



# Allied Health Research Report 2021

2021 was yet another challenging year, but Allied Health Research continued to **break new ground** and **advance allied health research efforts** across the organisation.

## Major projects

- Commencement and continuation of major projects including:
- The NHMRC funded **MIHip trial**, investigating effectiveness of motivational interviewing to improve outcomes after hip fracture
  - The NHMRC funded **My Therapy trial**, investigating a consumer driven, self-management program that increases the amount of practice that patients do during an episode of rehabilitation.
  - The **Specific Timely Appointments for Triage (STAT)** model for reducing health service waiting lists trialed in outpatient medical clinics and paediatric community health services


## Key Achievements




**16**  
New allied health projects received ethical approval



**81**  
Peer reviewed publications



**19**  
Enrolled in higher degrees



**36**  
Conference presentations



**>\$370 K**  
Grant funding



**392**  
Twitter followers

## Research Translation

**Workshops on reducing outpatient wait times**

6 workshops in 2021  
152 participants from 38 health services

**Online Cancer Exercise Toolkit developed**

> 5,500 views  
26 countries reached

**'Stepping Into Research' Training scheme**

12 new participants  
5 systematic reviews published