



Outpatient Clinics

Box Hill Hospital

Mon 4pm – 6pm

Thursday 10.30am-
12.30pm

Maroondah Hospital

Fri 1.30pm-3.30pm

Contact / Referrals

Ph: 9094 9548

Fax: 9899 9137



Interpreter

Services:

If you have any English language difficulties our staff can book an interpreter for your appointments. You can contact us from home about this information by using the telephone interpreter service: 131450 – name the language you speak, provide the telephone number and the name of the person you want to speak to and wait on the phone to be connected.

Interpreter services are provided free of charge to you.

What is Hepatitis C?

Hepatitis C is a virus that causes the liver to become inflamed. Over many years, hepatitis C can lead to serious liver damage.

There are a number of different types of Hepatitis C throughout the world.

There are about 170 million people infected with Hepatitis C worldwide.

Hepatitis C is passed on through blood-to-blood contact only. For example you can be exposed to the virus through sharing equipment for injecting illegal drugs like heroin, unsterile medical procedures or unsterile tattooing or piercing.

Symptoms of Hepatitis C

Hepatitis C can cause a number of symptoms they include:

- Flu-like symptoms
- Fatigue
- Pain or discomfort of the liver
- Weight loss/poor appetite
- Skin conditions
- Change in mood
- Muscle aches and pains

HEPATITIS C CAN BE DIAGNOSED THROUGH A SIMPLE BLOOD TEST ORDERED THROUGH YOUR DOCTOR.

Treatment for Hepatitis C

Hepatitis C can be treated with medication. It involves having an injection under the skin once a week and tablets every day. Treatment may be for 6 months or one year depending on the type of Hepatitis C. There is a 50%-80% chance of clearing the virus from your system after treatment.

LIFESTYLE CHANGES TO PREVENT FURTHER LIVER DAMAGE

- Maintain a healthy diet (drink plenty of water)
- Reduce or stop alcohol intake
- Avoid medications that may cause further damage to your liver
- Get plenty of rest

VISIT YOUR DOCTOR AND LIVER SPECIALIST REGULARLY