INTRODUCTION

Our last YMHFA course for 2019 is booked for:

Thursday 10 October & Friday 11 October 2019!

Limited places ONLY. Twenty places available to the first 20 people who return their registration. Book early and secure a place!

The 4th edition of the Youth Mental Health First Aid Course IS NOW AVAILABLE!

Want to Learn How to Assist Young People Experiencing Mental Health Problems?

 The Youth Mental Health First Aid course teaches first aid skills for adult members of the public to give initial help to adolescents experiencing mental health problems, in a mental health crisis situation, or in the early stages of a mental illness.

This 14 hour course will cover mental health first aid in both crisis and non-crisis situations and will include such topics as adolescent development, eating disorders, depression, anxiety, psychosis, substance misuse and non-suicidal self injury.

The seminar will be presented by Gabby Francis and Melody Sutton from Eastern Health, both registered mental health first aid instructors.

Please find attached a flyer outlining the event, and a course registration form should you wish to reserve a place.

When:

Thursday 10 October & Friday 11 October 2019

9:00am– 5:30pm

Where:

Maroondah Federation Estate, 32 Greenwood Ave, Ringwood

Rooms 4

Directions: Melways reference 49 H10

Cost:

$200 per person (includes morning and afternoon tea, and lunch on both days)

Hurry, limited spaces available at this price

Kind regards

Marion Bernard

Admin Assistant – Community Seminars