## **Allied Health Research Report 2021**

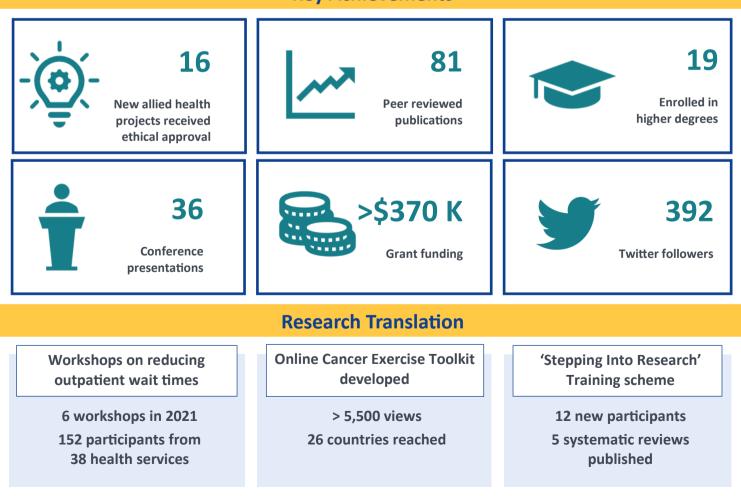
**2021** was yet another challenging year, but Allied Health Research continued to **break new** ground and advance allied health research efforts across the organisation.

Eastern Health

## **Major projects**

Commencement and continuation of major projects including:

- The NHMRC funded **MIHip trial**, investigating effectiveness of motivational interviewing to improve outcomes after hip fracture
- The NHMRC funded **My Therapy trial**, investigating a consumer driven, self-management program that increases the amount of practice that patients do during an episode of rehabilitation.
- The **Specific Timely Appointments for Triage (STAT)** model for reducing health service waiting lists trialled in outpatient medical clinics and paediatric community health services



## **Key Achievements**

