

Keeping you up to date with developments at Healesville Hospital and Yarra Valley Health

2018: WHAT A YEAR!



Welcome to the latest edition of *The Pulse*.

It has been a busy year at Healesville Hospital and Yarra Valley Health, and when we look at some of the statistics from our services, there is a real sense of pride in the level of care our dedicated staff provide for our community.

On behalf of all of us at Healesville Hospital and Yarra Valley Health – thank you for your support in 2018.

Ashley Wheeler
Site Director Angliss Hospital, Healesville Hospital and Yarra Valley Health and Yarra Ranges Health, Eastern Health (Acting)

ARE YOU EXPECTING A BABY?

Congratulations! Eastern Health offers a range of maternity services in the Yarra Ranges for public patients booked in to have their baby at Angliss and Box Hill hospitals. Visit our website at www.easternhealth.org.au to complete your online booking, and don't forget to ask your doctor or midwife at your first appointment about your suitability to have your antenatal care at Healesville Hospital and Yarra Valley Health.



1740 procedures performed in the operating theatre since re-opening to October 2018



10 patients stayed overnight after surgery



Approximately **270 admissions** to the ward



Approximately **70 per cent of patients** seen at the hospital live in the local area



57 community health staff working on-site – 45 per cent live in the local area



More than **60 day patients**



Our district nurses completed over **6670 home visits** to more than **300 clients** this year



District nurses travelled approximately **83,200 kilometres** this year, caring for the community from Healesville, Yarra Glen, Toolangi and Coldstream, Wandin, Seville, Yarra Junction through to Reefton



526 people accessed support from our Aboriginal Health Team



More than **24,900 hours** of care were delivered by the community health team*

* Based on 2017-18 financial year



CLOSING THE GAP

FAMILY SPORTS DAY
Sunday 3 March 2019

9.30am – 3.30pm

Don Road Sporting Complex,
Healesville

Melway: 278 H5

Join us for a great family day out!

As part of Eastern Health's commitment to closing the health gap between Aboriginal and Torres Strait Islander people and non-indigenous Australians, we are hosting our sixth community sports event. Eastern Health staff will play netball and football against some of the best Aboriginal sporting talent in Melbourne's east. The event will help to bring the community together and raise awareness of local health services.

- Aboriginal dance
- Interactive information stands
- Face painting
- Petting zoo
- Jumping castle
- Running races
- Giveaways
- Show bags and more!



MEET OUR PEOPLE



Kathy Mallows

Registered nurse and midwife
Healesville Hospital and Yarra Valley Health

How long have you worked at the hospital?

I have been a midwife for 30 years, and started at Healesville in 2000.

What does your average day look like?

I work on the ward as a nurse three days a week, and one day a week I work as a midwife doing antenatal clinics and extended post-natal care. This means I offer appointments at the hospital for women during their pregnancy, and also visit them in their homes after they have given birth.

What's the best part of your job?

I love seeing women throughout their pregnancy, and then following up with them and their babies after birth – it's great to have that opportunity to follow up with them.

How are women referred to your services?

Women who want to have their antenatal appointments at Healesville Hospital and Yarra Valley Health can ask about their

suitability for our Healesville clinic at their initial appointment with their doctor or midwife at Box Hill, Angliss or Lilydale. Our post-natal home visits are available to all local women following the birth of their baby at any public hospital.

If women are having their babies at Angliss and Box Hill hospitals, why are they offered antenatal care in Healesville?

It's important to have services available locally that are used frequently. While birthing is a big part of a maternity experience, it is not something women do frequently in their lifetime.

It's fantastic for us to be able to offer the option to women to have their regular antenatal appointments close to home, as well as follow-up appointments in their home. A lot of women to choose to have their appointments at Yarra Ranges Health in Lilydale as it can be more convenient if they work down the line. It's great they have this option as well.



A/Prof Chris Georgiou
Director of Obstetrics
Eastern Health

A/Prof Georgiou's role includes the oversight of an exceptional group of health professionals who provide safe and high-quality care for women and their babies.

What is involved in your role?

My main role is acting as a facilitator to ensure safety and great care to the pregnant population of Eastern Health, this includes providing "back-up" antenatal visits for patients that do not wish to access our services directly, but are planning to birth within our community.

As one might expect, maternity services are highly regulated in order to provide and maintain the highest possible standards. This means that maternity services at Eastern Health are constantly evaluated and compared to local, regional and national benchmarks. Pregnancy is not always straightforward; however, it is our job to ensure that we provide the best possible care, whilst minimising complications.

What is the most important part of your job?

Everything! It all serves to focus on what I mentioned at the beginning: The facilitation and realisation of safe maternity services throughout the Eastern Health catchment area.



In 2018 Healesville Hospital and Yarra Valley Health provided **15,288 GP Clinic consultations** during business hours (1.6 per cent directed to an emergency department), and **3881 After Hours GP Clinic consultations** (5.4 per cent directed to an emergency department).



MY EMERGENCY DR APP

provides free after hours telehealth consultations for residents of eastern and north eastern Melbourne visit www.myemergencydr.com for more information.



DID YOU KNOW?

Yarra Ranges Health in Lilydale offers antenatal clinics, obstetrician clinics and lactation consultants for breastfeeding support



We are on Facebook!

"Like" the Healesville Hospital and Yarra Valley Health Facebook page to keep up to date with the latest news, events, healthy tips and staff profiles.