

Instructions for referring

Reason for referral: Complete what your client's main presenting problem is. Comment on how the problem impacts on function (eg mobility, self care, cognition, safety, pain), why you are referring and what is needed to improve the problem? Be specific and identify need clearly.

Client information: This data is essential for reporting to Department of Health and Human Services as well as for efficient referral processing. If information is incorrect or missing it may impact on whether the client accesses the required service in a timely way. Often a client has changed GP. Essential correspondence may not get to the GP without you confirming details. The referral may be returned to you with a request to complete all information.

Service/s requested: There are several ambulatory care and community services. In some cases the Community Access Unit may redirect your referral to a more suitable service, or return a referral with alternative service options for the referrer to follow-up.

A summary of services is provided here:

Service	Details	Requirements
Rehabilitation		
Community Rehabilitation Program	Client has experienced a change in function due to a recent acute medical/health event and requires goal-directed rehabilitation. Home-based therapy and CRP Priority requires justification.	Discharge Summary for requested discipline/s or indicate location in CPF (tab, episode, page no.) or EMR.
Early Supported Discharge (Stroke)	Client requires intensive stroke rehabilitation Referrals will be accepted from Eastern Health acute and sub-acute wards only.	Notify ESD coordinator. Provide: Home Visit Risk Screen, Consent Form, Medical Discharge Summary, Allied Health Discharge Summary.
Focal Spasticity Management Clinic	Provides comprehensive assessment and recommendations regarding focal spasticity management in adults with a neurological condition such as stroke, traumatic brain injury, multiple sclerosis, spinal cord injury and cerebral palsy.	The clinic is MBS funded so medical referral is required. External referrers to Eastern Health are responsible for organising allied health interventions for ongoing management.
SACS Specialist Clinics - GP referral or endorsement required		
Continence Clinic	Client requires assessment and management by medical and/or physio and/or nursing to address incontinence. Is over 16 years.	GP health summary, relevant investigations and medication list helpful.

Service	Details	Requirements
Specialist Clinics		
Falls and Balance Clinic	Client requires geriatrician PLUS physiotherapy & occupational therapy assessment to determine cause of falls/ poor balance and recommendation re falls prevention strategies.	GP health summary, relevant investigations and medication list helpful.
Cognitive Dementia and Memory Service- CDAMS	Client requires comprehensive multidisciplinary assessment to determine new diagnosis of possible/ early dementia or related conditions. For inpatients, consider request for GP to refer to be included in EH discharge summary.	GP health summary and medication. Prior to first appointment, GP dementia screen required, ie CT brain, bloods and MMSE. GP Health Summary and medication list helpful.
Complex Care Clinic	Client requires geriatrician assessment of multiple age related medical conditions and/or requires diagnosis of cognitive changes which have progressed beyond early stage.	GP health summary and medication list helpful. If memory for investigation, dementia screen, ie CT brain, bloods and MMSE required prior to first appointment.
Movement Disorders Program	Client has a diagnosis of Parkinson's Disease or Parkinsonian Disorder and requires multidisciplinary strategy training and/or review by Neurologist and/or Clinical Nurse Consultant. For diagnosis: refer to Movement Disorder Diagnostic Clinic, Box Hill Hospital Neurology Outpatients.	
Ambulatory Pain Management Service	Client is ready to participate in active self-management of chronic non-malignant pain including medication management and allied health programs. Active TAC or Work-cover clients are ineligible.	Client is aware that attendance at group Service Orientation Session is required in most cases in order to access the service.
Rehabilitation Medicine	Rehabilitation Medicine is the medical specialty concerned with the diagnosis, evaluation and treatment of patients with limited function as a consequence of disease, injury, impairment and/or disability.	



Service	Details	Requirements
Chronic Disease Management		
Cardiac Rehabilitation	A multidisciplinary 5 week day program and a 4 week evening program with 1 hour exercise and 1 hour education for all programs. Is designed to assist people with cardiac conditions return to an active and fulfilling life. A recent Echo is required.	
Heart failure Rehabilitation	An 8 week multidisciplinary education and exercise program tailored to the individual client to improve exercise tolerance and help the client understand and manage their heart failure symptoms.	
Pulmonary Rehabilitation	A multidisciplinary 12 week exercise and education program designed to improve the strength and exercise tolerance of people with a chronic respiratory condition.	
Oncology Rehabilitation	A multidisciplinary 7 week exercise and education program designed to assist people with a primary diagnosis of cancer achieve their maximum level of function.	
Do not use this form for:		
Aged Care Assessment Service (ACAS)	http://www.myagedcare.gov.au/	
Aged Persons Mental Health Service (APMHS)	Ph. 1300 721 927	
Eastern Health - Community Health	Ph. 1300 130 381 https://www.easternhealth.org.au/services/item/200-community-health	
GEM@Home:	Ph. 0439 688 028	
Hospital Admission Risk Program (HARP):	Ph. 9955 7501	
Residential In Reach	Ph. 9955 7474	
Transition Care Program (TCP)	Ph. (03) 9955 7585	