

Award winning, Volunteer Falls Prevention and Wellbeing Program

The Falls Prevention and Wellbeing Program is designed to decrease patient falls and injury.

It is based on The Hospital Elder Life Program initially developed by Sharon K. Inouye, MD, MPH. Yale University.

The aim is to prevent older patients from experiencing a decline in both their physical and mental health during their hospital stay.

The program targets the major risk factors for falls and functional decline in hospitalized older patients:

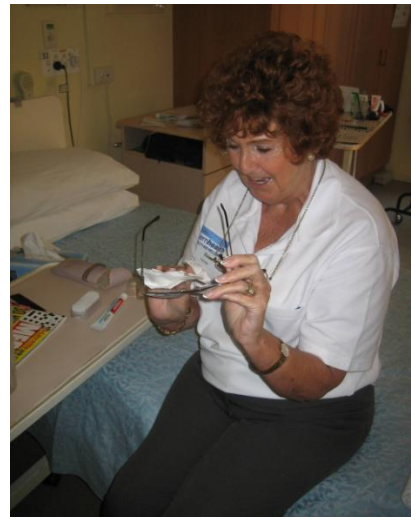
- Cognitive changes
- Anxiety
- Immobility
- Dehydration and decreased food intake
- Vision and hearing impairment



The Team includes;

Trained Volunteers, a Clinical Nurse Consultant – Gerontology, and Personal Care Assistants. This team works with the regular hospital staff, including Nurses, Allied Health and Medical staff to meet each older patient's needs.

This program operates at Peter James Centre, Wantirna Health, and Angliss Hospital.



If interested in joining the Falls Prevention and Wellbeing Volunteer Team, please contact Eastern Health Volunteer Services (details on the site) or telephone Kathy Marshall, Director of Nursing & Operations at PJC, on 9955 1205 or 0427 070 855 or email kathy.marshall@easternhealth.org.au