**Getting Girls In 2019-2020**

Eastern Health - Health Promotion has supported clubs in the Eastern Football Netball League and AFL Outer East to enable women and girl's participation in football during 2019-2020.

2 Getting Girls In workshops were delivered for clubs to better understand how to enable women and girl's participation in football.

As requested by clubs, support was provided to progress women and girl's teams and Come and Try sessions to help create a more inclusive and welcoming environment.

GGI Workshop October 2019

* 50 attendees
* 29 Clubs
* Panellists: Blackburn, SBL Wolves, Boronia & Wantirna South

GGI workshop February 2020

* 19 attendees
* 10 clubs
* Panellists: Yarra Junction & Thornton Eildon

35 participants completed the post workshop survey:

* 100% would recommend the sessions are held again for other clubs.
* 100% found the event useful
* 97% learnt something new about enabling women and girl’s participation

Key learnings:

* Clubs are positive about increasing women and girl's participation
* Most clubs are facing similar challenges
* Players need to feel valued The focus needs to be on enjoyment and skill development
* Clubs noticed a difference in coaching styles needed to support women and girls
* Ongoing support is needed to drive women and girl's participation

Identified support clubs need:

* Opportunities for clubs to network
* Direct assistance for clubs struggling
* Help with promoting teams
* Access to AFLW representatives to attend grass root events
* Case studies on how teams have become successful
* Ideas on how to build rapport with schools