel: (03) 9881 1100

Fax: (03) 9881 1102

Email:

SACS.integratedcare@easternhealth.org.au

Parkinson's - an individual journey

Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and disclose information about you only when required or permitted by law.

We comply with relevant information and privacy legislation. If you would like more information, please ask a staff member or visit our web site www.easternhealth.org.au

Eastern Health is accredited by the Australian Council on Healthcare Standards.



If you have any English language difficulties, please ask staff to book an interpreter. From home, you can contact us directly by using the Telephone Interpreter Service 9605 3056. Interpreter services are provided free of charge. Ask staff to check if this information is available

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5 Arnold Street,
Box Hill, Victoria, 3128 Australia
P: 1300 342 255

www.easternhealth.org.au

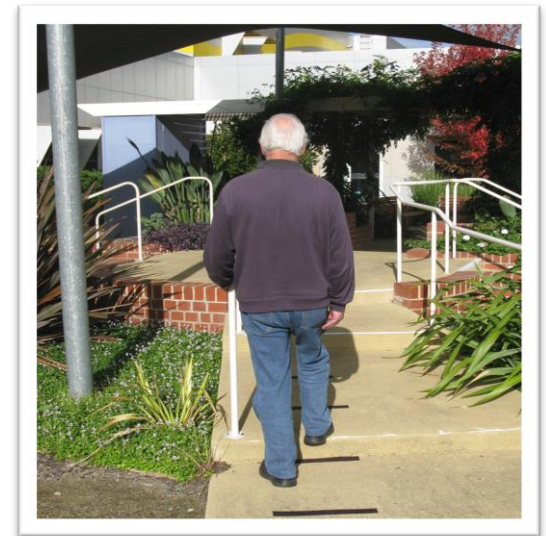
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MOVEMENT DISORDERS PROGRAM

A service for people with Parkinson's and Parkinson's related disorders



Parkinson's - an individual journey

EASTERN HEALTH MOVEMENT DISORDERS PROGRAM

What is the Movement Disorders Program?

The Movement Disorders Program is a team of specialised health professionals who support people living with Parkinson's and Parkinson's related conditions in an outpatient, centre-based program.

Our team works together with clients and carers to promote safety, well-being and independence to optimise quality of life.

We recognise each person with Parkinson's as unique. The team members involved will change according to individual goals and needs.

Who is in our Team?

- Parkinson's Clinical Nurse Consultant
- Neurologist (if required)
- Physiotherapist
- Occupational Therapist
- Speech Pathologist
- Social Worker
- Dietitian
- Neuropsychologist

What does the program provide?

Our outpatient program provides education, therapy, practical advice and support based on client goals. Services offered may include:

- Advice on how to get the most out of your prescribed medications.
- Strategies to help overcome movement difficulties and improve the ability to perform daily tasks.
- Helping you to take ownership and control of your condition through education and advice.
- Assessment of your home (where indicated) to maximise independence and safety and reduce the risk of falls.
- Advice about planning for your future e.g. Powers of Attorney.
- Information about relevant community services, agencies and entitlements to support you.
- Specialist neurology services.
- Exercise, Relaxation and Carer Information/Support Groups if required

Is there a cost?

There is a small cost for our service. This will be discussed with you when you are first contacted by telephone. In case of financial hardship, special arrangements regarding costs can be negotiated.

(Department of Veteran's Affairs Gold Card holders – no charge)

Where are we located?

The program is offered as an outpatient service at Wantirna Health in the Community Rehabilitation Centre

Wantirna Health

251 Mountain Highway
Wantirna 3152
(P O Box 5177 Wantirna South 3152)

Phone: 9955 1229

Fax: 9955 1388

Melways Ref: Map 63 G6

