

## SNAPSHOT OF THE SERVICE

Eastern Dual Diagnosis Service (EDDS) commenced in 2002, and is currently based at Upton House in Box Hill.

EDDS covers the Eastern Metropolitan Region (EMR) of Melbourne, and provides support to Eastern Hume Dual Diagnosis Service as a metropolitan lead agency.



EDDS is a small multi-disciplinary team consisting of

- A lived experience Carer
- Mental Health Nursing
- Psychiatry
- Social Work
- Management and Administration

### Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and disclose information about you only when required or permitted by law.

We comply with relevant information and privacy legislation. If you would like more information, please ask a staff member or visit our web site [www.easternhealth.org.au](http://www.easternhealth.org.au)

Eastern Health is accredited by the Australian Council on Healthcare Standards.



If you have any English language difficulties, please ask staff to book an interpreter. From home, you can contact us directly by using the Telephone Interpreter Service 9605 3056. Interpreter services are provided free of charge. Ask staff to check if this information is available in your preferred language.

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## **EASTERN DUAL DIAGNOSIS SERVICE (EDDS)**

**Level 1, Upton House  
131 Thames Street  
BOX HILL 3128**

**Operating Hours:  
Weekdays 9am – 5pm**

## How did EDDS come about?

The Department of Health and Human Services (DHHS) funded an initiative to improve the responses of mental health and drug treatment services to individuals with both mental health and substance use problems (typically referred to as "dual diagnosis"). This developed into the Victorian Dual Diagnosis Initiative (or VDDI), including the state-wide dual diagnosis teams.

## What is the VDDI?

A state-wide cross-sector initiative servicing government-funded Clinical Mental Health (CMH), Mental Health Community Support Services (MHCSS), and Alcohol & Other Drug (AOD) services, with aims to build capacity within the sectors in accordance with the strategic direction for dual diagnosis practice identified in the information bulletin "Victorian strategic directions for co-occurring mental health and substance use conditions" (DoH October 2013).

## Four Strategic Practice Directions

1. Improve outcomes for people with co-occurring mental health and substance use conditions and their families and significant others
2. Provide integrated screening, assessment, treatment and care for people experiencing co-occurring mental health and substance use conditions
3. Facilitate integration of the systems and services responding to people with co-occurring mental health and substance use conditions and their families and significant others

4. Further develop dual diagnosis capability of Victorian clinical mental health, Alcohol & Other Drug and Mental Health Community Support Services sector organisations and workforce

## What services do EDDS provide?

### Consultation:

- Primary, secondary, and tertiary consultations for staff in CMH, MHCSS, and AOD services, who provide support and treatment to individuals with a dual diagnosis (adult, youth, and aged).

### Education and Training:

- On dual diagnosis-specific issues, to improve the capabilities of staff working in CMH, MHCSS, and AOD services (adult, youth, and aged) in providing integrated assessment, treatment, and recovery.

### Service Development:

- Building dual diagnosis capacity for the CMH, MHCSS, and AOD sectors – via our Linkage network monthly meetings and our Dual Diagnosis Consumer & Carer Advisory Council supporting partnership collaboration & supporting development, capability, and integrated treatment approaches.

## Who has access to EDDS?

We provide services to all staff working in the CMH, MHCSS, and AOD sectors, located within the EMR (see the map overleaf). EDDS does not provide a direct service (case management). Our services are available to organizations that provide support and treatment to individuals with a dual diagnosis.

## How do I request services from EDDS?

Requests for consultations, education and training, and/or support with service development can be made by any of the CMH, MHCSS, and AOD services located in the EMR (see the map overleaf). These can be made via phone, or direct email (see below).

### Referral details:

Phone: 9194 7544

Email: [EDDS@easternhealth.org.au](mailto:EDDS@easternhealth.org.au)

***Please note that EDDS is not a crisis service. If a potential client exhibits significant risk to self or others, please contact your regional Crisis Assessment Treatment Team (CATT) service or Eastern Health Mental Health Triage on: 1300 721 927***