



## Request for support for FaPMI Family Fun Day

The FaPMI (**Families and Parents where there is a Mental Illness**) Family Fun day has been held annually for the last 10 years. On the day we provide a wide range of activities for children and adults to participate in including a petting zoo, craft activities, photos with Santa, woodworking, jumping castle, face painting etc. We also provide a meal for all participants.

**The event is free and open to all families** where there is a parent with a mental illness living in the eastern metropolitan area of Melbourne. It is organised and run by a steering committee of local support agencies.



### The aims of the event are to:

- To reduce the impact of stigma by identifying that all people who attend live in a family where a parent has a mental illness.
- To provide a safe, non-judgemental environment where all members of the family can have fun together at no cost to them.
- To provide opportunities for families to learn about local services and agencies where they could access support

### We are seeking support from local organisations and business to provide the following things:

- Funding to pay for activities such as inflatables, petting zoo, etc.
- Provision of a truck/trailer to collect and deliver large equipment
- Donations of goods for show bags e.g. stickers, free passes, pens, giveaways
- Donations of materials for activities e.g. wood for men's shed, craft materials, photo paper for printer, balloons and streamers
- Donations of food e.g. Sausages, hamburgers, bread, cakes, salads, fruit juice, Halal food
- Donations of equipment to use on the day (and then return) tables, chairs, marquees, PA, speakers, large umbrellas.
- Provision of services e.g. face painting, magician, balloon artist, temporary tattoos, musicians, henna hand painting, hairdressing.
- Volunteers to help on the day (all volunteer must hold a current working with children check)
- Promotion of the event to relevant families



All sponsors will be acknowledged and advertised on the day  
If you can help in any way or would like more information please contact  
Bronwyn Sanders (FaPMI programs coordinator) on 0408 291 580 or email  
[bronwyn.sanders@easternhealth.org.au](mailto:bronwyn.sanders@easternhealth.org.au)

Quotes from the day:

I think the activities you organised were incredible. The combination of all the blow up stuff (that massive slide looked amazing) and the races and all the physical stuff with the quieter things like crafts and a massage tent - really really amazing mix.

*“Now the family is more aware, sensitive and supportive and know that other people are supportive which **helps to reduce stigma and access help and it normalises mental illness**”*

The food was incredible, the music super, lovely. **VERY IMPRESSED.**

