## Allied Health Research Activity 2022



# Eastern Health

### **Key developments**

- Recruitment completed in three large NHMRC funded trials: MIHip, ComeBACK and MyTherapy. MIHip and ComeBACK focus on health coaching to improve confidence to restore mobility during and after rehabilitation; MyTherapy uses selfmanagement to enhance inpatient rehabilitation
- The Eastern Health Foundation has provided support for three new projects:
  - Accelerating Research Translation: The ART of Evidence-Based Care, led by Katherine Harding, will test an innovative new framework for translation of research evidence into practice.
  - **Renita Manning** will investigate factors associated with improved outcomes in the early supported discharge program after stroke.
  - A physiotherapy team will implement David Snowdon's clinical supervision training program.
- Dr Amy Dennett our Victorian Cancer Agency Research Fellow attended a competitive fellowship program at Yale University, USA and continues her research in oncology rehabilitation.
- Dr Annie Lewis received her PhD and became our next Research and Translation Fellow, continuing her work on reducing outpatient wait lists and supporting research in medical imaging services.
- The Allied Health Research Forum continued in an online format to showcase allied health research. Awards were won by Tilley Bissett (best presentation) and Emma Parsons (People's Choice)
- We hosted international researcher and exert in patient flow, Dr Sara Kreindler, from Canada as the guest speaker for the Eastern Health Research Forum
- Allied Health Paper of the Year awarded to Ali Gibbs
- Allied Health Researcher of the Year awarded to Sarah Osiurak

#### Achievements



**78** Publications

in peer reviewed journals

**19** enrolled in

higher degrees by research,

including

3 PhD completions





**20** new Allied Health

**projects** approved by the EH ethics committee

# **43** Presentations

at national and international conferences



\$253,074 In research grant funding

