

Jaundice detected early with thanks to you

Babies born at Box Hill and Angliss Hospitals are now able to be tested for jaundice with new bilirubin meters funded by donors from our autumn appeal.



Thank you for helping to purchase six new bilirubin meters to improve the health and care of newborns.

“Did you know that over 4,700 babies are born at our maternity hospitals each year?” asks Cheryl Oliver, Midwife Unit Manager. “That’s one new baby every two hours!”

Jaundice occurs in approximately 60% of full-term babies within the first week of life. If left untreated, it can cause long term neurological issues for some babies.

“Until now, a painful blood test or (subjective) visual assessments were the only tools doctors and midwives had to assess the levels of jaundice,” explains Cheryl.

Cheryl and her colleagues are now able to test the levels of bilirubin (the yellow pigment made by the liver that is common in babies experiencing jaundice) within minutes.

“Thank you to our donors who gave over \$50,000 to purchase six new portable bilirubin meters. These small machines are the most accurate and painless way to test for jaundice – so your support is helping babies in more ways than one,” says Cheryl.

- 2 Farewell from Chief Executive
- 2 A lasting gift
- 3 Searchlight Dinner raises funds for palliative care
- 3 Building strong partnerships for medical research
- 4 Director’s message

contents

Your wonderful gifts help provide comfortable and familiar items to bring pleasure to patients.



A home away from home

Patients and their families at Wantirna Health have been heartened to receive support to make their time in palliative care more homelike and comfortable.

Donors like you have generously donated more than \$90,000 for Eastern Health’s Palliative Care Services at Wantirna Health. Donations will be used to purchase new furniture, including patient recliner chairs, televisions and state of the art patient beds for increased comfort.

Other amenities to be purchased with your support include audio books and magazine subscriptions to help people

stay engaged and entertained. Sets of pyjamas, nightdresses and toiletries will also be purchased to give to patients who arrive without such items.

“Your support will help us make Wantirna Health more comfortable and homelike for patients and their families,” explains Sarah Aranha, Nurse Unit Manager of Palliative Care Services at Wantirna Health. “Coming into palliative care can often be a very

challenging time. We do our best to make people feel as relaxed and comfortable as they can be,” Sarah says.

“We would like to thank Mrs Zsuzanna Medok and Mrs Rose Sullivan, both of whom have now sadly passed away, for sharing their stories and encouraging others to support Eastern Health’s palliative care services,” says Sarah.

Farewell from the Chief Executive

After seven years as Chief Executive of Eastern Health, Alan Lilly has decided to move into a new role in the Aged Care sector. We thank Alan for his superlative leadership and wish him well with his new endeavours.



Alan Lilly sends "a huge thank you" to all the donors and volunteers who give so generously.

I have enjoyed just over seven years in this role and, throughout this time, I have been ever impressed by the talented people I have had the pleasure of working with, as well as the generosity of Eastern Health's volunteers and donors who support our services and patients in many different ways.

As I look back, I am proud of so many of the organisation's achievements, whether they be in building developments, improving access for patients to elective and emergency care or overall improvements in the quality of the care we provide.

However, what is really super important to me is the simultaneous focus on our patients, our people and our performance.

Our efforts are for nothing unless we relentlessly focus on the patient perspective and the outcomes and experiences of our patients and families.

We cannot achieve that unless we have the right people who create the right culture which inspires our people to come to work every day. And without that collective focus on patients and people, we cannot improve our organisational performance. I am pleased that we have been able to tick all those boxes but, like all organisations, we still have room for improvement.

So, in signing off as Chief Executive, I would like to extend a huge thank you to all our donors and volunteers who have been so committed to Eastern Health. You really do help us put the 'cream on the cake' and you help make Eastern Health a unique organisation which I have been proud to lead since April 2009. Sincere thanks to all of you and no doubt, our paths will cross again. Thank you and farewell.

Alan Lilly

Thank you



A Lasting Gift

Making a gift in your Will to a cause you care about is one of the most generous things a person can do in their lifetime.

Eastern Health is truly appreciative of friends and supporters who make the decision to leave a gift in their Will to us.

To help supporters who are considering including Eastern Health in their Will, the Foundation has produced a free booklet called 'A Lasting Gift', which is a simple and practicable guide to leaving a gift in your Will to Eastern Health.

To obtain your copy of the booklet, please fill in the coupon on the back page of this newsletter or telephone our Bequest Manager, Samuel Broughton on 9095 2406 (Monday to Thursday) and a complimentary copy of the booklet will be sent to you.

A celebration of life and all its colours

2016 Searchlight Dinner

On Tuesday 24 May 2016, over 400 guests attended Eastern Health's first Searchlight Dinner in support of the Vivian Bullwinkel Chair of Palliative Care Nursing and End of Life Care.



Our very special guests of honour were His Excellency General the Honourable Sir Peter Cosgrove AK MC (Retd), Governor-General of the Commonwealth of Australia and Lady Cosgrove.

Moving speeches from Adjunct Professor Colin Feekery, Eastern Health's Chief Medical Officer and Brett Madigan, who shared his powerful story of losing his wife to cancer, were enhanced by the wonderful hosting from MC Dr Sally Cockburn and entertainment from the Australian Army Band and the Pacific Belles.

Together, guests not only celebrated life and all its wonderful colours, but helped raise \$172,000 in

total on the night. This included \$87,000 net income from the various fundraising activities and \$35,000 of in-kind support from a number of generous individuals, businesses and organisations. This wonderful generosity was further complemented with \$50,000 in-kind support from Jo Fisher Executive who is leading the international search for the Vivian Bullwinkel Chair.

Along with our guests, we thank the members of Box Hill RSL who provided a most generous and wonderful leading gift of \$50,000 to the Vivian Bullwinkel Chair.

We are grateful for our supporters who made this inaugural event a wonderful success.

From left: Alan Lilly, Chief Executive Eastern Health; Dr Joanna Flynn AM, Chair Eastern Health Board; Lady Cosgrove; Sir Peter Cosgrove AK, MC (Retd); Judy Coates, Committee Member Box Hill RSL; Tony Bowden, President Box Hill RSL.



The Australian Army Band.



Building strong partnerships for medical research

Each year, through the generous support of individuals, community groups and businesses, Eastern Health Foundation is proud to award Research Grants to our staff.

"The Eastern Health Foundation Research Grants program encourages our staff to investigate the most effective methods of care and treatment and how we can improve our patient's wellbeing," explains Anne Gribbin, Director, Eastern Health Foundation.

Launched in 2011, the number of researchers who receive Grants has grown substantially each year. This year, donors to the program have funded 11 Research Grants from 51 submissions, to the value of \$250,000.

"The Grants program demonstrates that donors increasingly want to fund research that will transform the way we care for patients across Eastern Health," explains Ms Gribbin.

The Foundation is truly appreciative of our donors who are investing in research and the future of health care.



From left: Chris, John and Peter Williams present the Linda Williams Memorial Oncology Award to Dr Bianca Devitt from Eastern Health's Oncology Department.

Director's message

Another financial year has passed and it is timely to reflect on the difference each of you has made to our work in caring for patients with your generous support and interest.



"Thank you to all the wonderful donors and volunteers. We couldn't do it without you."
Anne Gribbin, Director, Eastern Health Foundation.

Because of you...

- Our doctors and nurses have worked on 11 major research projects from investigating the effectiveness of current breast cancer literature for patients, to examining different surgical approaches to hip replacements, to identifying the barriers to a good night's sleep whilst in hospital.
- A cancer care coordinator has been appointed to help cancer patients work through what can be a complex maze of appointments, treatments and personal issues.
- Gifts in Wills from former patients are helping us to establish our first ever Endowment Fund that will allow us to fund projects and programs that we would otherwise not be able to do, e.g. young doctors, nurses and

allied health professionals to undertake small but important research projects.

- 826 volunteers work across the Eastern Health network from the inner east of Fitzroy to the outer east of Healesville, supporting 106 programs and contributing over 198,000 hours of service.
- Almost 3,000 donors made just on 4,000 donations to Eastern Health.

Thank you for your kindness and support in helping us to care for and treat our community of more than 750,000 men, women and children. Your gifts, your generosity and your interest are important and greatly valued.

Thank you.



Eastern Health Foundation
PO Box 94 Box Hill VIC 3128
Tel 03 9895 4608
Email fundraising@easternhealth.org.au



Yes, I will help bring the best available health services to people in our local area.
Here is my gift of: \$30 \$50 \$100 \$ _____

NL166GEN

I would like to make my gift by

cheque/money order, made out to Eastern Health Foundation

MasterCard Visa Diners Amex Exp -

<input type="text"/>									
----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------

Name on Card _____

Signature _____

My details

Mr/Mrs/Ms/Miss/Dr/Rev: _____

First Name: _____

Last Name: _____

Address: _____

Suburb _____ Postcode _____

Email _____

Phone _____

My options

I would be pleased to receive a copy of "A Lasting Gift" about including a gift to Eastern Health in my Will



I have already included Eastern Health or one of its services in my Will

Please contact me on _____ to discuss a gift in my Will or other ways I might support Eastern Health to provide the best possible patient care.

Donations of \$2 and over are tax deductible

Donate online at www.easternhealthfoundation.org.au

Donate by phone 03 9895 4608

Donate postage free to Reply Paid 86164 BOX HILL VIC 3128