

What does ECASA do?

ECASA provides services to women, children, young people and men who are victim /survivors of recent or past sexual assault.

The services is also available to non-offending family members, partners and friends.

Services provided include:

- Short to medium term counselling and advocacy
- Telephone counselling and support
- Crisis care for recent sexual assault
- Group work
- Information and referral
- Information and support on legal and medical issues
- Community education
- Secondary consultation
- Professional training

ECASA is committed to providing a timely response to victim/survivors of sexual assault and services which are accessible and responsive to the needs of the victim/survivors regardless of gender, age, race or culture in a safe and confidential environment



To register please complete the online booking form in a timely manner

Full payment will confirm your position

Please provide your own lunch or lunch may be purchased from the Wantirna Health Kiosk

All ECASA workshops are interactive and aim to engage everyone

Prior to attendance at workshop 2, participants must have completed workshop 1 and be working in a counselling or case management role

All prices and dates are quoted and subject to change by ECASA. Workshop fees are kept as low as possible. Enrolled participants will be notified of any changes to advertised programs when necessary.

Participants are not entitled to a refund unless WRITTEN cancellation has been received at least 24 hours prior to the event. ECASA reserves the right to cancel any scheduled programs when necessary and workshop fees will be refunded if the workshop is cancelled

ECASA professional workshops 2021



Eastern Centre Against
Sexual Assault
Ringwood East Vic
3135

Tel: (03) 9870-7310

Workshop 1: Sexual Assault and Responding to Disclosures

The topics that will be covered as part of Workshop 1 include:

- What is sexual assault?
- Facts & statistics
- Misconceptions about sexual assault
- Behavioural indicators of child sexual assault
- Grooming
- Impacts of child sexual assault
- Responding to disclosures

Workshop 1 Dates:

Wednesday 24th March 2021

Thursday 13th May 2021

Monday 9th August 2021

Wednesday 13th October 2021

Workshop 2: Building Foundations – Working safely with Adult Survivors of Sexual Assault

The topics that will be covered as part of Workshop 2 include:

- The brain and body responses to trauma
- PTSD and dissociation
- Frameworks for understanding and working safely with trauma
- Foundations for safe trauma therapy/recovery
- The Window of Tolerance and skills to assist regulation
- Vicarious trauma – self care when working with traumatised clients

Workshop 2 Dates:

Thursday 3rd June 2021

Wednesday 17th November 2021

Workshop information

Time: 9:30– 3:30 pm

Venues: Wantirna Health Seminar Room or Online due to COVID-19 (details will be emailed with workshop confirmation 7 days prior)

General \$100.00 + GST

Students \$50.00 + GST

Eastern Health staff N/A

Registration information

Register online with TryBooking

Level 1:

<https://www.trybooking.com/BNNGJ>

Level 2:

<https://www.trybooking.com/BNNGU>

We look forward to you joining our professional workshops in 2021.