

Hospital in the Home (HITH)

Direct referrals from GPs for patients requiring Iron Infusions

Ferric Carboxymaltose is a parenteral iron preparation used in the treatment of iron deficiency (ID) or iron deficiency anaemia (IDA). GPs assessing patients who are iron deficient are advised to:

- Consider the cause of the iron deficiency
- Follow up 6 weeks post infusion if clinically indicated
- **If clinical Haematology or Gastroenterology review is required please organise separate referral to these services**
- No test dose or premedication is usually required
- May be prescribed where there has been a previous adverse reaction to iron polymaltose

Clinical criteria

- Patients > 16 years of age
- Patient lives in Eastern Health catchment
- Has a telephone
- Patient has to be self-caring or have a suitable carer or live in a residential aged care facility
- **The patient and their home environment must be safe for the delivery of treatment.**

HITH process

- 1st time infusions are performed in the HITH Clinic, 18 Grey Street, Ringwood East or on-site at the patients' Residential Age Care Facility (medical and nursing visit). Subsequent infusions, if required, can be arranged in the patient's home.
- The referral letter should include the patient's address and correct phone numbers, current medical concerns, past medical history, complete list of medications, allergies and any relevant pathology results. Document if previous reaction to iron infusion and nature of reaction.

HITH referral Process

Referrals are accepted from Monday to Friday 8.30am to 4.00pm

- GP faxes referral letter for Iron infusion and pathology results to **9871 3239**

The GP is to advise the patient to expect a phone call from HITH within 12 to 24 hours to arrange timing of infusion(s). When arranged HITH will fax the GP to let them know where and when the patient will present for the first visit. On discharge from HITH the GP will receive a HITH discharge summary.

For further information:

Contact us at Hospital in the Home **P: 9871 3197**

Hospital in the Home Clinic: *18 Grey St, Ringwood East (opposite Maroondah Hospital)*. **On-site parking is available.**

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Eastern Health 1300 342 255

Statewide Services

Angliss
Hospital

Box Hill
Hospital

Healesville Hospital
and Yarra Valley Health

Maroondah
Hospital

Peter James
Centre

Wantirna
Health

Yarra Ranges
Health

Spectrum
03 8833 3050

Turning Point
03 8413 8413