

COMMUNITY HEALTH

easternhealth

Healesville Hospital and Yarra Valley Health

easternhealth.org.au



If you have any English language difficulties, please ask staff to book an interpreter.

From home contact the Telephone Interpreter Service on 9605 3056.

Services are provided free of charge. Ask staff if this information is available in your preferred language.

Healthy Mothers, Healthy Babies

A community based program providing support to pregnant women in the Yarra Valley.

What is Healthy Mothers, Healthy Babies?

The aim of the Healthy Mothers, Healthy Babies program is to improve the health and wellbeing of mothers and their babies through regular support in the home and community.

The Healthy Mothers, Healthy Babies (HMHB) team includes a midwife, social worker and family support worker who will support women during pregnancy and for up to six weeks after birth.

There is no cost for this program



Who can use Healthy Mothers Healthy Babies?

Pregnant women living in the Yarra Valley community who would benefit from additional support because of:

- Anxiety/Depression
- Drug and/or alcohol use
- Relationship issues
- Feeling isolated
- Housing issues
- Low income

What can we do to help you and your baby?

By working with you we can help to:

- Support you on what is worrying you and help you find solutions
- Assist with material items for example food, transport for appointments, and help access items for your baby
- Improve access to maternity services.
- Assist with referrals to community support services
- Provide health information and education



There is no fee for this service.

For more information or to make an appointment:

Please call: **1300 130 381**

Fax: **(03) 5962 1458**

Email: communityhealth@easternhealth.org.au

Monday – Friday 9.00am – 5.00pm

377 Maroondah Hwy, Healesville

and 2475 Warburton Hwy Yarra Junction

<https://www.easternhealth.org.au/locations/healesville-hospital-and-yarra-valley-health>

Feedback:

If you have any feedback or suggestions on how to improve this information sheet, please contact the Centre for Patient Experience at our email address:

feedback@easternhealth.org.au or call 1800 327 837

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Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and will disclose information about you only when required or permitted by law. We comply with relevant information and privacy legislation.

If you would like more information, please ask a staff member or visit our website www.easternhealth.org.au

Eastern Health is accredited by the Australian Council on Healthcare Standards. 5 Arnold Street, Box Hill, Victoria 3128 1300 342 255