

# Champs:

A peer support program for children aged 8-12 and their parents/caregivers

# FaPMI

Families where a Parent has a Mental Illness

The Champs program offers peer support to **children** who have a parent/adult family member with a **mental illness**. **Champs** is for primary school age including children who do not live with their parents. Parents or other primary carers are invited to attend the parents **peer support** group which will be held at the same time.

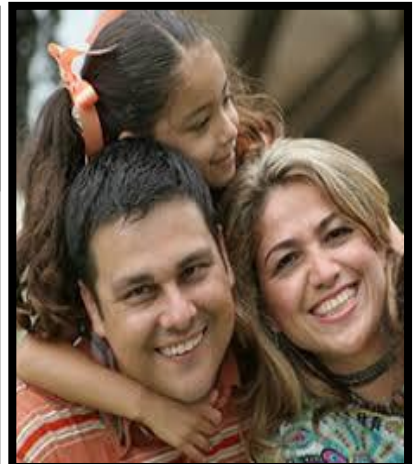
**“I liked everything....I learned I am not alone and there's other people like me”**

**(Child 11yrs)**

This is a **FREE** program

**WHEN: 4 - 5.30pm Wednesdays Term 3**  
**Commencing 21<sup>st</sup> July 2021**

**WHERE: The Avenue Uniting Church**  
**46 Blackburn Rd Blackburn**



The Champs program is an initiative supported by the FaPMI (Families where a Parent has a mental illness) program. The group will be co-facilitated by staff from Eastern Health, NEAMI, Wellways and people with Lived Experience.

To obtain a referral form or make an enquiry

**Contact Bronwyn Sanders**

**FaPMI Coordinator, Eastern Health**

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**FOR MORE INFO ON THE FaPMI PROGRAM PLEASE REFER TO WWW.BOUVERIE.ORG.AU**