Eastern Mental Health

Service Coordination Alliance



“Creating opportunities to work strategically across the region with

Multi- Sectoral partners”

**Prepared by**: *The EMHSCA Physical Health Subcommittee*

***Presented to****:* *EMHSCA Partner Agencies June 2014*

***Mental Health Act 2014:***

“Persons receiving mental health services should have their medical and other health needs, including any alcohol and other drug problems, recognised and responded to.” (*Mental Health Act 2014 No 24 of 2014: Part 2 Objectives and Mental Health Principles; Section 11 Paragraph F)*

***Eastern Metropolitan Region (EMR) response*:**

In line with the above Mental Health Act 2014 objective and principle:

*Recommendation 1:* *The EMHSCA Physical Health Subcommittee recommends that all EMHSCA partner agencies adhere to the following core principles:*

1. Ensure screening and referral for the physical health needs of clients/consumers is consistent with a person centred care and a recovery model.
2. Work together to support clients/consumers achieve their desired physical health outcomes.
3. Ensure systems are in place to support staff to achieve these principles.

***Implementing these principles in the EMR*:**

The following four steps have been identified by the EMHSCA Physical Health Subcommittee as core strategies to assist agencies implement the above state and regional principles and to ensure positive physical health outcomes for people living with a mental health condition.

*Recommendation 2: The EMSCHA Physical Health Subcommittee recommends that all EMHCA partner agencies implement the following four simple steps:*

1. ***Offer*** a physical health screen routinely *(ask the 7 key questions)*
2. ***Discuss*** with clients/consumers their identified priorities and actions
3. ***Support*** clients/consumers to take action *(shared resources available through the Physical Health Subcommittee)*
4. ***Follow up*** with clients/consumers to discuss action outcomes and identify future priorities.