

COMMUNITY HEALTH

easternhealth

Healesville Hospital and Yarra Valley Health

easternhealth.org.au



If you have any English language difficulties, please ask staff to book an interpreter.

From home contact the Telephone Interpreter Service on 9605 3056.

Services are provided free of charge. Ask staff if this information is available in your preferred language.

Children's Health Services

We offer therapies that can help children with development of speech, communication, social and playing skills and good feeding habits.

Early Skills Check

A friendly place to come and chat with us about your child's development, from ages six months to six years. Sessions are held monthly on the 2nd and 4th Tuesday from 9:30am to 11:30am at the Upper Yarra Family Centre in Yarra Junction. Appointments are preferred but not essential.

Speech Pathology

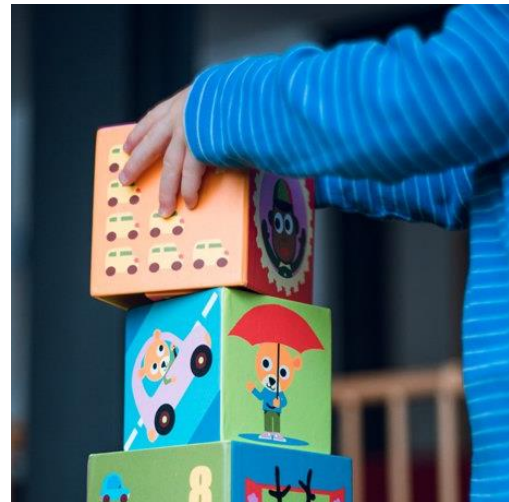
We help children and their families with speech, language or fluency delays or difficulties. Therapy is provided to children from birth until school age, individually or in small groups.

Occupational Therapy

We help children up to Grade 3 develop skills like drawing, writing, playing, using the toilet, self-care, ball skills and school readiness.

Dietitian

We help with fussy eating and food refusal, weight management or growth concerns, food allergies or intolerances, for children of any age.



Podiatry

We help children of any age with foot and ankle problems.

Children's Feeding

We provide assessment and therapy for a range of food and eating issues for preschool aged children such as:

- Fussy eating and food refusal
- Growth concerns
- Difficulty with food of different textures
- Difficulty chewing and swallowing

This might be individual or group therapy with a Dietitian, Speech Pathologist and/or Occupational Therapist.

Physiotherapy

Our Physiotherapists can assess your child and support them for physical and developmental issues from birth to 12 years. These may include:

- Plagiocephaly- misshapen head and/or tight neck muscles
- Gross motor developmental concerns e.g. difficulty sitting up or slow to crawl or walk, recurrent falls
- Muscle tone – low tone "floppy" or high tone "stiff" in body, arms and legs
- Orthopaedic conditions such as limping, growing pains, flat feet, in toeing, toe walking, abnormal postures of feet (e.g. positional talipes, club foot)

Child & Family Counsellor

If you are worried about your child's social and/or emotional health then our child and family counsellor may be able to help. Referrals are accepted from any source (e.g. parent, teacher). Our counsellor includes the whole family and the sessions are goal directed. Individual and group options are available.

For Further Information

Phone: 1300 130 381 Fax: 5962 1458
communityhealth@easternhealth.org.au

Monday – Friday
9.00am – 5.00pm

Referrals

We accept referrals from any source but will require agreement from the child's parent/carer (guardian) to proceed.

Due to demand for services there may be a waiting time for some services.

What are the costs?

The level of fees you will have to pay depends on your income and whether you have a concession card. There is no charge to healthcare card holders.

If you are unsure which services you require, our Service Coordinators can offer guidance. Our 'No Wrong Door Policy' means that if we cannot help you, we direct you to an appropriate service.

Location details:

377 Maroondah Hwy, HEALESVILLE 3777

- Bus Stop (corner Eadie Avenue & Maroondah Hwy)
- Car parking onsite

2475 Warburton Hwy, YARRA JUNCTION 3797

- Bus Stop (in front of Eastern Health building)
- Car parking onsite

Feedback:

If you have any feedback or suggestions on how to improve this information sheet, please contact the Centre for Patient Experience at our email address:

feedback@easternhealth.org.au or call 1800 327 837



Website: <https://www.easternhealth.org.au/locations/healesville-hospital-and-yarra-valley-health>

For more information or to book an appointment, call **1300 130 381**



Protecting Your Privacy

Eastern Health is committed to protecting your privacy. We will keep your personal information secure and will disclose information about you only when required or permitted by law. We comply with relevant information and privacy legislation.

If you would like more information, please ask a staff member or visit our website **www.easternhealth.org.au**

Eastern Health is accredited by the Australian Council on Healthcare Standards.
5 Arnold Street, Box Hill, Victoria 3128
1300 342 255