

## **OBSTETRICS & GYNAECOLOGY TRAINING AT EASTERN HEALTH**

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Eastern Health has a reputation for excellence in O & G training and we are committed to providing a supportive environment, and a broad training experience.

We offer 8 Core Training Program positions through Levels One to Four across the two campuses of Box Hill Hospital (BHH) and Angliss Hospital (AH), as well as 4 senior registrar Advanced Training Program positions and some unaccredited registrar positions. Our trainees are seconded to Monash Medical Centre (MMC) for further experience in tertiary level obstetrics. We have weekly teaching sessions at BHH, video-conferenced to the Angliss and weekly case review sessions. MMC provides structured weekly tutorials for junior registrars which our registrars are encouraged to attend. Registrars and HMOs may be required to attend Yarra Ranges Health (Lilydale) to provide satellite antenatal clinics and to operate in the day surgery unit.

We also offer several Diploma of O & G (6 month) positions for doctors in their third post graduate year. These positions are sought after by GP trainees, and provide a broad experience, with support from consultants and registrars. Log book requirements are met and exams sat with confidence.

### **Exposure to high risk obstetrics**

- Our unique combined obstetric medicine/ MFM clinic at Box Hill cares for women with many different medical issues including those who may need intensive care around delivery. We are able to provide onsite COGU services including CVS and amniocentesis.
- Our neonatal nursery is capable of caring for babies from 32 weeks gestation at BHH and 34 weeks gestation at AH.

### **A varied labour ward experience**

- With more than 5000 deliveries at our hospitals the units are both busy. Accessible consultant support allows complicated vaginal deliveries, for example vaginal twin deliveries. We have 24 hour anaesthetic support and onsite theatre staff. We are able to offer women water births and the option of vaginal birth after Caesarean section at both centres.
- Monthly perinatal review meetings allow discussion of difficult cases in a supportive environment and are well attended by obstetricians, midwives and paediatricians. Weekly education sessions include talks by members of our team as well as from visiting experts on a wide range of obstetric and gynaecological topics.
- Midwives work well with the medical staff to provide collaborative care both antenatally and in labour ward. Appropriate guidelines mean the patient is cared for by the right clinician depending on the complexity of their care.
- With the help of dedicated physiotherapists, social workers, genetic counsellors, lactation consultants and midwives experienced in the care of women with drug dependence, social or psychological issues, we are able to provide our patients with a holistic high level of care throughout their pregnancy, supporting their journey to successful parenting.
- A busy endocrinology service within Maternity is able to provide care for women with pre-existing diabetes and gestational diabetes in a multidisciplinary team setting.
- Our perineal clinic allows comprehensive follow up of perineal trauma. The team includes a women's health physiotherapist, colorectal surgeon and a gynaecologist with a keen interest in this area.
- An early pregnancy service is available at both campuses.
- Ultrasound training is available to trainees on a weekly basis to allow them to develop their skills, while the hospital ultrasound department is accessible for scanning more complicated cases. Monthly ultrasound meetings allow the discussion of complicated cases.

### **Varied gynaecology includes outpatients, emergency admissions and 20 operating lists per week**

- Advanced laparoscopic surgery is performed by visiting sub-specialists, allowing our trainees to gain experience one-on-one.
- Gynae-oncology clinics and surgery occur weekly, which provides an opportunity to learn and practice operating under appropriate guidance. Integration with the multi-disciplinary team at MMC allows a broad experience of care in gynae-oncology.
- Specialist Urogynaecology services are offered in weekly clinics. Urodynamics are available in the hospital.
- Experience in general gynaecological surgery allows senior registrars to consolidate their surgical skills and also gives junior trainees a broad and solid experience base.

- Gynaecology outpatients allows exposure to a varied number of presentations. Consultants are present in clinic to provide advice as needed.
- Colposcopy clinics are offered through the week at both sites per week and trainees are rostered to attend.

**Access to the O&G Integrated Training Program** is through a selection process organized by the RANZCOG. Applications for Diploma positions are through the junior doctor computer match and by filling in an application to the college.

Senior registrar and unaccredited registrar positions are advertised in May and June each year on the Eastern Health careers site: [www.easternhealth.org.au/careers](http://www.easternhealth.org.au/careers)

**For further information please contact one of the following:**

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**Further information is available on the Royal Australian and New Zealand College of Obstetricians and Gynaecologists website:** <http://www.ranzcog.edu.au/>